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American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

and the California District IX, Chapter 2, AAP

in association with

Children's Hospital Los Angeles Medical Group

**PEDIATRICS  
IN THE ISLANDS  
• • •  
CLINICAL PEARLS  
2019**



**June 29-July 5, 2019  
Sheraton Maui Resort  
Maui, Hawaii**

**[www.chla.org/cme-conferences](http://www.chla.org/cme-conferences)  
1-800-KID-CME / 1-800-345-3263**

# CLINICAL PEARLS



## Pediatrics in the Islands...Clinical Pearls 2018 June 29-July 5, 2019

The American Academy of Pediatrics and California District IX, Chapter 2 in association with Children's Hospital Los Angeles Medical Group are pleased to sponsor **Pediatrics in the Islands...Clinical Pearls 2019** on the island of Maui, Hawaii. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend **Pediatrics in the Islands...Clinical Pearls 2019** if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

### COURSE OBJECTIVES

At the conclusion of this activity participants should be able to identify, assess and manage common clinical issues in the areas of adolescent medicine, dermatology, endocrinology, infectious diseases and toxicology including:

- Integrate universal substance use screening, brief intervention, and/or referral to treatment (SBIRT) as part of routine health care.
- Formulate an individualized treatment plan for their atopic patients that addresses barrier repair, reduction of inflammation and potential secondary complications.
- Detect early signs and symptoms of type 1 diabetes and initiate appropriate management to reduce the risk of diabetic ketoacidosis and other complications of type 1 diabetes.
- Recognize the clinical presentation of tick-borne infections and manage patients utilizing the most up-to-date diagnostic and treatment recommendations.
- Differentiate poisonings from non-toxicological illnesses that present with similar clinical symptoms.

A complete listing of course objectives and materials will be available at the Pediatrics in the Islands...Clinical Pearls 2018 conference.

### ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California District IX, Chapter 2. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.50 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.50 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Successful completion of this CME activity, which includes participation in the activity, and individual assessment of and feedback to the learner, enables the learner to earn up to 22.5 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

This Live activity, **Pediatrics in the Islands...Clinical Pearls 2019**, with a beginning date of June 29, 2019, has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive 22.50 Mainpro+® credits for attendance at this meeting due to reciprocal agreement with the American Academy of Family Physicians.

The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME. Physician assistants may receive a maximum of 22.50 hours of Category 1 credit for completing this program.

This program is accredited for 22.50 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), content per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

#### Disclosure of Financial Relationships and Resolution of Conflicts of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities. **The content of this CME activity does not necessarily reflect the views or policies of the AAP.**

## Faculty

### **Gale R. Burstein, MD, MPH**

*Clinical Professor of Pediatrics,  
Jacobs School of Medicine and Biomedical Sciences  
Commissioner, Erie County Department of Health,  
Buffalo, New York*

### **Fred E. Ghali, MD**

*Clinical Associate Professor of Dermatology,  
UT Southwestern Medical School and Baylor Medical Center  
Private Practice,  
Pediatric Dermatology of North Texas*

### **Mary Anne Jackson, MD**

*Professor of Pediatrics,  
University of Missouri-Kansas City School of Medicine  
Associate Chair for Community and Regional Pediatric Collaborations and  
Chief of the Pediatric Infectious Diseases Section,  
Children's Mercy Hospitals & Clinics, Kansas City, Missouri*

### **Cyrus Rangan, MD**

*Director, Bureau of Toxicology & Environment Assessment,  
Los Angeles County Department of Public Health  
Medical Toxicology Consultant,  
Children's Hospital Los Angeles*

### **Jennifer Raymond, MD, MCR**

*Associate Professor of Clinical Pediatrics,  
University of Southern California Keck School of Medicine  
Clinical Director of Diabetes, The Center for Endocrinology, Diabetes and Metabolism,  
Children's Hospital Los Angeles*

## Moderators & AAP Educational Program Representatives

### **Robert Adler, MD, MS Ed**

*Professor of Pediatrics,  
USC Keck School of Medicine  
Chief Medical Officer, CHLA Health System  
and Senior Advisor to the Chair of Pediatrics,  
Children's Hospital Los Angeles*

### **Lawrence A. Ross, MD**

*Professor Emeritus of Clinical Pediatrics,  
USC Keck School of Medicine  
Division of Infectious Diseases,  
Children's Hospital Los Angeles*

