

COMMUNITY RESOURCES & REFERRALS GUIDE FOR [HYM AND TRUTH PARTICIPANTS]

Domestic Violence Services

LA LGBT Center (Hollywood)

323-993-7649

Email: dvlap@lalgbtcenter.org

https://lalgbtcenter.org/social-service-and-housing/content/domestic-violence-services

If this is an emergency, call 911! For non-legal related services, call our STOP Domestic Violence Project at 323-860-5806 or send an email to domesticviolence@lalgbtcenter.org.

Legal Services Domestic Violence Project

1625 Schrader Blvd. Los Angeles, CA 90028

323-993-7649

Los Angeles LGBT Center's counseling services for survivors of domestic violence, our LGBT-domestic violence specialists, advocates and attorneys offer services for domestic violence, sexual assault, and stalking survivors.

National domestic violence hotline

888-799-7233

Survivor groups; Crisis counseling and safety planning; Court-approved batterer intervention; Short-term and ongoing individual mental health services; Partner abuse prevention groups and workshops; Referral to LGBT-sensitive shelters; Prevention services for those at risk; LGBT-specific and LGBT-sensitive legal services; Advocacy with law enforcement and criminal justice agencies, service providers and others; LGBT domestic violence training, education, and consultation; Preparing temporary restraining orders; Legal representation in certain cases.

Peace Over Violence (Westlake)

1015 Wilshire Boulevard, Suite 200 Los Angeles, CA 90017 (213)-955-9090 (to request a case manager) 24-hour hotline: (310)-392-8381 https://www.peaceoverviolence.org/one-on-one/

Programs offered include one on one intervention in sexual assaults, domestic abuse, youth violence and child abuse in addition to specialized services reaching underserved groups like Latinas, Deaf, Disabled, Elder, LGBTQ, and Youth.



Drop-In & Housing Services

Spy (Safe Place for Youth) Ages 12-25 (Venice)

Phone: (310) 902-2283 469 Lincoln Blvd, Venice, CA 90291 <u>http://www.safeplaceforyouth.org/youth</u> Tuesdays, Wednesdays, and Thursdays from 1:00pm-5:00pm Mondays and Fridays by appointment. Drop-in center offering a variety of services to youth who are experiencing or at risk of homelessness

Common Ground (Venice) (HIV+ individuals only)

622 Rose Ave., Venice, CA 90291 Phone: (310) 314-5480

*Ask to speak to a case manager <u>http://commongroundhiv.org/</u> Connect HIV+ people to appropriate housing, whether it's residential drug treatment, an emergency transition or permanent housing.

Daniel's Place Ages 16-25 (Santa Monica)

1619 Santa Monica Blvd Santa Monica, CA 90404 Phone: (310) 392-5855 Monday – Friday 10:00 am to 7:00 pm Saturday 9:30 am to 6:00 pm <u>http://www.stepuponsecond.org</u> A supportive community fostering services to youth experiencing homelessness

Home At Last (South Los Angeles)

7913 S. Western Avenue, Los Angeles, CA 90047 Phone: (323) 750-7177 Email: info@homeatlast.co <u>http://www.homeatlast.co/#service</u>

We provide emergency shelter, services, assistance and information to individuals who live and/or work in South Los Angeles.

Good Seed Shelter (Park Mesa Heights)

2814 W. Martin Luther King Blvd Los Angeles, CA 90008 Phone: (323) 758-5433 Email: MAIL@GOODSEEDCDC.ORG <u>https://www.goodseedcdc.org/what-we-do.html</u> Good Seed creates an environment where youth, ages 18-25, can thrive and grow to achieve their full potential. We provide supportive, nurturing, specialized care for homeless young people in California through supportive housing, job training, comprehensive services, and individual planning.

Homeless Shelter Directory (Multiple Locations)

https://www.homelessshelterdirectory.org/cgibin/id/city.cgi?city=Los%20Angeles&state=CA

All of the homeless shelters and services that provide help to those in need for Los Angeles, CA and surrounding cities.

My Friend's Place Ages 12-25 (Hollywood)

5850 Hollywood Blvd. Los Angeles, CA 90028 (323) 908-0011 <u>http://www.myfriendsplace.org</u> Drop-in center for homeless youth

LA LGBT Center: Youth Center on Highland Ages 12-24 (Hollywood)

1220 Highland Ave, Los Angeles, CA 90038 (323) 860-2280 <u>http://www.lalgbtcenter.org/youth_center</u> <u>https://lalgbtcenter.org/social-service-and-housing/youth/transitional-housing</u> *Serves homeless LGBTQ individuals with services and transitional housing*

Covenant House Ages 18-24 (Hollywood)

1325 N. Western Ave Hollywood, CA 90027 Hotline: (800) 999-9999

Phone: (323) 461-3131 - call then ask to be transferred to an outreach worker to do assessment and then an appointment is given. You can also go to website and online add name to waiting list.

https://www.covenanthouse.org/

Transitional shelter for youth. Serves homeless and at-risk youth.

PATH: People Assisting the Homeless (Hollywood)

40 N. Madison Ave Los Angeles, CA 90004 Phone: (323) 644-2200 3 Email: path@epath.org

www.epath.org

Housing navigation services, interim housing, rapid re-housing, and permanent supportive housing for individuals and families.

Jovenes Ages 18-24 (Multiple locations)	APLA: Housing Support Services Program (HIV+ Individuals Only)
Phone: (323) 260-8035	Phone: (213) 201-1637
1208 Pleasant Ave, Los Angeles, CA 90033	Email: <u>bbrown@apla.org</u>
E-mail help@jovenesinc.org (with your name, age, neighborhood, and contact information)	https://aplahealth.org/services/housing-supportive-services/
http://www.jovenesinc.org/#0	Addresses the needs of people living with HIV/AIDS who face homelessness, the threat
Provides different types of housing solutions to homeless youth which allow them to recover from trauma	of homelessness, or who may need assistance to maintain or retain current housing. To
	make an appointment or learn more, contact by phone or email.
The Center: Case Management for Transitional Age Youth Ages 18-25 (Long Beach)	
Phone: (562) 570-4500	
Email: mfiedler@centerlb.org TAY	
1301 West 12th St. Long Beach, CA 908143 http://www.centerlb.org	
Drop-in Hours: Tues 11AM-1PM Thurs 7PM-9PM Sat 10AM-12PM	
Case management services provide TAY clients with linkage to mental health counseling, housing resources, job and	
career opportunities, affirming physicians, and peer support.	
The Village Family Services- TVFS TAY Drop In Center	
Address: 6801 Coldwater Canyon Blvd North Hollywood, CA 91606	
Phone: (818)755-8786	
Office hours are: M-F 9am-5pm, Sat-Sun 9am-3pm	
Intakes are done over the phone. After intake, they refer folks to a case manager.	
Call the center and ask to be transferred to the Drop-in Center. They serve ages 14-24 yrs. Offer housing for folks 18-24	
yrs.	
Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services	

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Faith-Based Support

MCC United Church Of Christ (San Fernando Valley)

Phone: (213) 388-9733 5730 Cahuenga Blvd, North Hollywood, CA 91601 <u>http://mccuccv.com/</u>

Agape International Spiritual Center (Culver City)

Phone: (310) 348-1250 5700 Buckingham Parkway, Culver City, CA 90230 <u>http://www.agapelive.com</u>

Dignity Center (Highland Park)

Phone: (323) 344-8064 126 South Avenue 64 Los Angeles, CA 90042 http://www.dignitylosangeles.org/

Dignity envisions and works for a time when LGBT Catholics are affirmed and experience dignity through the integration of their spirituality with their identities and participate fully in all aspects of life within the Church and Society.

