

Jointly Provided by the:

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

and the California District IX, Chapter 2, AAP

in association with

Children's Hospital Los Angeles Medical Group

*Pediatric
Potpourri*®

STATE OF THE ART 2019



February 2 - 8, 2019
Westin Maui Resort & Spa
Maui, Hawaii
1-800-3-KID-CME

www.chla.org/cme-conferences



Pediatric Potpourri®: State of the Art 2019 **February 2 - 8, 2019**

The American Academy of Pediatrics and California District IX, Chapter 2, AAP in association with Children's Hospital Los Angeles Medical Group are pleased to present **Pediatric Potpourri®: State of the Art 2019** on the island of Maui. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend **Pediatric Potpourri®: State of the Art 2019** if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

COURSE OBJECTIVES

At the conclusion of this activity participants will be able to identify, assess and manage common clinical issues in the areas of dermatology, infectious diseases, developmental-behavioral pediatrics, orthopedic surgery & sports medicine and allergy, asthma & immunology including:

- Correctly diagnose a food allergy, and distinguish it from a food sensitivity, or other type of adverse food reactions.
- Identify common and less common pediatric exanthems and enanthems and distinguish benign eruptions from more serious eruptions.
- Describe the complexities of communicating with families about vaccinations and develop tools for approaching a vaccine hesitant family.
- Recognize overuse injuries and formulate treatment plans and prevention recommendations.
- Define the prevalence and risk factors for bullying and school violence and identify and provide intervention for the bully and bully-victim.

The overall learning need identified for this conference is for practical, evidence-based medicine that can be applied in the clinical setting.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California District IX, Chapter 2. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.50 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.50 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 22 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

This Live activity, Pediatric Potpourri®: State of the Art 2019, with a beginning date of 02/02/2019, has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive up to 22.50 Mainpro+® credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME. Physician assistants may receive a maximum of 22.50 hours of Category 1 credit for completing this program.

This program is accredited for 22.50 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

Disclosure of Financial Relationships and Resolution of Conflicts of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service of an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

The content of this CME activity does not necessarily reflect the views or policies of the AAP.

Faculty

Deborah Lehman, MD

*Professor of Clinical Pediatrics and Assistant Dean of Student Affairs
David Geffen School of Medicine at the University of California, Los Angeles
Division of Infectious Diseases
UCLA Mattel Children's Hospital*

Patricia A. Treadwell, MD

*Professor of Pediatrics and Dermatology
Indiana University School of Medicine
Department of Dermatology
Riley Children's Health at Indiana University Health*

Curtis D. Vandenberg, MD

*Assistant Professor of Clinical Orthopaedic Surgery
Keck School of Medicine of the University of Southern California
Children's Orthopaedic Center
Children's Hospital Los Angeles*

Douglas L. Vanderbilt, MD

*Associate Professor of Clinical Pediatrics
Keck School of Medicine of the University of Southern California
Director, Developmental-Behavioral Pediatrics Fellowship Program
Children's Hospital Los Angeles*

Michael J. Welch, MD

*Clinical Professor, Department of Pediatrics, Division of Allergy and Immunology
University of California, San Diego School of Medicine
Co-Director, Allergy & Asthma Medical Group and Research Center
Division of Allergy & Immunology, Rady Children's Hospital, San Diego*

Moderators & AAP Educational Program Representatives

Carl M. Grushkin, MD

*Professor of Clinical Pediatrics
USC Keck School of Medicine
Head, Division of Nephrology
Children's Hospital Los Angeles*

Diane K. Tanaka, MD

*Assistant Professor of Clinical Pediatrics
USC Keck School of Medicine
Division of Adolescent Medicine
Children's Hospital Los Angeles*

Meeting Schedule for Sunday, February 3rd - Thursday, February 7th

Sunday, February 3, 2019

- 7:00 am Coffee and Pastries
7:20 am Greetings and Introductions
7:30 am Sneezing and Sniffles and Snorting, Oh My!! Words of Wisdom from the Wizard of Schnoz
Michael J. Welch, MD
- 8:00 am Bite Wounds and Interesting Zoonotic Infections
Deborah Lehman, MD
- 8:30 am To Medicate or Not to Medicate: Is There a Behavioral Option?
Douglas L. Vanderbilt, MD
- 9:00 am Break
9:20 am Primary Care Psychopharmacology: Drugs Are The Easy Part
Douglas L. Vanderbilt, MD
- 9:50 am Overuse Injuries and Opportunities for Prevention
Curtis D. Vandenberg, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm
SEMINARS
1. Approaching Vaccine Hesitant Parents
Deborah Lehman, MD
 2. The Orthopaedic Physical Exam
Curtis D. Vandenberg, MD
 3. Allergy for \$200: The Jeopardy Game
Michael J. Welch, MD

