

### About LEAH

The Leadership Education in Adolescent Health (LEAH) Program, funded by the federal Bureau of Maternal and Child Health, provides interdisciplinary leadership and clinical training in adolescent health in five core disciplines: medicine, nursing, nutrition, psychology, and social work.

The pre- and postdoctoral training prepares health professionals for leadership roles in public health practice, clinical care, research, training, and advocacy with the goal of improving family and youth-centered care for adolescents and young adults. The CHLA LEAH Program is committed to priority enrollment of fellows who reflect diversity in ethnicity, culture, race, gender and sexual orientation and are currently underrepresented in health care and related fields.

### About The Division

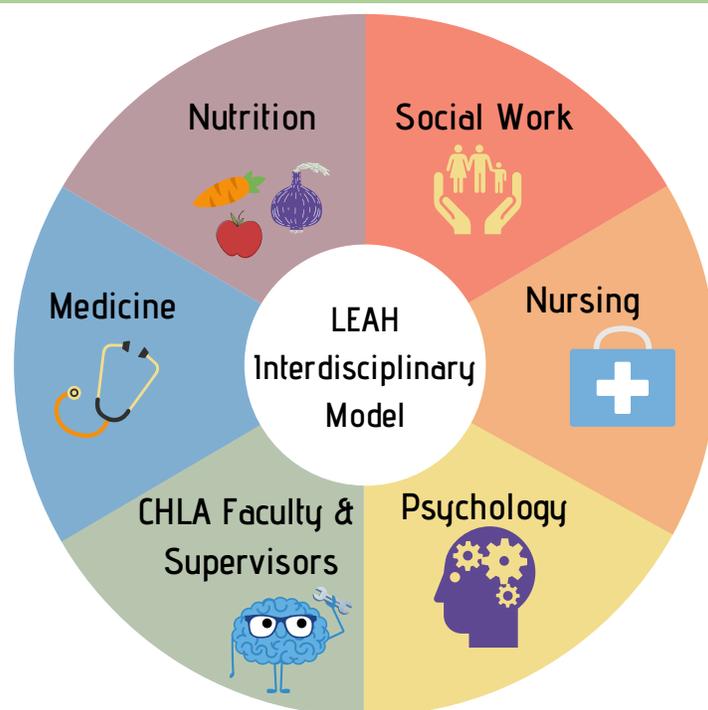
Established in 1963, the Division of Adolescent and Young Adult Medicine (DAYAM) at Children's Hospital Los Angeles is one of the largest adolescent medicine programs in the U.S. It is widely known for its innovative service models, leadership in community collaboration, training programs in adolescent health, and applied community-based research. The mission of the Division is *"to advance the health and well-being of adolescents by integrating health care, health promotion and prevention, youth development, professional education, advocacy, research, and evaluation in response to the needs of young people and their communities."*

### How LEAH Works

The CHLA LEAH training program is a 9-month integrated, interdisciplinary model that addresses the core competencies in Adolescent Health including medicine, nursing, nutrition, social work and psychology. The training year runs from September through May. The didactic sessions and interdisciplinary practice clinics are held each Monday.

The curriculum includes innovative approaches to professional education and patient care, integrates bio-behavioral, bio-psychological, and social determinants concepts and provides opportunities to demonstrate leadership in improving services for adolescents through clinical and public health approaches.

### The LEAH Model



# LEAH Fellows

The program has two types of fellowship opportunities: Long Term and Medium Term. We are currently recruiting fellows from the following specialty areas: Adolescent Medicine, Nursing, Psychology, Social Work and Nutrition. Graduate and Doctoral Students from other disciplines are also welcome to apply.

## Long Term Fellows (LTF)

Long-term fellows are advanced learners who are currently enrolled in a relevant graduate program. Some LTFs are eligible for a stipend; to see if you qualify for a stipend, email [leah@chla.usc.edu](mailto:leah@chla.usc.edu).

### LTFs are expected to:

- Complete 300+ hours including didactics, case conferences, and mentored interdisciplinary clinical experience scheduled all-day, every Monday.
- Attend 4 Leadership Trainings
- Complete a leadership, scholarly, or advocacy project
- Attend LEAH sponsored conferences, adolescent rounds, and other LEAH related training events

## Medium Term Fellows (MTF)

Medium-term fellows are advanced learners that are currently enrolled in a relevant graduate or doctoral program who are interested in advanced training through didactic experiences only. It is also for mid-career professionals with advanced degrees who are interested in advanced training in any of the core disciplines or related fields.

MTFs are not eligible for stipends.

### MTFs are expected to:

- Complete 40-299 Hours by attending didactics sessions on Mondays.
- May participate in LEAH sponsored conferences, adolescent rounds, and other LEAH related training events

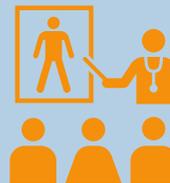
## How to Apply

Submit the completed CHLA LEAH application to:  
[leah@chla.usc.edu](mailto:leah@chla.usc.edu)

Make sure you include: your resume, statement of interest, and future goals statement with your application.

## LEAH Mondays

8:30-11:30  
Didactics



1:15-1:45  
Case Review



1:45-6:15  
Clinic



## For More Information

**Sara Sherer, PhD**

Director of CHLA LEAH Program

Email: [LEAH@chla.usc.edu](mailto:LEAH@chla.usc.edu)

**Maternal and Child Health Bureau**

<https://mchb.hrsa.gov/training/projects.asp>

**Adolescent and Young Adult Medicine CHLA Site**

<https://www.chla.org/adolescent-and-young-adult-medicine>

## Mailing Address

**The CHLA LEAH Program**  
Children's Hospital Los Angeles  
4650 Sunset Blvd., MS #2  
Los Angeles, CA 90027