# Meeting Schedule for Sunday, June 30th - Thursday, July 4th

## Sunday, June 30th, 2019

- 7:00 am Coffee and Pastries  
 7:20 am Greetings and Introductions  
 7:30 am Molds, Myths and Fungal Fallacies: Legitimacy of Toxic Mold  
**Cyrus Rangan, MD**  
 8:00 am Here Comes the Sun: Moles, Melanoma and Sunscreens  
**Fred E. Ghali, MD**  
 8:30 am Red Book® Update  
**Mary Anne Jackson, MD**  
 9:00 am Break  
 9:20 am Drugs and Bugs: Right Drug for Right Infection in Right Dose and Duration  
**Mary Anne Jackson, MD**  
 9:50 am Substance Abuse Screening, Brief Intervention, & Referral to Treatment (SBIRT)  
**Gale R. Burstein, MD, MPH**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Adolescent Sexually Transmitted Infections: Interactive, Case-based Learning  
**Gale R. Burstein, MD, MPH**  
 2. Prenatal Visits: Counseling a Mother-to-be on Teratogens and Reproductive Toxins  
**Cyrus Rangan, MD**  
 3. Tricks of the Trade: Pearls and Perils  
**Fred E. Ghali, MD**

## Monday, July 1, 2019

- 7:00 am Coffee and Pastries  
 7:30 am Adolescent Opioid Addiction and Pediatricians' Role in Prevention  
**Gale R. Burstein, MD, MPH**  
 8:00 am Type 1 Diabetes Diagnosis and Management/Technology  
**Jennifer Raymond, MD, MCR**  
 8:30 am When to Dig Deeper: Clues to Systemic Disease  
**Fred E. Ghali, MD**  
 9:00 am Break  
 9:20 am Top 10 Lumps & Bumps  
**Fred E. Ghali, MD**  
 9:50 am UTI  
**Mary Anne Jackson, MD**  
 10:20 am Question & Answer Session

- 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Endocrine Cases  
**Jennifer Raymond, MD, MCR**  
 2. Adolescent Sexually Transmitted Infections: Interactive, Case-based Learning  
**Gale R. Burstein, MD, MPH**  
 3. Congenital and Perinatal Infections: What Practitioners Should Know  
**Mary Anne Jackson, MD**

## Tuesday, July 2, 2019

- 7:00 am Coffee and Pastries  
 7:30 am Tickborne Diseases  
**Mary Anne Jackson, MD**  
 8:00 am Spiders, Ants, Bees, Scorpions, & Marine Envenomations  
**Cyrus Rangan, MD**  
 8:30 am Thyroid Disorders: Hypothyroidism  
**Jennifer Raymond, MD, MCR**  
 9:00 am Break  
 9:20 am Thyroid Disorders: Hyperthyroidism  
**Jennifer Raymond, MD, MCR**  
 9:50 am Fungus is Among Us  
**Fred E. Ghali, MD**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Tricks of the Trade: Pearls and Perils  
**Fred E. Ghali, MD**  
 2. Congenital and Perinatal Infections: What Practitioners Should Know  
**Mary Anne Jackson, MD**  
 3. Prenatal Visits: Counseling a Mother-to-be on Teratogens and Reproductive Toxins  
**Cyrus Rangan, MD**

## Wednesday, July 3, 2019

- 7:00 am Coffee and Pastries  
 7:30 am Eczema 101: From A to Z  
**Fred E. Ghali, MD**  
 8:00 am Type 2 Diabetes Diagnosis and Treatment  
**Jennifer Raymond, MD, MCR**  
 8:30 am Long Acting Reversible Contraception (LARC): First Line Contraceptive Care for Adolescents  
**Gale R. Burstein, MD, MPH**  
 9:00 am Break

- 9:20 am Emergency Contraception and Adolescents  
**Gale R. Burstein, MD, MPH**  
 9:50 am Newer Drugs of Abuse  
**Cyrus Rangan, MD**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Prenatal Visits: Counseling a Mother-to-be on Teratogens and Reproductive Toxins  
**Cyrus Rangan, MD**  
 2. Tricks of the Trade: Pearls & Perils  
**Fred E. Ghali, MD**  
 3. Endocrine Cases  
**Jennifer Raymond, MD, MCR**