Monday, February 4, 2019

- 7:00 am Coffee and Pastries
7:30 am High Risk Infant Follow Up: Prematurity Doesn't Go Away
Douglas L. Vanderbilt, MD
- 8:00 am Stings, Lactam Rings and Other Allergic Things
Michael J. Welch, MD
- 8:30 am Updates and Trends in Youth Sports Participation
Curtis D. Vandenberg, MD
- 9:00 am Break
9:20 am Sports Medicine Myths: Evidence and Misconceptions
Richard N. Fine, MD
- 9:50 am Hemangiomas and Vascular Malformations
Patricia A. Treadwell, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm
SEMINARS
1. Allergy for \$200: The Jeopardy Game
Michael J. Welch, MD
 2. Pediatric Dermatology Look-Alikes
Patricia A. Treadwell, MD
 3. ASD and ADHD Cases: Updates in Treatment
Douglas L. Vanderbilt, MD

Tuesday, February 5, 2019

- 7:00 am Coffee and Pastries
7:30 am Lumps and Bumps in Children
Patricia A. Treadwell, MD
- 8:00 am Bullying and School Violence
Douglas L. Vanderbilt, MD
- 8:30 am RAD or Asthma in Young Children? Forget About What to Call It, How Do You Treat It?
Michael J. Welch, MD
- 9:00 am Break

- 9:20 am Immunotherapy: Who, When and For What?
Michael J. Welch, MD
- 9:50 am Encephalitis
Deborah Lehman, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm
SEMINARS
1. ASD and ADHD Cases: Updates in Treatment
Douglas L. Vanderbilt, MD
 2. Approaching Vaccine Hesitant Parents
Deborah Lehman, MD
 3. Pediatric Dermatology Look-Alikes
Patricia A. Treadwell, MD

Wednesday, February 6, 2019

- 7:00 am Coffee and Pastries
7:30 am More Than Just a Knee Sprain: Recognizing Injury Patterns in Young Athletes
Curtis D. Vandenberg, MD
- 8:00 am Congenital Infections
Deborah Lehman, MD
- 8:30 am Exanthems and Enanthems
Patricia A. Treadwell, MD
- 9:00 am Break
9:20 am Acne Update
Patricia A. Treadwell, MD
- 9:50 am Food Allergy: A Growing Problem Making Us All Nuts!
Michael J. Welch, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm
SEMINARS
1. The Orthopaedic Physical Exam
Curtis D. Vandenberg, MD
 2. Allergy for \$200: The Jeopardy Game
Michael J. Welch, MD
 3. Approaching Vaccine Hesitant Parents
Deborah Lehman, MD

Thursday, February 7, 2019

- 7:00 am Coffee and Pastries
7:30 am Traveling with Children: Part 1
Deborah Lehman, MD
- 8:00 am Traveling with Children: Part 2
Deborah Lehman, MD
- 8:30 am Question & Answer Session
8:45 am Break
9:05 am Diaper Dermatoses
Patricia A. Treadwell, MD
- 9:35 am Pediatric Extremity Fractures
Curtis D. Vandenberg, MD
- 10:05 am Is it Safe? CAM for DBP Problems
Douglas L. Vanderbilt, MD
- 10:35 am Question & Answer Session
11:00 am - 12:20 pm
SEMINARS
1. Pediatric Dermatology Look-Alikes
Patricia A. Treadwell, MD
 2. ASD and ADHD Cases: Updates in Treatment
Douglas L. Vanderbilt, MD
 3. The Orthopaedic Physical Exam
Curtis D. Vandenberg, MD

Registration

Saturday, February 2, 2019
thereafter

3 pm - 6 pm Daily
7 am - 11 am

ATTRACTIONS & ACTIVITIES

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Maui offers a wide variety of attractions and activities including:

Whale Watching -

February is Humpback Whale season in Hawaii

Lahaina Town -

The mid-1800s whaling capital of the Pacific

Haleakala National Park -

Site of the world's largest dormant volcano

Molokini Island -

A marine life conservation district and seabird sanctuary

The Road to Hana

Maui Ocean Center

Alexander & Baldwin Sugar Museum

Bailey House Museum

Iao Valley State Park

Maui Tropical Plantation

Tedeschi Vineyards

Sunrise Protea Farm

Enchanting Floral Gardens of Kula

Scuba, snorkeling and kayaking

Horseback riding

Hiking and biking

Golf

Helicopter adventures

Surfing and windsurfing

Sailing

Submarine tours

"This is the best Luau you'll find in Maui."