<u>Metropolitan Community Church (Los Feliz)</u> Phone: (323) 669-3434 4607 Prospect Ave, Los Angeles, CA 90027

www.mccla.org

ADORE LA (Loz Feliz)

1733 N. New Hampshire Ave., Los Angeles CA 90027 Phone: (747) 228-2662 Email: <u>adorelaorg@gmail.com</u> http://adorela.org/gatheringreminders

ADORE LA is a queer community of faith experiencing God in unconventional ways.

Self Realization Center (East Hollywood)

Phone: (323) 661-8006 4860 Sunset Blvd, Los Angeles, CA 90027 http://www.hollywoodtemple.org/

West Hollywood United Church of Christ (West Hollywood)

Phone: (323) 874-6646 7350 Sunset Blvd., Los Angeles CA 90046 <u>http://www.wehoucc.org/</u> We are intentionally inclusive of gender, race, ability, age, sexual orientation, economic condition and theological background Inspire LA (Hollywood)

N. Formosa Ave., Los Angeles, CA 90046 Phone: 844-732-2344 916

https://www.inspirespiritualcommunity.org/

http://www.meetup.com/Los-Angeles-LGBT-Spirituality-Project-Service-L-A/ A Global Spiritual Community for LGBTQs, our friends, families, & allies

St. Luke's Episcopal Church (Long Beach)

E. 7th St. Long Beach, CA 98103 Phone: (562) 436-4047 525 www.stlukeslb.org

The Renewed Church of Los Angeles (Ladera Heights)

2822 W. Slauson Ave. Los Angeles, CA 90043 Phone: (310) 926-2198 Email: Info@renewedla.org http://www.renewedla.org/

All Saints (Pasedena)

132 N Euclid Ave. Pasadena, CA 91101 Phone: (626) 796-1172 Email: info@allsaints-pas.org http://www.allsaints-pas.org/

First Congressional Church of Christ (Riverside)

3504 Mission Inn Avenue, Riverside, CA 92501 Phone: (951) 684-2494 http://www.fccriverside.org/

MOSAIC (Multiple Locations)

Phone: (323) 391-2930 http://mosaic.org/locations/



FOOD SUPPORT SERVICES

For the closest food bank/pantry to you please visit: https://www.lafoodbank.org/find-food/pantry-locator/

LAUSD

Opening 60+ sites providing two grab-and-go meals for students and families from 7am to 10am. <u>https://achieve.lausd.net/site/default.aspx?PageType=3&ModuleInstanceID=57922&ViewID=ed695a1c-ef13-4546-</u> <u>b4eb-4fefcdd4f389&RenderLoc=0&FlexDataID=92547&PageID=16904&Comments=true</u>

St. Francis Center

1835 S. HOPE STREET, LOS ANGELES, CA 90015 Phone: (213) 747-5347

More information please click here: <u>https://www.stfranciscenterla.org/campaigns/family-well-being/</u> Community breakfast is served: Monday from 7:30-8 a.m., Tuesday-Friday from 7:30-9 a.m., or Saturday from 8:30 -10:00 a.m. *All Pantry Service program recipients must first register on Tuesdays between 10 a.m.-12 p.m., provide a photo ID; proof of address and fill out an application.*

Project Angel Food (Hollywood)

922 N. Vine St. Los Angeles, CA 90038 Phone: (323) 845-1800 <u>www.angelfood.org</u> Serves individuals with life-threatening illnesses only

Los Angeles LGBT Center PRIDE Pantry (Hollywood)

If you are a client of the center, please email pridepantry@lalgbtcenter.org Serves Los Angeles LGBT clients only

My Friend's Place Safe Haven Program (Hollywood)

5850 Hollywood Blvd. Los Angeles, CA 90028 Phone: (323) 908-0011

http://myfriendsplace.org/safe-haven-program/

The Safe Haven Program provides daytime shelter and basic needs services to youth living on the streets. *Covid-19 hours: M-F 9AM - 2PM*

Project NATEEN Children's Hospital Los Angeles (East Hollywood)

5000 Sunset Blvd. Los Angeles, CA 90027 Phone: (323) 361-5981 https://www.chla.org/nateen

(Please call ahead to ensure items will be available) Community hours: Wednesdays 10am-11am. HYM/Truth Participants: Please contact your researcher for more info.

Hollywood Food Coalition (West Hollywood)

Hollywood Blvd., Los Angeles, California 90028 Way In Center at the Salvation Army Hollywood Campus (between Gower and Bronson on the north side of Hollywood Blvd) Phone: (323) 462-2032 5939 <u>http://www.hofoco.org/</u> HYPERLINK <u>http://gwhfc.org/</u> Serves at 6:30pm - 8pm daily

Bienestar East Los Angeles (East Los Angeles)

Phone: (323) 727-7896 ext 105 Email: rtejeda@bienestar.org (Romina Tejeda) Director of Care Services Schedule: Tuesday 11:00 am to 2:45 pm and Thursday 12:00 pm to 1:45 pm and 3:00 pm to 4:45 pm. Food bank is closed on the 5th Tuesday and 5th Thursday of the month and Holidays. Serves individuals living with HIV or AIDS only

AIDS Food Store (Long Beach)

590 E. Willow St. Long Beach, CA 90806 Phone: (562) 676-4554 <u>http://www.aidsfoodstore.org/</u> Serves individuals living with HIV or AIDS only

Feed LA (Partnering with YMCA)

View participating YMCA's: <u>https://www.ymcala.org/feedla</u> Providing grab & go meals and groceries. Must register in advance to participate



Legal AID & Immigration

Los Angeles LGBT Center (Hollywood)

1625 Schrader Blvd Los Angeles, CA 90028 Phone: (213) 993-7670 Consultation & Referral (including immigration-related issues) Phone: 323-993-7670 \$10 processing fee is requested, though no one will be turned away for lack of funds.

Los Angeles LGBT Center (Hollywood)

Phone: 323-993-7673 Hate Crime Assistance

Los Angeles LGBT Center (Hollywood)

24-hour Crisis Intervention Hotline Phone: 212-714-1141

Los Angeles LGBT Center (Hollywood)

Asylum Assistance Phone: 323-993-7670

The Los Angeles LGBT Center's Immigration Law Project helps stabilize the lives of lesbian, gay, bisexual, and transgender people who have survived persecution in their home countries because of their LGBT identity.

Los Angeles LGBT Center (Hollywood)

Phone: 323-993-7649 Intimate Partner/Domestic Violence Services for domestic violence, sexual assault, and stalking survivors.

Los Angeles LGBT Center (Hollywood)

Transgender Services Phone: 323-993-7410 Helps transgender people file the legal documents to change their name and gender. Legal support for those who have experienced discrimination in employment and housing.

Los Angeles LGBT Center (Hollywood)

Trans Lifeline Phone: 877-565-8860 Los Angeles LGBT Center (Hollywood) Phone: 323-993-7670 Legal Assistance and Advocacy (Ages 14-24).

