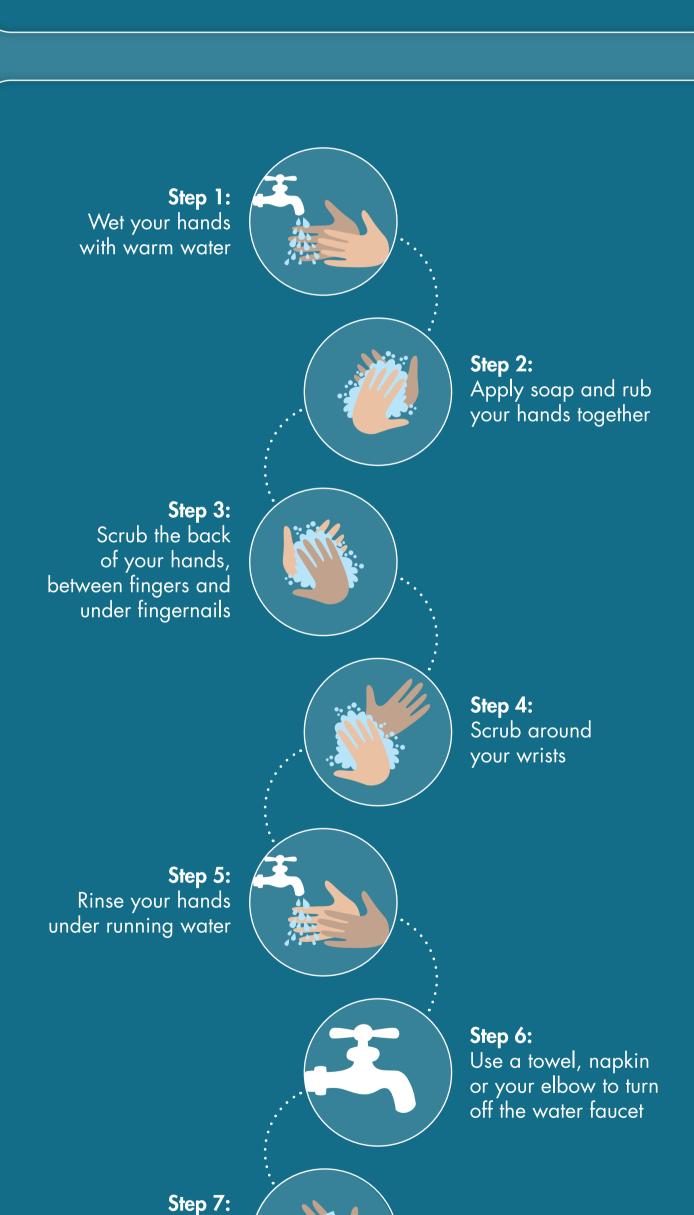


Sing a Song, Germs are Gone: How to Properly Wash Your Hands

Frequent hand washing with soap and warm water is the first step to staying healthy. The entire process of washing your hands should take at least 20 seconds, which is about the time it takes to sing the "Happy Birthday" song.



For more flu prevention tips, visit **WeTreatKidsBetter.org/FluSeasonTips**.

Clean your hands using a dry towel,

or air dry