

Dirty Dozen Contains the highest level of pesticides when not grown organically		Clean Fifteen Contains the lowest level of pesticides when not grown organically	
Apples	Peaches	Asparagus	Kiwi
Bell peppers	Pears	Avocado	Mango
Celery	Potatoes	Banana	Onion
Cherries	Raspberries	Broccoli	Papaya
Grapes	Spinach	Cabbage	Peas
Nectarines	Strawberries	Corn	Pineapple
		Eggplant	Sweet potato
			Watermelon



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