Legal Aid Foundation of Los Angeles (Multiple Locations)

Phone: (323) 801-7989 Apply for legal help: Call 800-399-4529 from 9:00 a.m. to 12:00 p.m. Monday – Friday Attend a LAFLA Clinic: <u>https://lafla.org/self-help/calendar/</u> Visit a LAFLA Office (Locations): <u>https://lafla.org/who-we-are/locations/</u> *Frontline law firm offering services for low-income people in Los Angeles*

Public Counsel (Wilshire Center)

Phone: (213) 385-2977 601 S Ardmore Ave Los Angeles, CA 90005 Immigration, Bankruptcy, Civil Rights and Family

Central American Resource Center (Multiple Locations)

Phone: (213) 385-7800 ext. 136 Initial Consultations (appointments only, no walk ins due to COVID)

Central American Resource Center (Los Angeles)

2845 West Seventh Street., Los Angeles, CA 90005 Phone: (213) 385-7800 ext. 136 Phone: (213) 814-5248 (hotline to schedule direct appointment for green card renewal and citizenship) Monday through Friday, 9 am to 4 pm (please do not arrive before this time)

Central American Resource Center (Van Nuys)

16501 Sherman Way, Suite 220, Van Nuys, CA 91406 Phone: (818) 616-6019 Initial Consultations (appointments only, no walk ins) Monday through Friday, 9 am to 4 pm (please do not arrive before this time) Immigration, Criminal, Domestic Violence and Family



Asian Pacific American Legal Center of Southern California (Westlake)

Phone: (888) 349-9695 1145 Wilshire Blvd, Ste 2nd Fl, Los Angeles, CA 90015 Consumer, Domestic Violence, Employment, Health, Housing, Immigration, Public Benefits

El Rescate Legal Services (Westlake)

Phone: (213) 387-3284 1605 West Olympic Blvd., Suite 516, Los Angeles, CA 90015 Immigration Initial Consultations (appointments only, no walk ins) Monday through Friday 9am-5pm

Immigration Center for Women and Children (Downtown LA)

Phone: (213) 614-1165 634 Spring Street Suite 727, Los Angeles, CA 90014 Initial Consultations (appointments only, no walk ins) Monday through Friday 9am – 5pm Criminal, Domestic Violence, Family, Immigration, Juvenile

Los Angeles Free Clinic (Beverly Grove)

Phone: (323) 653-8622 8405 Beverly Blvd., Los Angeles, CA 90048 No longer a free clinic, insurance required Bankruptcy, Dissolution of Marriage, Immigration, Juvenile, Response to Summons

AIDS Project Los Angeles, HIV & AIDS Legal Services Project (Wilshire Center)

Phone: (213) 201-1600 611 S. Kingsley Dr., Los Angeles, CA 90005 Clients must be HIV+ AIDS/HIV, Bankruptcy, Employment, Health, Housing, Immigration, Individual Rights, Public Benefits, Real Estate, Torts, Wills and Estates

California Lawyers for the Arts (West LA)

Phone: (310) 207-0001 12304 Santa Monica Blvd., Ste. 304, Los Angeles, CA 90025 Bankruptcy, Consumer, Employment, Health, Housing, Immigration, Individual Rights, Real Estate, Torts, Wills and Estates, Arts/Entertainment Issues San Fernando Valley Bar Association LRIS (Woodland Hills/Ventura) Phone: (818) 227-0490

213000 Oxnard St, Ste 205, Woodland Hills, CA 91367

AIDS/HIV, Adoption, Bankruptcy, CED, Consumer, Custody, Domestic Violence, Education, Elder Law, Employment, Health, Housing, Immigration, Individual Rights, Juvenile, Public Benefits, Real Estate, Termination of Parental Rights, Torts, Wills and Estates.



Medical Care & Testing Services

Division of Adolescent and Young Adult Medicine (East Hollywood)

Children's Hospital Los Angeles Phone: (323) 361-2112 5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027 http://www.chla.org/adolescent-and-young-adult-medicine

LA LGBT Center (Hollywood)

Phone: (323) 993-7500 McDonald/Wright Building, 1625 Schrader Blvd, Los Angeles, CA 90028 HIV/STI Testing: walk-ins Monday-Friday 11am-6pm Transgender Health Program: Monday-Friday: 8am-8pm Primary Care: Men: Monday-Friday: 8am-8pm Primary Care: Women: Monday-Friday: 8am-8pm HIV Care - Jeffrey Goodman Special Care Clinic: Monday-Friday: 8am-8pm

LA LGBT Center (West Hollywood)

Phone: (323) 957-5280 8745 California State Route 2, West Hollywood, CA 90069 APPOINTMENT ONLY!!!! 11am-2pm & 4pm 7pm Mon-Friday

Martin Luther King, Jr. Center for Public Health (Willowbrook)

Phone: (323) 568-8100 (Service/Intake) 11833 Wilmington Ave, Los Angeles, CA 90059 http://publichealth.lacounty.gov/chs/phcenters.htm STD Clinic Service/Intake: (323) 563-4112 TB Clinic Service/Intake: (323) 563-4114 Walk-in Monday-Friday 8:00am-5:00pm

OASIS Clinic at Charles R. Drew University (Willowbrook)

Phone: 424-338-2929 1807 E. 120th Street Los Angeles, CA 90059 https://www.cdrewu.edu/community/ClinicalCare/OASIS-Clinic

Contact: John Forbes at ext. 5812, or johnforbes@cdrewu.edu Hours: Monday, Wednesday and Thursday 8:00am-4:30pm; Tuesday: 8:00am-8:00pm; Friday 8:00am-1:00pm for adults; 1:00pm-4:30pm for Young Adults ages 18-24 Free rapid HIV testing and referrals to follow-up care and community resource programs **Bienestar HIV Testing (Multiple Locations)**

Phone: (323) 660-9680 **East Hollywood location** 5326 E. Beverly Blvd., Los Angeles, CA 90022 -Hollywood location 4955 W. Sunset Blvd., Los Angeles, CA 90027 Pomona location 180 E. Mission Blvd., Pomona, CA 91766 South Los Angeles location 130 W. Manchester Ave., Los Angeles, CA 90003 El Monte/AHF Clinic location 3131 Santa Anita Ave., Ste. 109, El Monte, CA 91733 Long Beach location 1464 Cherry Ave., Long Beach, CA 90813 San Fernando Valley location 8134 Van Nuys Blvd., Ste. 200, Panorama City, CA 91402 Walk-ins 10am-6:30pm Walk in, call (866) 590-6411

Planned Parenthood (Multiple Locations)

Find a health center online or call 1-800-230-7526 <u>https://www.plannedparenthood.org/</u> Offers high-quality, affordable health care (including LGBT services) to youth and young adults

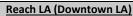
UCLA Gender Health Program (Westwood)

Phone: (310) 267-4334

E-mail: genderhealth@mednet.ucla.edu https://www.uclahealth.org/gender-health/programs-services

Gender Health Appointment Request Form: <u>https://myforms.uclahealth.org/s3/Gender-</u> <u>Health-Appointment-Request</u>

The UCLA Gender Health Program provides healthcare for children, adolescents, and adults who are transgender or gender diverse that is sensitive to everyone's individual needs.



Phone: (213) 622-1650 1400 E. Olympic Blvd. Suite 240 Los Angeles, CA 90027

http://www.reachla.org/ Serves youth and young LGBT people of color ages 16-29 For info regarding the HIV services, please email, call or text: hotline@reachla.org/(323) 835-1876

> St. John's Clinic - Transgender Health Program (Downtown LA) To make an appointment, please contact: (323) 541-1411

> > St. John's Clinic - Warnor Traynham Clinic 326 W. 23rd Street Los Angeles CA 90007

http://www.wellchild.org/transgender-health-program/

For more information about the program, please contact: Rizi Timane, ACSW, MSW, PhD. Transgender Health Program Manager (323) 541-1600 ext. 1068 Please note: in order to receive services from St. John's you will need to make them your primary care provider. If you do not have insurance, St. John's will sign you up for health insurance

St. John's Clinic - For Health Services that are not within the Transgender Health Program

To Make an Appointment at one of the clinics in Los Angeles and Compton Phone: (323) 541-1411 Monday thru Friday – 8:00 to 5pm / Saturday 7am to 3pm A Call Center Operator will assist you

AIDS Project Los Angeles (APLA) (Multiple Locations)

The main APLA Health phone number is 213.201.1600. If you are making an appointment for health care services, please locate and contact the appropriate location below. If you have general questions, please email info@apla.org or call the appropriate location below. https://aplahealth.org/locations-hours/

> AIDS Project Los Angeles (APLA) -The David Geffern Center (Wilshire Center) Phone: (213) 201-1600

611 S. Kingsley Dr., Los Angeles, CA 90005

AIDS Project Los Angeles (APLA) -Gleicher/Chen Health Center (Baldwin Hills/Crenshaw)

Phone: (323) 329-9900 After hours: (323) 329-9900 3743 S. La Brea Ave., Los Angeles, CA 90016

AIDS Project Los Angeles (APLA) -Long Beach Health Center (Long Beach)

Phone: (562) 247-7740 After hours: (562) 432-7300 1043 Elm Ave., Suite 302, Long Beach, CA 90813

UCLA Women's Health Center - The Iris Cantor (Westwood)

Phone: (310) 794-9830 Medical Plaza 100, Suite 250, Los Angeles, CA 90024 <u>http://womenshealth.ucla.edu/patients</u>

Iris Cantor Health Center Appointment Request Form:

https://myforms.uclahealth.org/s3/Iris-Cantor-Womens-Health-Center-Appointment-

<u>Request</u>

Comprehensive care to women who identify as lesbian, bisexual, and transgender. We provide primary care for transgender women in partnership with UCLA experts in transgender care, and preventive health services for gender-nonconforming people.

