

As one of the largest endocrine programs in the country, the Center for Endocrinology, Diabetes and Metabolism at Children's Hospital Los Angeles is pioneering pediatric care and clinical and basic research programs in diabetes, obesity, growth, bone metabolism and adrenal disease. The Center provides comprehensive, state-of-the-art, interdisciplinary care, education and training to nearly 2,000 children with type 1 and type 2 diabetes and more than 4,000 patients with other endocrine disorders each year.

## EXPERTISE

The Center's team of professionals works on multiple fronts to advance early intervention, education and scientific investigation to continue to give children hope and a better quality of life. The Center is pioneering new tools, treatments and lifestyle-changing clinical programs, and is at the forefront of regional, national and international efforts to bring about healthier lives for children.



CENTER FOR  
ENDOCRINOLOGY, DIABETES  
AND METABOLISM



*"From the moment we arrived,  
everyone rallied around us,  
reassuring us and teaching us  
how to care for Rhett."*

– Elisa Hemingway, whose son,  
Rhett (pictured above),  
has type 1 diabetes



## CLINICAL PROGRAMS & SERVICES

The Center for Endocrinology, Diabetes and Metabolism's interdisciplinary team treats children with the following disorders:

- Type 1 diabetes
- Type 2 diabetes
- Obesity
- Short stature
- Thyroid issues
- Puberty problems
- Bone and mineral abnormalities
- Hypoglycemia
- Diabetes insipidus
- Adrenal disorders

Through the Center's diabetic education program, among a select few nationwide officially recognized by the American Diabetes Association, highly trained nurses, dietitians and clinical social workers teach children and families how to be active members of their own health care team. The Center also promotes and provides extensive education to families whose children have other endocrine problems, giving them the tools to manage their children's care.

## RESEARCH & TEACHING

Children's Hospital Los Angeles is participating in the National Institutes of Health (NIH)-funded multicenter consortium, TrialNet, which investigates the natural history of type 1 diabetes and the use of various immunological agents in the prevention and reversal of early type 1 diabetes, and it is part of the NIH Multicenter TODAY Trial investigating treatments for type 2 diabetes in children and adolescents. The Center is continually searching for cures while implementing cutting-edge care as it leads the way for children afflicted with these and other endocrine disorders to live healthy, productive lives. The Center initiates and participates in major national clinical studies, and its physician-scientists are collaborating with researchers at The Saban Research Institute, the University of Southern California and other institutions on multiple research studies involving diabetes, obesity, growth, bone metabolism and adrenal disorders.



CENTER FOR  
ENDOCRINOLOGY, DIABETES  
AND METABOLISM

888.631.2452  
CHLA.org



4650 Sunset Blvd., #61  
Los Angeles, CA 90027