## Thursday, July 4, 2019

- 7:00 am Coffee and Pastries  
 7:30 am Evaluation of Short Stature/ Growth  
**Jennifer Raymond, MD, MCR**  
 8:00 am The Pediatrician Approach to Requests for Alternative Birth Plans: Infectious Implications  
**Mary Anne Jackson, MD**  
 8:30 am Tox Screens: When to Get Them, Why to Get Them and What They Really Mean  
**Cyrus Rangan, MD**  
 9:00 am Break  
 9:20 am Toxicology Mimics: Routine-Appearing Illnesses That are Actually Poisonings  
**Cyrus Rangan, MD**  
 9:50 am Ensuring Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents  
**Gale R. Burstein, MD, MPH**  
 10:20 am Question & Answer Session  
 11:00 am - 12:20 pm  
**SEMINARS**  
 1. Congenital and Perinatal Infections: What Practitioners Should Know  
**Mary Anne Jackson, MD**  
 2. Endocrine Cases  
**Jennifer Raymond, MD, MCR**  
 3. Adolescent Sexually Transmitted Infections: Interactive, Case-based Learning  
**Gale R. Burstein, MD, MPH**

## REGISTRATION

Saturday, June 29, 2019 3 pm - 6 pm  
Daily thereafter 7 am - 11 am  
Meeting dates: Sunday, June 30 - Thursday, July 4

### Old Lahaina Luau

Wednesday July 3, 2019 - 6:15-9:15 pm

"This is the best Luau you'll find in Maui."

*(Fodor's Maui and Lanai)*

Enjoy an evening of traditional Hawaiian cuisine, music, cultural dances and demonstrations at the Old Lahaina Luau. Learn about Hawaiian history and culture in the laulima (working together) area along the ocean's edge, then gather for the traditional Imu ceremony followed by an all-you-can-eat buffet of regional cuisine. Upon sunset, the award-winning production begins, telling the story of the Hawaiians with hula dancing, chanting and singing.

"Its authenticity, intimacy, hospitality, cultural integrity and sheer romantic beauty have made this Maui's top luau." *(Frommer's Maui)*

**Price: \$115 Adults & Teens (13 and over),  
\$73 Children (2-12),  
Infants not occupying a seat, are free.**

*Includes a fresh flower lei greeting, bountiful buffet dinner, cocktails (throughout the evening) and entertainment. Price includes tax and gratuity. Transportation is on your own. Sign up for this activity on the conference registration form. **Space is limited: reserve early.***

### ATTRACTIONS & ACTIVITIES

Maui and the Sheraton offer a wide variety of other attractions and activities including:

#### **Daily Cliff Dive Ceremony** -

*At sunset from the Sheraton's legendary Black Rock*

#### **The Spa at Black Rock** -

*Inspired by the culture and traditions of Hawaii*

#### **Lahaina Town** -

*The mid-1800s whaling capital of the Pacific*

#### **Haleakala National Park** -

*Site of the world's largest dormant volcano*

#### **Molokini Island** -

*A marine life conservation district & seabird sanctuary*

#### **Ocean Activities** -

*Sailing, Cocktail/Dinner Cruises, Parasailing,  
Jet Skiing, Snorkeling, Scuba, Kayaking, Rafting,  
Surfing, Windsurfing, Submarine tours*

#### **The Road to Hana**

#### **Maui Ocean Center**

#### **Alexander & Baldwin Sugar Museum**

#### **Bailey House Museum**

#### **Iao Valley State Park**

#### **Maui Tropical Plantation**

#### **Tedeschi Vineyards**

#### **Sunrise Protea Farm**

#### **Enchanting Floral Gardens of Kula**

#### **Horseback riding**

#### **Hiking and biking**

#### **Zipline**

#### **Golf**

#### **Helicopter adventures**

### Future Meetings!

**Aloha Update: Pediatrics® 2019**  
Grand Hyatt Kauai Resort & Spa  
October 12-18, 2019

**Pediatric Potpourri®: State of the Art 2020**  
Hyatt Regency Maui Resort & Spa  
February 22-28, 2020

**Pediatrics in the Islands ... Clinical Pearls 2020**  
Hyatt Regency Maui Resort & Spa  
June 27-July 3, 2020

## Travel & Accommodations

To make your reservations at our special, discounted rates, please visit our travel website at [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com)

### Sheraton Maui Resort & Spa

Located on popular Ka'anapali beach at the foot of legendary Black Rock, the Sheraton is one of Maui's leading luxury resorts. This 23-acre oceanfront resort welcomes visitors to a world of breathtaking views, relaxation and discovery. **The beach at the Sheraton is considered one of the best snorkel locations on Maui.** Guest rooms are comfortably appointed, each with a private lanai. More than 80% of rooms and suites directly face the Pacific.