Common Ground - Venice Family Clinic (Venice)

Phone: (310) 314-5480 622 Rose Ave., Venice, CA 90291 http://commongroundhiv.org/our-services/

Comprehensive services for testing, prevention, treatment, and support for people living with HIV/AIDS

The Center (Long Beach)

Phone: (562) 434-4455 2017 E 4th St, Long Beach, CA 90814 Free Rapid HIV Testing and Counseling: Monday-Friday 10am-8:30pm; Saturday 10am-3:30pm STI Screening and Treatment: Tuesday & Thursday 12:00pm-2:30pm and 4:00pm-7:00pm <u>https://www.centerlb.org/testing/</u>

The Wall Las Memorias Project (Highland Park)

Phone: (323) 257-1056 5619 Monte Vista St., Los Angeles, CA 90042 http://www.thewalllasmemorias.org/programs

HIV Testing Days and Hours Monday – Friday: 10:00 AM to 5:00 PM Appointments available upon request. Closed on federal holidays. All HIV Tests are free and confidential. Programs and services at our agency are provided free of cost and are opened to all member of the community.





AIDS Project Los Angeles (APLA) - Global Healthcare/APLA Health (Mid-Wilshire)

Phone: (323) 215-1725 5901 W. Olympic Blvd., Suite 500, Los Angeles, CA 90036

AIDS Project Los Angeles (APLA) -Wilshire Dental Clinic (Wilshire)

Phone: (213) 201-1388 1127 Wilshire Blvd., Suite 1504, Los Angeles, CA 90017

AIDS Project Los Angeles (APLA) -S. Mark Taper Foundation Center Dental Clinic (Willowbrook)

Phone: (323) 564-4478 1741 E. 120th St., Los Angeles, CA 90059

APLA Health at Tarzana Treatment Center (Lancaster)

Phone: (661) 729-9070 907 W. Lancaster Blvd., Lancaster, CA 93534 Health care equity and promote well-being for the LGBT and other underserved communities and people living with and affected by HIV.

Q-Care Clinic at the UCI Family Health Center (Santa Ana)

Phone: (714) 480-3501 – By appointment only 800 N Main Street Santa Ana, CA 92701 Quality Health Care for LGBTQ Youth & Families up to age 21

A Division of Special Service For Groups (APAIT) (Multiple Locations)

http://apaitonline.org/

Serves Asian/Pacific Islander and communities of color, ages 16 and up Los Angeles Location: Phone: (213) 375-3830 3055 Wilshire Blvd. Suite #300 (3rd Floor), Los Angeles, CA 90010 Business hours: Monday-Friday, 9:30am-5:30pm Orange County Location: Phone: (714) 636-1349 12900 Garden Grove Blvd., Suite 225B, Garden Grove, CA 92843 General inquiries: e-mail info@apaitonline.org

AltaMed (Multiple Locations)

www.altamed.org

Commerce location: 5427 Whittier Blvd; Phone: (323) 869-5450 Pico Rivera location: 9414 E. Slauson Ave; Phone: (562) 949-6069 El Monte location: 10454 E. Valley Blvd; Phone: (562) 949-8717 Serves families, teens, and young adults

Desert AIDS Project - The DOCK Sexual Health Clinic (Palm Springs)

Phone: (760) 992-0492 1695 N. Sunrise Way, Palm Springs, CA 92262 http://thedockclinic.org/

https://www.desertaidsproject.org/

Hours for All Services: Monday – Friday 10AM – 6:30PM Walk-in, No Appointment Necessary or Call (760) 992-0492 for Appointment Types of services includes STD Testing & Treatment, Pre-Exposure Prophylaxis (PrEP), Post-Exposure Prophylaxis (PEP), Free HIV Oral Rapid Testing, Hepatitis C Testing

The Center (Orange County)

Phone: (714) 953-5428 x330 1605 N. Spurgeon Street Santa Ana, CA 92701 <u>http://www.lgbtcenteroc.org/</u> <u>https://www.lgbtcenteroc.org/services/</u> E-mail: <u>frontdesk@thecenteroc.org</u> Serves youth and young adults Free HIV Testing Walk-In Hours: Tuesday 10:00am – 4:30pm, 6pm – 9pm, Wednesdays 2:00pm – 6pm, Thursday 10:00am – 4:30pm, Friday

10:00am – 5:30pm

AIDS Healthcare Foundation (AHF) (Multiple Locations)

https://locations.aidshealth.org/

Free screening and treatment for STIs & HIV. Hollywood Location:

Phone: (323) 662-0492 (Call before 5:00pm) 1300 N. Vermont Ave., Suite 407 Los Angeles, CA 90027 Hours: Mon, Wed, Thur, Fri 5:30pm-9:00pm; Sat 9:30am-5:00pm

Long Beach Location:

Phone: (562) 494-4983 3500 E. Pacific Coast Hwy Long Beach, CA 90804 Hours: Mon 5:30pm-9:00pm

West Adams Location:

Phone: (323) 766-2170 2146 W. Adams Blvd., Los Angeles, CA 90018

Hours: Tues, Thu 5:30pm-9:00pm

Van Nuys Location: Phone: (818) 380-2626 4940 Van Nuys Blvd., Suite 200, Sherman Oaks, CA 91403 Hours: Wed 5:30pm-9:00pm



Mental Health Services

The National Queer and Trans Therapists of Color Network (NQTTCN)

<u>https://www.nqttcn.com/directory</u> A healing justice organization that works to transform mental health for queer and trans people of color.

Los Angeles LGBT Center (Hollywood)

Phone: (323) 993-7669 1625

N. Schrader Blvd. Los Angeles, CA 90028

https://lalgbtcenter.org/health-services/mental-health/individual-therapy

Monday through Friday: 8 a.m. to 8 p.m.; Saturday 9 a.m. to 5 p.m. Provides mental health services and support groups for LGBT and undocumented individuals.

Division of Adolescent and Young Adult Medicine at CHLA (East Hollywood)

Phone: 323-361-3189 and 323-361-7512 5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027, Suite 540 Email: jjulian@chla.usc.edu

http://www.chla.org/adolescent-and-young-adult-medicine

https://www.chla.org/the-center-transyouth-health-and-development

Developmentally appropriate, compassionate and holistic approaches to health for gender nonconforming children and trans youth (up to 25 years old).

LGBTQIA Teen Drop-in Group (Every Monday, 7-830pm) (Mid-Wilshire)

Phone: (323) 937-1344 5615 West Pico Boulevard Los Angeles, CA 90019

www.sccc-la.org

Provides one-on-one sessions for youth ages 3-18 Given recent news regarding COVID-19, we have temporarily closed Pico, Watts and Karsh locations until further notice. Intakes are performed via video conference. There is a \$20 intake session fee.