(Fodor's Maui and Lanai)

Wednesday, February 6, 2019 / 5:15-8:15 pm

Enjoy an evening of traditional Hawaiian cuisine, music, cultural dances and demonstrations at the Old Lahaina Luau. Learn about Hawaiian history and culture in the laulima (working together) area along the ocean's edge, then gather for the traditional Imu ceremony followed by an all-you-can-eat buffet of regional cuisine. Upon sunset, the award-winning production begins, telling the story of the Hawaiians with hula dancing, chanting and singing.

"Its authenticity, intimacy, hospitality, cultural integrity and sheer romantic beauty have made this Maui's top luau." (Frommer's Maui)

Includes a fresh flower lei greeting, bountiful buffet dinner, cocktails (throughout the evening) and entertainment.

Price: \$115 Adults & Teens (13 and over), \$73 Children (2-12), Infants not occupying a seat, are free.

Price includes tax and gratuity. Transportation is on your own.

Space is limited: reserve early. Sign up for this activity on the conference registration form.

Future Meetings!

Pediatrics in the Islands ...

Clinical Pearls 2019

June 29 - July 5, 2019

Sheraton Maui Resort

Aloha Update: Pediatrics® 2019

October 12 - 18, 2019

Grand Hyatt Kauai Resort & Spa

Pediatric Potpourri®:

State of the Art 2020

February 22 - 28, 2020

Hyatt Regency Maui Resort

Travel & Accommodations

To make your reservations at our special, discounted rates, please visit our travel website at www.PediatricsHawaii.com

Westin Maui Resort & Spa

Located on popular Kaanapali Beach, a short drive from colorful Lahaina, the Westin welcomes you to an oasis of endless sun and sea. The Westin is an idyllic location for learning and pleasure, combining elegant facilities with endless opportunities for outdoor activities. Five lagoon style pools are linked by waterfalls, slides and grottos, surrounded by spacious sun-bathing decks. Stroll out to the beach for complete watersport activities, golf at one of Kaanapali's two courses and enjoy the carefully landscaped grounds and gardens. Whaler's Village, next to the Westin, offers a unique assortment of shops and restaurants.

Westin Maui Reservations

The special group rates for Pediatric Potpourri® participants are:

- Golf/Mountain: \$330/night
- Ocean View: \$370/night
- Deluxe Ocean View: \$395/night

These special rates include:

- Free parking
- Free internet
- Free resort fee

A value of up to \$61 per day.

The Westin Resort Fee, currently a \$31 per day mandatory fee, includes fitness center admission, local phone calls and other guest amenities. The Westin Maui Parking Fee is currently a \$30 per day fee.

These services are complimentary only if you book at our special group rates. Most other quoted rates do not include these add-on fees. If you book outside of our group, you can expect to see these fees added to your bill at check-out.

Occupancy: Rates are valid for one or two adults per room. Additional adults over 18 are charged at \$85 per night. Maximum occupancy is 4 per room. Children 17 and under are free. Please refer to the website for bedding options and other important details.

The above rates do not include applicable Hawaii tax (currently 14.42% per room night occupied). This tax will be added to your final bill at check-out.

Typical arrival and departure dates are:

Check-In: Saturday, February 2, 2019

Check-Out: Friday, February 8, 2019

Rooms may be reserved at our special group rates up to 3 days before and after the above dates subject to availability.

Deposits and Cancellations: A two (2) night deposit is required at time of booking. Deposit is fully refundable if your reservation is cancelled at least 30 days prior to arrival. Cancellations after that time are subject to a two night room and tax charge.

Visit our travel website – www.PediatricsHawaii.com – to reserve your room at the Westin Maui Resort at our special group rates.

If you prefer to call for room reservations, please call Starwood reservations at (808) 921-4651 and ask for the "Pediatric Potpourri 2019" conference rate at the Westin Maui.

Rental Car Reservations

To make the most of your visit to Maui, we highly recommend a rental car.

Please visit our website www.PediatricsHawaii.com for online reservations and specially discounted rental rates with Hertz, Avis, and Alamo.

Typical weekly rates with unlimited mileage (excluding gas, taxes, and optional insurance):

Sedans, from \$183 compact to \$242 full size

SUV's from \$294

Minivans, Convertible or Jeep from \$300

If you prefer to call for rates/reservations, contact:
Hertz: (800) 654-2240; give convention number: 044F0012
Avis: (800) 230-4898; give discount code H055246
Alamo: (877) 222-9075; give contract ID #T00383E

Note: While most flights arrive at Maui's main airport (code OGG), some arrive at the west Maui airport (code JHM). Be sure to select your correct arrival/departure airport when making your rental car reservations.