The Sheraton offers a variety of room types including the unique 'Ohana (Family) Suites with two spacious and adaptable rooms and Deluxe Ocean Front rooms located atop Black Rock with spectacular ocean views.

### Sheraton Maui Reservations

The special group rates for Pediatrics In The Islands participants are:

- Resort View: \$310/night
- Ocean View: \$335/night
- Deluxe Ocean Front: \$400/night
- 'Ohana Suite: \$515/night
- Ocean Suite: \$525/night

These special rates include:

- Free self-parking
- Free internet
- Free resort fee

A value of \$47 per day.

*The Sheraton Resort Fee, currently a \$25 per day mandatory fee, includes wireless internet access, valet parking on day of arrival (first night only), Starwood Maui scheduled shuttle service and other guest amenities. The Sheraton Self-Parking Fee is currently \$22 per day.*

*These services are complimentary only if you book at our special group rates. Most other quoted rates do not include these add-on fees. If you book outside of our group, you can expect to see these fees added to your bill at check-out.*

Occupancy: Rates are valid for one or two adults per room. Additional adults 18 and over are charged at \$80 per night. Maximum occupancy is 4 per room. Children 17 and under are free. Please refer to the website for bedding options and other important details.

*Note: The above rates do not include applicable Hawaii tax (currently 14.42% per room, night occupied). This tax will be added to your final bill at check-out.*

Typical conference arrival and departure dates are:

Check-In: Saturday, June 29, 2019

Check-Out: Friday, July 5, 2019

Rooms may be reserved at our special group rates up to 3 days before and after the above dates, subject to availability.

**Deposits and Cancellations:** A two (2) night deposit is required at time of booking. Cancellations from 30 days to 72 hours before arrival will be assessed a one (1) night room and tax charge. Cancellations within 72 hours of arrival will be charged two (2) nights room and tax.

Visit our travel website - [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com) - to reserve your room at the Sheraton Maui Resort at our special group rates.

*If you prefer to call for room reservations, please call Sheraton reservations at (800) 782-9488 and/or (808) 921-4645 and ask for the "Pediatrics in the Islands" conference rate at the Sheraton Maui.*

### Rental Car Reservations

To make the most of your visit to Maui, we highly recommend a rental car. Please visit our travel website for specially discounted rental rates with Hertz, Avis, and Alamo.

Typical weekly rates with unlimited mileage (excluding gas, taxes, and optional insurance):

- Sedans, from \$183 compact to \$242 full size
- SUV's from \$294 / Convertibles from \$300
- Minivans from \$368

*If you prefer to call for rates/reservations, contact:*

Hertz: (800) 654-2240 and give convention number 044F0012

Avis: (800) 230-4898 and give discount code H055246

Alamo: (877) 222-9075 and give contract code T00383E

*Note: While most flights arrive at Maui's main airport (code OGG), some arrive at the west Maui airport (code JHM). Be sure to select your correct arrival/departure airport when making your rental car reservations.*

### Flights

The main airport in Maui is the Kahului Airport (also known as the Maui International Airport), code OGG. This airport is 28 miles from the Sheraton Maui Resort in Ka'anapali, about 45 minutes by car.

The much smaller Kapalua Airport in west Maui, code JHM, is served by commuter flights to and from Honolulu (code HNL). This airport is 5 miles from the Sheraton Maui Resort, about 15 minutes by car.

*For additional information, please visit our travel website at [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com)*

### Travel Assistance

For assistance or additional information, please contact our travel services provider: **University Travel**; (800) 821-5094 or (818) 563-9808; Fax: (818) 563-9842; Email: [pediatrics@unitrav.com](mailto:pediatrics@unitrav.com)

*(CST registration # 1015591-40).*

### Conference Registration Cancellation Fees:

Prior to April 15, 2019 \$ 50.00 • April 15 to May 15, 2019 \$ 125.00 • After May 15, 2019 \$ 200.00

No Activity Refunds / No Post-conference Refunds / Note: Travel registration may also be subject to cancellation fees.