OC ACCEPT (Anaheim)

Phone: (714) 517-6100 2035 E. Ball Rd., Suite 100-C Anaheim, CA 92806 https://media.ocgov.com/gov/health/bhs/about/pi/oc_accept/default.asp

Orange County Acceptance through Compassionate Care, Empowerment, and Positive Transformation Parental consent required if under 18 Transgender Health Program at St. John's Well Child and Family Center Clinic (Downtown LA/University Park)

Phone: (323) 541-1411

326 W. 23rd Street Los Angeles CA 90007 <u>http://www.wellchild.org/transgender-health-program/</u> In order to receive care, St. John's must be designated as your primary care provider

The Center, Long Beach

Phone Intake: 562-434-4455 ext. 228 Email: <u>counseling@thecenterlb.org</u> https://www.centerlb.org/counseling/#hours

2017 E. 4th Street, Long Beach, CA 90814 Our counseling program is based on a sliding scale determined by the client's monthly income and ability to pay. The Center is unable to accept insurance for services.

AIDS Project Los Angeles (APLA) (Multiple Locations) The main APLA Health phone number is 213.201.1600. If you are making an appointment for health care services, please locate and contact the appropriate location below. If you have general questions, please email info@apla.org or call the appropriate location below. <u>https://aplahealth.org/services/counseling/</u>

https://aplahealth.org/locations-hours/

The David Geffern Center (Wilshire Center) Phone: (213) 201-1621 611 S. Kingsley Dr., Los Angeles, CA 90005 Gleicher/Chen Health Center (Baldwin Hills/Crenshaw) Phone: (323) 329-9900; After hours: (323) 329-9900 3743 S. La Brea Ave., Los Angeles, CA 90016

Long Beach Health Center (Long Beach)

Phone: (562) 432-7300

1043 Elm Ave., Suite 302, Long Beach, CA 90813

West Hollywood

Phone: (213) 201-1621 1151 N. La Brea Ave., West Hollywood, CA 90046 Appointments for West Hollywood residents, hours vary on client need



LGBTQIA Center at Airport Marina Counseling Center (Westchester)

Phone: (310) 670-1410 7891 La Tijera Boulevard, Los Angeles, CA 90045 https://www.amcshelps.com/what-we-do/

Providing free therapy for March 2021 via video. Work on a sliding scale Specializing in psychotherapy specifically geared toward the lesbian, gay, bisexual, transgender, queer, questioning, intersex and asexual population.

Gender Wellness of Los Angeles (West LA)

Phone: (310) 478-0411 Email: <u>caseymft@genwell.org</u> 11340 W. Olympic Blvd. Suite 265, Los Angeles, CA 90064

http://genwell.org/counseling-transgender-community/

Provides counseling and one-on-one, adult therapy for transgender and gender-nonconforming individuals; couples therapy; children & adolescent therapy; medical referrals; group therapy.

Los Angeles Gender Center (West LA)

Phone: (310) 475-8880 1923 Westwood Blvd Los Angeles, CA 90025 http://lagendercenter.org/offer.html

Provides an environment of support, understanding, and safety while helping people explore facets of gender and sexuality.

A Division of Special Services for Groups (APAIT) (Multiple Locations)

Los Angeles location Phone: (213) 375-3830

3055 Wilshire Blvd. Suite #300 (3rd Floor), Los Angeles, CA 90010 Mind Body Spirit Wellness: A short-term, one-on-one mental health counseling program for people identifying as lesbian, gay, bisexual, transgender, and questioning/queer (LGBTQ) experiencing acute and/or on-going mental health disorders.

Orange County location

Phone: (714) 636-1349

12900 Garden Grove Blvd, Suite 225B, Garden Grove, CA 92843 Mind Body Spirit Wellness: A one-on-one cognitive-behavioral therapy (CBT)-based, short-term or sustained therapy for HIV-positive individuals experiencing acute and/or ongoing co-occurring mental health disorders.



PrEP & PEP

IF YOU BELIEVE THAT YOU HAVE BEEN EXPOSED TO HIV, GO TO YOUR NEAREST EMERGENCY ROOM WITHIN 72 HOURS (3 DAYS) OF BEING POSSIBLY EXPOSED. ASK THEM FOR POST EXPOSURE PROPHYLAXIS (PEP).

PEP

Los Angeles LGBT Center PEP

Phone: (323)-860-5855 Monday through Friday from 11 a.m. - 6 p.m. The Los Angeles LGBT Center offers PEP. Based on your income, you may even qualify for free treatment. Note: If you believe you were exposed on Friday night or on Saturday, you should consider going to the emergency room of a hospital to access PEP.

Cedars-Sinai Medical Center Emergency Room PEP

8700 Beverly Blvd, Los Angeles, CA 90048

After normal business hours, if you think you were exposed to HIV, go immediately to the emergency room at Cedars-Sinai Medical Center to get a PEP starter pack. You do not need to call ahead before going to the emergency room. When you arrive, be sure to let the staff know that you think you might have been exposed to HIV in the last 72 hours.

Children's Hospital Los Angeles Emergency Room PEP

Phone: 323-660-2450 4650 Sunset Blvd, Los Angeles, CA 90027

Kaiser Permanente (Multiple Locations) PEP

Phone: 866-454-8855

For more information, call their Appointment and Advice line at 866-454-8855 as soon as possible after an exposure. They will help you to pick up PEP and begin taking it as prescribed. For more information on PEP locations please click here: <u>http://getprepla.com/pep/get-pep-now/</u> PrEP

Find Facilities Offering PrEP Near You: <u>https://preplocator.org/</u>

Get PrEP Los Angeles

Phone: 1 (844) YEA-PrEP www.getprepla.com/

www.getprepla.com/espanol/ (Spanish)

Email: prepinfo@ph.lacounty.gov

Provider directory, links & resources, insurance options, answers questions about PrEP and PEP.

Please PrEP Me

Phone: (415) 476-3443 <u>https://www.pleaseprepme.org/</u> Email: <u>contact@pleaseprepme.org</u> Find a PrEP provider near you.

Division of Adolescent and Young Adult Medicine at CHLA (East Hollywood)

Phone: 323-361-7231 5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027, 4th floor Email: <u>michsmith@chla.usc.edu</u> <u>http://www.chla.org/adolescent-and-young-adult-medicine</u> <u>https://www.chla.org/the-center-transyouth-health-and-development</u> Developmentally appropriate, compassionate and holistic approaches to health for gender nonconforming children and trans youth (up to 25 years old).

Tarzana Treatment Center PrEP4Lif Team (Multiple Locations)

Phone: (818) 996-1051 x2112 or 1135 Email: prep4life@tarzanatc.org Find a location here! <u>https://www.tarzanatc.org/locations/</u>

Los Angeles LGBT Center PrEP (Multiple Locations)

Los Angeles LGBT Center, McDonald/Wright Building Phone: (323) 993-7500 1625 N. Schrader Blvd., Los Angeles, CA 90028 Los Angeles LGBT Center, WeHo Phone: (323) 993-7440 8745 Santa Monica Blvd., West Hollywood, CA 90069 Book a FREE PrEP Consultation with the LA LGBT Center HERE. https://appt.prephere.org/ https://prephere.org/#tabs-wrap



