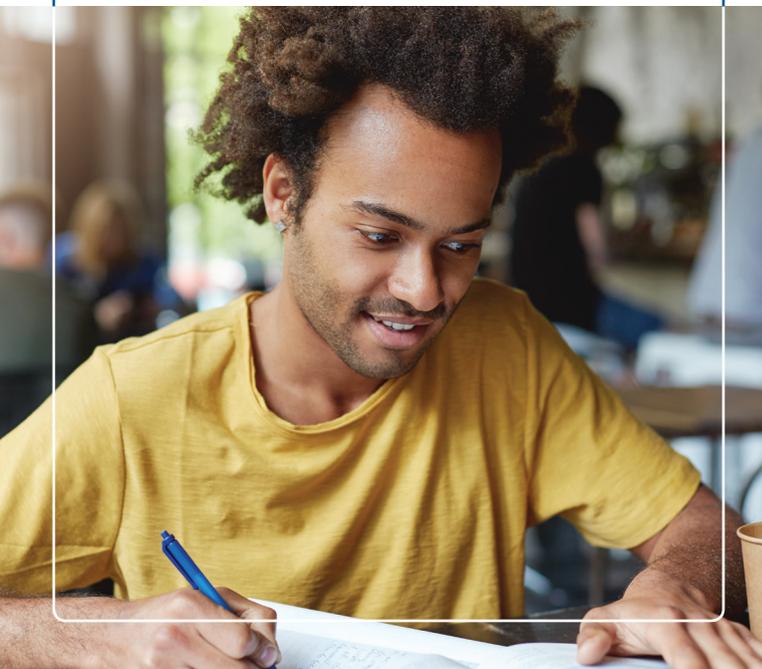


What happens when I become an adult?

Survivors of childhood cancer have unique medical needs as they get older. This means that you will need specialized long-term care. The LIFE Service was created to provide this. When you turn 21, your care will be transitioned from Children's Hospital Los Angeles to a health care provider for adults so that you can get lifelong medical monitoring.

- Patients at lower risk for later health problems usually continue follow-up care with their own primary care doctor with guidance from the LIFE Service.
- Patients at higher risk should be followed in the LIFE Clinic for Adult Cancer Survivors at the USC Norris Comprehensive Cancer Center. Here, the LIFE team works with adult-focused providers to provide follow-up care in a cancer center for adults.
- All adult survivors receive information and support for their physical and emotional health, education, career and health care access. As a survivor, you will receive care that meets your individual needs.



LIFE CANCER
SURVIVORSHIP &
TRANSITION SERVICE

For more information:

LIFE Cancer Survivorship & Transition Service
Children's Center for Cancer and Blood Diseases

Children's Hospital Los Angeles

4650 Sunset Blvd., #54
Los Angeles, CA 90027-6016

Telephone: 323-361-8953
Toll free: 877-222-LIFE (5433)
LIFE@chla.usc.edu
CHLA.org/LIFE



LIFE Cancer Survivorship & Transition Service

Comprehensive Services for
Childhood Cancer Survivors



Empowering Survivors for Life After Cancer
323.361.8953 • CHLA.org/LIFE



Welcome to the LIFE Clinic

You have reached an exciting milestone as a survivor of childhood cancer. The LIFE Cancer Survivorship & Transition Service at Children's Hospital Los Angeles is dedicated to your well-being. The LIFE Service was created in 1992 and is an important part of the Children's Center for Cancer and Blood Diseases. At the LIFE Clinic, our patients receive care from a team of doctors, nurse practitioners and social workers. All specialize in medical care for people of all ages who have survived childhood and adolescent cancer. The LIFE Team will help prepare you for life after cancer.

If I am a survivor, why do I still need follow-up care?

Some treatments that cure cancer may cause other health problems, some of which may not become apparent until years later.

Experts suggest that childhood cancer survivors receive lifelong care to help them stay healthy and achieve their full potential.

When am I ready for the LIFE Clinic?

Most patients are ready within two years of when their cancer treatment is complete. Ask your oncologist about a referral to the LIFE Clinic today, or call us for more information.

What happens during my LIFE Clinic appointment?

Our medical team will meet with you and talk about your health and the cancer treatment you received. We will talk about current and possible health concerns and create a survivorship care plan just for you.

You may also:

- Get information about resources for survivors
- Have laboratory and other tests done
- Be referred to other medical specialists
- Be invited to participate in important research studies for cancer survivors



How will a LIFE Clinic visit benefit me?

The LIFE Clinic can help educate you about your past cancer treatment. It is also a place we can:

- Evaluate your current health status
- Identify your health risks
- Help lower your risk for another cancer
- Talk about proper exercise and good nutrition
- Talk about common feelings and reactions after cancer
- Advise you on education and employment
- Help you work with the health care system
- Encourage regular, lifelong medical follow-up as a survivor

What can I do to help myself?

- Learn about your cancer history and health risks
- Make smart choices about your health and how you live
- Finish school and get a job
- Maintain health insurance coverage
- See your primary doctor regularly
- Participate in cancer survivor support activities
- Stay positive—you're a survivor!