Visit [www.chla.org/cme-conferences](http://www.chla.org/cme-conferences) for on-line conference registration  
or to add your name to our mailing list.  
Visit [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com)  
for on-line hotel, rental car and/or airline reservations.

### Conference Registration

#### Pediatrics in the Islands...Clinical Pearls 2019 June 29 - July 5, 2019 - Sheraton Maui Resort

Name \_\_\_\_\_ MD \_\_\_ Other \_\_\_\_\_

Please check Specialty: \_\_\_ Pediatrics AAP# \_\_\_\_\_  
\_\_\_ Family Medicine AAFP# \_\_\_\_\_  
\_\_\_ Other: \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Primary Phone \_\_\_\_\_ Office \_\_\_ Home \_\_\_ Cell \_\_\_ Other

Secondary Phone \_\_\_\_\_ Office \_\_\_ Home \_\_\_ Cell \_\_\_ Other

Fax \_\_\_\_\_ Email \_\_\_\_\_

Note: Please include an email address. Receipt and correspondence will be sent via email.

Past conference attendees: If you register online by February 15, 2019, you receive an additional \$25 discount off the early registration fees listed below. This discount is only available to past attendees at one of our three annual meetings in Hawaii.

Tuition:		Early Registration by April 1, 2019	
Physician	\$975	\$925	\$ _____
Past Physician Registrant	\$925	\$875	_____
CHLA Staff/Alumni	\$915	\$865	_____
AAP CA Dist. IX, Chap. 2	\$915	\$865	_____
Resident / Intern	\$715	\$665	_____
Retired Physician	\$715	\$665	_____
Non-Physician (NP, PA, RN, etc.)	\$715	\$665	_____

A letter from the Chief of Staff must accompany registration for reduced Resident/Intern tuition. Full tuition will be charged if not pre-registered.

#### Old Lahaina Luau - Wednesday, July 3, 2019 - 6:15-9:15 pm

# \_\_\_ @ \$115 per adult/teen = \$ \_\_\_\_\_  
# \_\_\_ @ \$73 per child 2-12 = \$ \_\_\_\_\_  
# \_\_\_ Infants, not occupying a seat (free) Old Lahaina Luau Subtotal: \$ \_\_\_\_\_

#### Guest Pass(es) for the conference continental breakfast:

If you would like your guest(s) to join you for the conference continental breakfast on Sunday, June 30 through Thursday, July 4, please indicate here

# \_\_\_ @ \$150 per per adult/teen 13 or older + # \_\_\_ @ \$75 per child, 12 & under = \$ \_\_\_\_\_

#### Total Amount Due:

Tuition Total: \$ \_\_\_\_\_ + Luau Total: \$ \_\_\_\_\_ + Guest Pass(es) Total: \$ \_\_\_\_\_

Payment: \_\_\_\_\_ = Total Amount Due: \$ \_\_\_\_\_

Check enclosed (payable to Children's Hospital Los Angeles Medical Group or CHLAMG)

Credit Card:  Visa  MasterCard  Amer. Exp.  Discover

Card No. \_\_\_\_\_ Security Code \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address \_\_\_\_\_

Billing City/State/Zip \_\_\_\_\_

#### Hotel, Rental Car and Flight Information:

The above conference registration does not include hotel, rental car or airline reservations. Visit our travel website, [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com), for information and reservations.

For assistance or additional information, please contact our travel services provider: **University Travel**  
(800) 821-5094 or (818) 563-9808; Email: [pediatrics@unitrav.com](mailto:pediatrics@unitrav.com)

University Travel, CST Registration #1015591-40.

**Contact information and conference registration: CHLAMG / Pediatric In the Islands**  
3701 Wilshire Blvd., Suite 600, Los Angeles, CA 90010 • 1-800-3-KID-CME (800-354-3263) or (323) 361-2752  
Fax (323) 925-7490 • CME email: [pediatricCME@gmail.com](mailto:pediatricCME@gmail.com) • [www.chla.org/cme-conferences](http://www.chla.org/cme-conferences)