Safer At Home'' Community Resources	
COVID-19 COVID-19 Free Testing Centers in Los Angeles	
https://corona-virus.la/covid-19-testing	
COVID-19 Vaccine information Hub	
https://corona-virus.la/Vaccine	
Showers & Hand-Washing Stations	
Hand washing is important prevention and here's a link to hand washing and shower & refresh spots that you can access	
https://lahsa.maps.arcgis.com/apps/View/index.html?appid=20da4ef768994b469bf0cc073047a014	
Food Assistance	
For the closest food bank/pantry to you please visit: https://www.lafoodbank.org/find-food/pantry-locator/	
<u>inteps.//www.iaroodbank.org/inte-tood/pantry-tocator/</u>	
LAUSD is opening 60+ sites providing two grab-and-go meals for students and families from 7am to 10am.	
Map of all LAUSD Campuses serving food for K12:	
https://achieve.lausd.net/site/default.aspx?PageType=3&ModuleInstanceID=57922&ViewID=ed695a1c-ef13-4546-b4eb-4fefcdd4f389&RenderLoc=0&FlexDataID=92547&PageID=16904&Comments=true	
St. Francis Center	
The center provides meal services, clothing closets, showers/bathroom services, and rental and utility assistance programs (over the phone) for homeless and low-income individuals in Los Angeles:	
https://www.stfranciscenterla.org/import-update-regarding-st-francis-center-program-modifications-and-covid-19-preparedness-plan/	
Housing	
• If you are or know of a foster youth that is staying at a college dorm room that is going to be closed due to the coronavirus, please email info@togetherwerise.org and they will provide or help you find housing during this transition. The Los Angeles Tenants Union is providing support around evictions. Find your local union at: https://latenantsunion.org/en/locals/	
during this transition. The Los Angeles renarcs onion is providing support around evictions. Find your local union at. <u>https://latenancsunion.org/en/locals/</u>	
Solidarity Network	
Hotline: (213) 986-8266 For general inquiries,	
please contact: info@latenantsunion.org For press inquiries	
please contact: press@latenantsunion.org	
Los Angeles Service Planning Areas (SPA) for Unhoused Individuals	
Service Area 1: Antelope Valley	
Desert MACC/High Desert Multi Service Ambulatory Care Center	
Phone: (661) 471-4000	
(661) 471-4420 (medical legal community partnership- works with houseless individuals)	
335 E. Avenue I, Lancaster CA 93535	



Volunteers of America LA at High Desert MACC (Coed) Phone: (661) 723-4873 45150 60th St., W. Lancaster CA 93535 Volunteers of America LA at AV Youth Build (Coed) Phone: (661) 723-4873 38636 9th St., E. Palmdale CA 93550

Service Area 2: San Fernando Valley Hope of the Valley at Pacoima Church (Coed)*** Phone: (818) 257-8521 Confidential (please call for location) The Village Family Services- TVFS TAY Drop In Center Phone: (818)755-8786 6801 Coldwater Canyon Blvd North Hollywood, CA 91606 Call center and ask to be transferred to the Drop-in Center. They serve ages 14-24 yrs. Offer housing for folks 18-24 yrs. Office hours are: M-F 9am-5pm, Sat-Sun 9am-3pm Intakes are done over the phone. After intake, they refer folks to a case manager. Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

Service Planning Area 3: San Gabriel Valley Volunteers of America LA, Pamela Park (Coed) Address: 2236 Goodall Ave., Duarte CA 91010 Volunteers of America LA at Steinmetz Community Center (Coed) Phone: (626) 442-4357 1545 S. Stimson Ave., Hacienda Heights, 91745 Volunteers of America LA at Basset Park (Women) (626) 442-4357 510 Vineland Ave. La Puente, 91746 Pacific Clinics- HOPE Youth Center Phone: (626) 337-3828 12001 Ramona Blvd Suite 1 Irwindale, CA 91706 Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

Service Area 4: Metro Weingart Association at Weingart Center (Coed) Phone: (213) 689-2152 566. S. San Pedro St., Los Angeles, 90013 Los Angeles LGBT Center 1118 N McCadden PI, Los Angeles, CA 90038 Phone: 888.255.2429 or 323.860.2280 LGBTQ YOUTH: Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services



Service Area 5: West Home at Last at Oakwood Recreational Center (Coed) Phone: (323) 861-4831 Address: 767 California Ave. Venice, 90291 Step-Up on Second Phone: (310) 394-6889 1328 2nd Street, Santa Monica, CA 90401 DANIELS serves ages 16-28 (310) 392-5855 Step-UP serves ages 25-59 You can come in to be referred to a case manager. Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

Service Area 6: South Home at Last at Athens Park (Coed) Phone: (323) 787-7241 12603 S. Broadway Los Angeles, 90047 Bryant Temple CDC at Bryant Temple Women's Shelter (Women) Phone: (323) 792-4162 2514 W. Vernon Ave., Los Angeles, 90047 Home at Last at HAL Facility (Males) Phone: (323) 305-6999 5171 S. Vermont Ave. Los Angeles, 90037 Home at Last at HAL Facility (Women) Phone: (323) 909-5913 8311 S. Western Ave., Los Angeles, 90047 Home at Last at 2nd AME Church (TAY) Phone: (323) 305-69999 5500 S. Hoover Los Angeles, 90037

Service Area 7: East Penny Lane Centers- With a Little Help From My Friends Phone: 323.353.6118- call # to set up appointment. 5628 E. Slauson Ave Commerce CA 90040 16-25 years Provide linkage to employment/housing. They have a case manager. Showers, Wash Clothes, Hot meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

> Service Area 8: South Bay Volunteers of America LA at Former Library (Coed)*** Phone: (213) 328-9928 5571 Orange Ave. Long Beach, 90805 ***Indicates the site is not a walk up and has transportation services



Undocumented Community

- Resource guide created by California Immigrant Youth Justice Alliance available at https://civia.org/covid19/
- CHIRLA (Coalition for Humane Immigrant Rights Los Angeles) has a free hotline you can call if you think you have the Coronavirus at 888-624-4752. In California, immigrants have access to emergency care regardless of immigration status. More information here: https://www.chirla.org/avada_portfolio/community-education/
- Tangible Support for Undocumented Communities during COVID-19 by the organization Immigrants Rising, you can also contact them by emailing nancy@immigrantsrising.org. There are resources on addressing fear and coping with stress, health access and guidance, connecting to free/low-cost resources, legal rights as employees, and more.

Trans and Queer Relief

- Trans/ queer relief assistance form: https://docs.google.com/forms/d/e/1FAIpQLSfO1Ws5YgKFMXKu9CSh_WUVCznssExW6bnJpom5JsP24XwCLQ/viewform
- Navigating COVID-19 and Chest Binding: Tips for respiratory health for Trans and Non-Binary people who bind their chest: https://www.instagram.com/p/B9u3L6mig8x/
- The Coronavirus: What Trans People Need to Know: Creating a Plan of action for trans folx: https://transequality.org/covid19
- Trans Lifeline: A peer support crisis hotline for trans folks, call 877-565-8860. More info here: https://www.translifeline.org/blog/post/trans-community-and-covid
- Queer Anxiety Virtual Support: Queer Healing Oasis is offering an anxiety virtual support non-clinical space to share & cope. For more info email <u>marcos.emdr@gmail.com</u> or call 818-233-1079, more info here: <u>https://www.queerhealingoasis.com/</u> *QTBIPOC are prioritized.*
- The Trevor Project: Support network specializing in crisis intervention and suicide prevention. Text START to 678678 for the 24-hour text line or call 1-866-488-7386. Connect with a Crisis Worker online through TrevorChat.