Flights

The main airport in Maui is the Kahului Airport (also known as the Maui International Airport), code OGG. This airport is 28 miles from the Hyatt Regency Maui Resort in Ka'anapali, about 45 minutes by car.

The much smaller Kapalua Airport in west Maui, code JHM, is served by commuter flights to and from Honolulu (code HNL). This airport is 5 miles from the Hyatt Regency Maui Resort, about 10 minutes by car.

For additional information, please visit our travel website at www.PediatricsHawaii.com

Travel Assistance

For assistance or additional information, please contact our travel services provider: **University Travel**; (800) 821-5094 or (818) 563-9808; Fax: (818) 563-9842; Email: pediatrics@unitrav.com

(CST registration # 1015591-40).

Conference Registration Cancellation Fees:

Prior to December 1, 2018 \$ 50.00 • December 1, 2018 - January 1, 2019 \$ 125.00 • After January 1, 2019 \$ 200.00

No Activity Refunds / No Post-conference Refunds / Note: Travel registration may also be subject to cancellation fees.

Visit www.chla.org/cme-conferences,
 for on-line conference registration or to add your name to our mailing list.
 Visit www.PediatricsHawaii.com for on-line hotel, rental car and/or airline reservations.

Conference Registration
Pediatric Potpourri®: State of the Art 2019
 February 2 - 8, 2019 - Westin Maui Resort & Spa

Name _____ MD ___ Other _____
 Please check Specialty: ___ Pediatrics AAP# _____
 ___ Family Medicine AAFP# _____
 ___ Other: _____
 Address _____
 City/State/Zip _____
 Primary Phone _____ Office ___ Home ___ Cell ___ Other
 Secondary Phone _____ Office ___ Home ___ Cell ___ Other
 Fax _____ Email _____

Note: Please include an email address. Receipt and correspondence will be sent via email.

Past attendees: **If you register online by September 15, 2018, you receive an additional \$25 discount off the early registration fees listed below.** This discount is only available to past attendees at one of our three annual meetings in Hawaii.

Tuition:	Early Registration by November 1, 2018		
Physician	\$975	\$925	\$ _____
Past Physician Registrant	\$925	\$875	_____
CHLA Staff/Alumni	\$915	\$865	_____
AAP CA Dist. IX, Chap. 2	\$915	\$865	_____
*Resident / Intern	\$715	\$665	_____
Retired Physician	\$715	\$665	_____
Non-Physician (NP, PA, RN, etc.)	\$715	\$665	_____

*A letter from the Chief of Staff must accompany registration for reduced Resident/Intern tuition. Full tuition will be charged if not pre-registered.

Old Lahaina Luau - Wednesday, February 6, 2019 - 5:15-8:15 pm

(This is an optional activity and admission is not included in the conference tuition fee.)

_____ @ \$115 per adult/teen = \$ _____ # _____ @ \$73 per child under 12 = \$ _____
 # _____ Infants, not occupying a seat (free) Old Lahaina Luau Subtotal: \$ _____

Guest Pass(es) for the conference continental breakfast:

If you would like your guest(s) to join you for the conference continental breakfast from 7:00-7:30am on Sunday, February 3 through Thursday, February 7. *(This is the continental breakfast at the conference & not the hotel's buffet breakfast.)*
 # _____ @ \$185 per per adult/teen 13 or older + # _____ @ \$92.50 per child, 12 & under = \$ _____

Total Amount Due:

Tuition Total: \$ _____ + Group Activities Total: \$ _____ + Guest Passes Total: \$ _____
 = Total Amount Due: \$ _____

Payment:

Check enclosed (payable to Children's Hospital Los Angeles Medical Group or CHLAMG)
 Credit Card: Visa MasterCard Amer. Exp. Discover
 Card No. _____ Security Code _____ Exp. Date _____
 Name on Card _____ Signature _____
 Billing Address _____
 Billing City/State/Zip _____

Hotel, Rental Car and Flight Information:

The above conference registration does not include hotel, rental car or airline reservations. Visit our travel website, www.PediatricsHawaii.com, for information and reservations.

For assistance or additional information, please contact our travel services provider: **University Travel**
 (800) 821-5094 or (818) 563-9808; Email: pediatrics@unitrav.com
 University Travel, CST Registration #1015591-40.

Contact information and mailing address: CHLAMG / Pediatric Potpourri®
 3701 Wilshire Blvd., Suite 600, Los Angeles, CA 90010 • 1-800-3-KID-CME (800-354-3263) or (323) 361-2752
 Fax (323) 925-7490 • CME email: pediatricCME@gmail.com • www.chla.org/cme-conferences