

# The Children's Orthopaedic Center at Children's Hospital Los Angeles

invites you to the 2<sup>nd</sup> annual

## Conservative Treatment of Childhood Scoliosis Conference

**When:** Saturday, Feb. 24, 2018  
7:30 a.m. – 12:20 p.m.

**Where:** Children's Hospital Los Angeles  
The Saban Research Building Auditorium  
4661 Sunset Blvd., Los Angeles, CA 90027

**CME and CEU credits will be available**

### Program Description

This activity is designed for providers who are treating patients with scoliosis and would like to assess the risks versus benefits of surgical treatments and nonoperative treatments. Physicians, physical therapists, physician assistants and nurses are strongly encouraged to attend.

### Objectives

**At the conclusion of this activity, participants will be better able to:**

1. Define the classification for early-onset scoliosis (EOS) and adolescent idiopathic scoliosis (AIS)
2. Discuss indications for serial casting of EOS and the measured outcomes
3. Discuss the principles around bracing and the Rigo System Cheneau (RSC) brace
4. List the indications for Schroth therapy
5. Identify the role of support groups for patients with scoliosis

### Registration Information

Register at [CHLA.org/ScoliosisConference](http://CHLA.org/ScoliosisConference) by Feb. 19, 2018 | **Cost:** \$20



#### Physicians

Children's Hospital Los Angeles is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. Children's Hospital Los Angeles takes responsibility for the content, quality and scientific integrity of this CME activity.

This activity has been approved for AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### Nurses

Children's Hospital Los Angeles is accredited as a provider of continuing education by the California Board of Registered Nursing, provider number CEP 183.

**Please see back for program agenda and list of speakers.**



For questions, contact Claudia Flores at [clflores@chla.usc.edu](mailto:clflores@chla.usc.edu) or Daryl Maclaren at [dmaclaren@chla.usc.edu](mailto:dmaclaren@chla.usc.edu), or call **323-361-4658**.

# Agenda

**7:30 a.m. Registration and Continental Breakfast**

**7:55 a.m. Introduction**

Phyllis D'Ambra, RN, MPA, Spine Nurse Consultant, Children's Orthopaedic Center, Children's Hospital Los Angeles

David Skaggs, MD, MMM, Chief, Children's Orthopaedic Center; Director, Spine Program; Head, Division of Orthopaedic Surgery, Children's Hospital Los Angeles; Professor of Orthopaedic Surgery, Keck School of Medicine of the University of Southern California (USC)

**8 – 8:30 a.m. Early-Onset Scoliosis: Has Casting Made a Difference?**

Lindsay Andras, MD, Attending Orthopaedic Surgeon, Children's Orthopaedic Center, Children's Hospital Los Angeles; Assistant Professor of Clinical Orthopaedic Surgery, Keck School of Medicine of USC

**8:30 – 9 a.m. Growth and Scoliosis: Progression Over a Lifetime**

Vernon Tolo, MD, Attending Orthopaedic Surgeon, Children's Orthopaedic Center, Children's Hospital Los Angeles; Professor of Orthopaedic Surgery, Keck School of Medicine of USC

**9 – 9:30 a.m. Bracing for Scoliosis: Where Are We Now?**

Melissa Bent, MD, Attending Physician, Children's Orthopaedic Center, Children's Hospital Los Angeles; Assistant Professor of Orthopaedics, Keck School of Medicine of USC

**9:30 – 9:50 a.m. Introduction to the Schroth Method: Goals and Basic Principles**

Lindsay Blaauw, PT, DPT, OCS, CSCS, Orthopedic Physical Therapy Specialist, Glendale Adventist Medical Center

**9:50 – 10:10 a.m. Break**

**10:10 – 10:30 a.m. Evidence-Based Decision Making on Schroth Therapy**

Kenneth Illingworth, MD, Attending Orthopaedic Surgeon, Children's Orthopaedic Center, Children's Hospital Los Angeles; Clinical Instructor of Orthopaedic Surgery, Keck School of Medicine of USC

## Bracing Type Panel Presentations:

**10:30 – 10:45 a.m. The Lerman Risser Cad Measurement Method: "From the table to the brace"**

Lawrence D. Lerman, CO, Lerman & Son

**10:45 – 11 a.m. Conservative Scoliosis Treatment Through 3D Approach**

Philip P. Ambroset, CPO, O & P In Motion, Inc.

**11 – 11:15 a.m. The Chêneau Brace Using Rigo Principles**

Grant Wood, MS, CPO, Align Clinic

**11:15 – 11:45 a.m. Surgery, Last Resort**

David Skaggs, MD, MMM, Chief, Children's Orthopaedic Center; Director, Spine Program; Head, Division of Orthopaedic Surgery, Children's Hospital Los Angeles; Professor of Orthopaedic Surgery, Keck School of Medicine of USC

**11:45 a.m. – noon Curvy Girls Mission**

Curvy Girls

**Noon – 12:15 p.m. Sisters of Scoliosis**

Courtney Canales and Remi Pappas

**12:15 – 12:20 p.m. Adjourn**