Employment Assistance

- JOB PORTAL Resource (https://jobs.lajobsportal.org/): For those whose jobs have been impacted by COVID-19, this website enables unemployed or underemployed Angelenos to find and apply to job opportunities across all industries, so they can start working right NOW.
- Please visit https://www.edd.ca.gov/about_edd/coronavirus-2019.htm for BENEFITS FOR WORKERS IMPACTED BY COVID-19 and also check out the EDD's Frequently Asked Questions: https://edd.ca.gov/about_edd/coronavirus-2019.htm for BENEFITS FOR WORKERS IMPACTED BY COVID-19 and also check out the EDD's Frequently Asked Questions: https://edd.ca.gov/about_edd/coronavirus-2019/fags.htm
- For a run-down of labor laws in California, please visit: https://www.latimes.com/business/story/2020-03-12/coronavirus-labor-law-know-your-rights-california-worker
- Paid Family Leave: Paid family leave is available for those who stay home because they need to take care of someone who has contracted the virus (Covid-19) or who has been quarantined (must be certified by a medical professional). Learn how to file a Paid Family Leave Claim using this link below (<u>https://edd.ca.gov/Disability/How to File a PFL Claim in SDI Online.htm</u>)
- Disability Benefits/Paid Sick Leave: Disability benefits /paid sick leave are available for those who have actually contracted the virus themselves or who have been exposed to it and are quarantined (must be certified by a medical professional in the case of Disability Benefits). Learn how to file a Disability Insurance Claim using the link below
 https://edd.ca.gov/Disability/How to File a DI Claim in SDI Online.htm
- Unemployment Benefits: Unemployment benefits are available to those whose hours have been reduced or who have lost their job due to coronavirus measures (and it also applies to those who choose to stay home due to underlying health issues making them more vulnerable). The Governor has waived the 1 week wait time and the person may not be required to be actively looking for work (as is usually required). Learn how to file an Unemployment Insurance CLAIM using this link https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
- SCHOOL CLOSURES: If your child's school is closed and you have to miss work to care for them. You might qualify for Unemployment Insurance benefits. Learn how to file an Unemployment Insurance Claim using the link below https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
- Workers Affected by Coronavirus Can Apply for Assistance Regardless of Immigration Status. Use this link. <u>https://www.nbclosangeles.com/news/coronavirus/workers-affected-by-covid-19-can-apply-</u> for-assistance-regardless-of-immigration-status/2332304/
- Worker's Compensation: Worker's comp is available for those who are unable to do their usual job because they were exposed to and contracted Covid-19 while in the regular course of their job (i.e. healthcare workers).



Tax Assistance

Directly from the Employment Development Department: "Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension of time from the EDD to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for extension must be received within 60 days from the original delinquent date of the payment or return. For questions, employers may call the EDD Taxpayer Assistance Center. Toll-free from the U.S. or Canada: 1-888-745-3886 Hearing impaired (TTY): 1-800-547-9565. Outside the U.S. or Canada: 1-916-464-3502. (For more information, https://edd.ca.gov/about_edd/coronavirus-2019.htm?fbclid=lwAR3vS9NqAlxiZItKT21dJSoMSvV-klMlSK2nvPGzA2v8FHeglkS4YKrLh78)

Resources Based on Type of Employment

- For resources for freelance artists, USE THIS LINK: https://www.freelanceartistresource.com/?fbclid=lwAR2h6cN5HPapOjYZoLocJ7ydEEx34_0Hy_Bp2K_jblFmSKUQ1uNM3j1X3Cs%2F
- For resources for bartenders, USE THIS LINK: <u>https://www.usbgfoundation.org/beap?fbclid=IwAR3dQIMeJsntGhpWvUi3rWUnkHWQCIL97gG9yqQdG9degTQ_Yxr6YkCqL7I</u>
- For resources for musicians, USE THIS LINK: https://www.americansforthearts.org/by-topic/disaster-preparedness/coronavirus-covid-19-resource-and-response-center
- For resources for tipped workers/service workers, USE THIS LINK: <u>https://ofwemergencyfund.org/help</u>
- For resources for restaurant workers, USE THIS LINK: <u>https://www.restaurantworkerscf.org/news/2020/3/15/restaurant-workers-community-foundation-announces-the-formation-of-restaurant-workers-covid19-crisis-relief-fund</u>
- For resources for street vendors, USE THIS LINK: https://www.inclusiveaction.org/covid19response
- For resources for artists, USE THIS LINK: <u>https://www.sidestreet.org/artist-resources</u> Also, see below:
- The Soze Foundation is giving \$250 grants to artists and activists whose work has been impacted by COVID19. Fill out the app here: https://www.wearesoze.com/relief-fund
- artEquity is giving \$200 per person, for BIPOC (Black, Indigenous, People of Color) pursuing careers as artists or arts administrators whose income has been directly impacted by the COVID-19 pandemic. https://docs.google.com/forms/d/e/1FAIpQLSfv4AazvLFVUNAgXoxqBqfZ7jJVkrMroa-CET6Vt6XygR-CaQ/viewform?fbzx=-3551299570220847832

Student Relief

- <u>https://www.studentrelieffund.org/for-students</u>
- https://hope4college.com/wp-content/uploads/2020/03/BTFP_SupportingStudentsDuringCOVID19_v2_Final.pdf

Meditation

https://www.headspace.com/covid-19



Social Support & Meet Up Groups

APAIT - TOOLBOX

Phone: Jaden Fields (231) 375-3830 x1848 3055 Wilshire BI #300 Los Angeles, CA, 90010 Email: Jaden Fields jadenf@apaitonline.org Meets: 2nd and 4th Thursdays from 6PM-8PM A space where folks who identify along the spectrum of trans masculinity can come together to share and learn from each other, as well as support one another.

APAIT - VIBE

Phone: Jeffrey Liang (231) 375-3830 x1819 3055 Wilshire Bl #300 Los Angeles, CA, 90010 Email: Jeffrey Liang jeffreyl@apaitonline.org Request an event schedule today! Social support group for gay, queer, bisexual, and questioning Asian, Pacific Islander, and Latinx men, ages 18-29.

APAIT - VIBE+

Phone: Daniel Nguyen (231) 375-3830 x1810 3055 Wilshire Bl #300 Los Angeles, CA, 90010 Email: Daniel Nguyen danieln@apaitonline.org Request an event schedule today! Social support group for gay, queer, bisexual, and questioning Asian, Pacific Islander, and Latinx men who are living with HIV/AIDS, ages 18-29.

APAIT - G-SPOT

3055 Wilshire Bl #300 Los Angeles, CA, 90010 _Reserve your "ticket" on eventbrite here: https://www.eventbrite.com/o/apait-17630070626 • \$20 incentive • Refreshments and snacks provided • Free safer sex supplies G-Spot is a sex and pleasure-based workshop that supports young (Ages 18-29) gay, bisexual, and queer maleidentified people of color who seek to learn more about pleasure. Created through a sex positive lens, this workshop is intended to support participants in exploring what gives them and their partners' pleasure, while navigating conversations around consent and boundaries.

APLA Health & Wellness - R3VNG Program

Phone: (323) 329-9900 Email: Dontá Morrison at dmorrison@apla.org. 3743 S. La Brea Ave. Los Angeles, CA 90017 Facebook: /R3VNG Instagram: @R3VNG; Twitter: @R3VNG Serves Black & Latino MSM, ages 18-24. Reshaping 3 Letters through the Voice of the Now Generation. The LA LGBT Center - Men's Speakeasy Great conversation for gay and bisexual men

Phone: (323) 860-2280 1220 N. Highland Ave. Los Angeles, CA 90038 https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social Meets: Tuesdays, 8 p.m. to 9:30 p.m.

The LA LGBT Center - Bi-Osphere Phone: (323) 993-7400 1125 N. McCadden Place, Los Angeles, CA 90038

https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social

Meets: Every Monday, 8 p.m. to 9:30 p.m. Explore and discuss the many shades of today's diverse bisexual community.

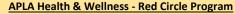
The LA LGBT Center - Hablemos!

553 S. Clarence St., Los Angeles, CA 90033 <u>https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social</u> Latino/Latinx conversation group. Meets: Every 2nd and 4th Tuesday, 7 to 8:30 p.m.

The Center, Long Beach- Mentoring Youth Through Empowerment (MYTE)

For youth ages 13-19 Contact: Joel Gemino - jgemino@centerlb.org / Phone: 562-434-4455 ext.227 Drop in hours: Monday-Friday, 3:00p.m.-7:00p.m. https://www.centerlb.org/youth-services/

Mentoring Youth Through Empowerment provides LGBTQ youth and allies with a safe and affirming space in which they can build community, learn essential life skills, and engage in cultural activities with peers and adult mentors.



Phone: (323) 329-9900

3743 S. La Brea Ave. Los Angeles, CA 90017 facebook.com/redcircleproject

The Red Circle Project is the only HIV prevention program in Los Angeles County that specifically provides services to the Native American /Alaska Native Community.

Bienestar - Support Groups for Gay & Bisexual Men, Transgender Women, LGBTQ Youth, People Living with

HIV/AIDS, Substance Use, and Spanish-Speaking LGBTQ People

Phone: Hollywood (323) 660-9680 Phone: Long Beach (562) 591-519 Phone: East LA (323) 727-7897 Phone: Pomona (909) 397-7660 http://www.bienestar.org/support-groups/

Division of Adolescent and Young Adult Medicine Children's Hospital Los Angeles

Phone: (323) 361-2112 5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027 <u>http://www.chla.org/adolescent-and-young-adult-medicine</u> Serves children, youth, and families.

Q-Tips: New Drop-in Group for Gay, Bisexual, Queer/Transgender Male Identified Youth (Ages 14-17). Participants connect with their community, share goals and values with their peers and have fun along the

- way.
 Snacks and a light meal are provided to all participants.
- The group meets every second and fourth Friday of the month, from 3 to 6 p.m. at 5000 Sunset Blvd. (4th Floor).
- To join contact Jesse Medina at (323) 361-3283 or jesmedina@chla.usc.edu

• G-Spot: A Sex and Pleasure-Based Workshop for Young Gay, Bisexual, Queer Male-Identified POC Refreshments and snacks provided. Receive a \$20 incentive for participating. Free safe sex supplies. The group meets every second Wednesday of the month, from 4 to 6 p.m. at 5000 Sunset Blvd. (4th Floor). For more information, contact Adrian Gonzales at (323) 361-3966 or admgonzales@chla.usc.edu

Trans-verse

Contact our youth services department at <u>youth@centerlb.org</u> Every Tuesday 7:00-8:30pm

Transverse is a weekly, peer-led group for people ages 16-24 who identify as trans, non-binary, two-spirit, and/or another identity under the trans umbrella. Week-to-week meetings include discussions, socializing, and planned programming.

The Center, Long Beach - 20 Somethings

Contact: Mariel Fiedler– mfiedler@centerlb.org / 562-434-4455 ext.225 Weekly Meeting Time: Wednesdays, 7:00p.m.-9:00p.m. https://www.centerlb.org/youth-services/

For individuals ages 18-30

The group discusses weekly topics; hosts open conversation; and organizes regular teambuilding activities. The Wall Las Memorias Project - Men's Connection (Multiple Locations) Services offered under the Men's Connection program include HIV/AIDS prevention, substance abuse counseling, and safe sex practice counseling. Connecting culture, faith, health, and wellness, the Men's Connection program offers MSM men of all ages the resources needed to live healthy balanced lives.

Men's Connection Services Include: Free Raid & Confidential HIV Testing; Men's Group (Highland Park); Men's Talk (Downtown LA); POZ Power Group (Highland Park); Linkage to Care; Health Resources (PrEP/PEP); Community Engagement; Peer Counseling To GET CONNECTED to the services listed above, contact The Wall-Las Memorias Project staff at (323) 257-1056 ext. 30 or via email at <u>david.solorio@twlmp.org</u>

SoCal Club LA - Safe Space Mondays

Phone: 323-905-5675 8601 S. Broadway, Los Angeles, CA 90003 Every Monday is Free Space to hang out and enjoy free snacks, beverages, games and music! <u>https://socalclubla.org/</u> Mondays 12:30pm-7:30pm

Pasadena Pride Center - Rainbow Connections Youth Group

Phone: (626) 578-5772

http://www.pridepasadena.org/ 1443 E Washington Blvd. Pasadena, CA 91104 Youth and allies ages 12-18 who live in the San Gabriel Valley

OC ACCEPT - Orange County Acceptance through Compassionate Care, Empowerment,

and Positive Transformation

Phone: (714) 517-6100 https://media.ocgov.com/gov/health/bhs/about/pi/oc_accept/default.asp

2035 E. Ball Rd., Suite 100-C. Anaheim, CA 92806 Parental consent required if under 18. **The Center OC - Rainbow Youth Groups** Phone: (714) 953-5428 x330

http://www.lgbtcenteroc.org/

1605 N. Spurgeon Street Santa Ana, CA 92701





The Los Angeles LGBT Center

Phone: 323-860-7373

The Village at Ed Gould Plaza 1125 N. McCadden Pl. Los Angeles, CA 90038

lifeworks@lalgbtcenter.org

NEW MEMBER ORIENTATION: Monday–Friday 3 p.m.- 5 p.m.
Before you engage in programming, please drop by the space to meet a staff member to learn more.
Scheduled New Member Orientations also available; please contact LifeWorks directly.
LifeWorks Members DROP-IN SPACE

Monday–Friday 3–4 p.m.

Free access to computers and on-site staff is available to any questions regarding LifeWorks programs and contact

LifeWorks Youth Development and Mentoring Program LifeWorks offers programs and activities for lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ+) youth ages 24 and under at the Los Angeles LGBT Center. After hours: (323) 329-9900

3743 S. La Brea Ave., Los Angeles, CA 90016

Latino+ Support Group – APAIT

3055 Wilshire Blvd, STE 300, Los Angeles, CA 90010 Please call Gabriel Reyes at (213) 553-1845 or email her for more information. <u>gabrielr@apaitonline.org</u>

A social support group for Spanish-speaking HIV-positive individuals. This group meets every second Saturday at 12PM.

Pinoy Plus Support Group - APAIT

3055 Wilshire Blvd, STE 300, Los Angeles, CA 90010 Please call Jury Candelario at (213)375-3830 or email <u>icandelario@apaitonline.org</u> for more information. A social support group for Tagalog-speaking HIV-positive individuals. This group meets monthly on Saturday afternoon. A light lunch is provided.

PROJECT RECLAIM – APAIT

please contact: Riley Vo, Service Navigator, at <u>rileyv@apaitonline.org</u> or call (714) 636-1349 ext. 209 Fax 714-823-4527

RECLAIM is an evidence-based group/individual intervention program for 18 and older clients. Through this intervention, the participants are provided with a safe space to learn and openly discuss their traumatic experiences and past or current experience with substance use. The intended result is that those participants will graduate the program with increased awareness about their life experiences and the relation to their substance use. In summary: • For adults 18 years old and older • Participants self-identified as MSM/Gay or Transgender • This service is offered at APAIT and can be offered at your site & other locations convenient for participants.

Youth and allies ages 13-18. Healing Arts at Spy (Safe Plays for Youth)

SPY works with youth ages 12-25 who are experiencing or at risk of homelessness. Drop-In Center at 2469 Lincoln Blvd, Venice, CA 90291

Tuesdays, Wednesdays and Thursdays between 1:00 - 5:00 pm, or Monday and Friday by appointment

http://www.safeplaceforyouth.org/healing_arts

The Healing Arts Program at SPY gives youth a safe environment for creative expression. Homeless youth come from a wide variety of traumatic backgrounds, and when given the chance to create art and express themselves in a safe, supported and judgement-free space, they have the opportunity to heal from trauma they may be carrying with them.

Mindfulness Meditation & Support Group – Center for Sexuality & Gender Diversity

Contact us at 661-843-7995, 661-404-5209 or <u>info@thecenterbak.org</u> Facebook group page: <u>www.facebook.com/groups/1854932178115415</u> *Who: LGBTQ+ individuals and allies, Aged 18+.*

Where: The Center

When: Sundays at noon Cost: Free (Donations Welcome) Description: This free class includes spiritual readings, guided meditation, silence, followed by Metta. Improve your mental and physical well-being, slow down, and relax: your life depends on it.

20 Somethings

Contact Antonio at (562) 434-4455 ext. 225

Every Wednesday 7:00-9:00pm

20 Somethings is The LGBTQ Center of Long Beach's weekly social and support group for LGBTQ+ identified folks and their allies who are in and around their 20s. The group discusses weekly topics; hosts open conversation; and organizes regular team-building activities. Outside of the meeting space, the Center organizes seasonal event calendars for the 20 Somethings group, which includes outings and local activities.

PolyGathering Long Beach Monthly Discussion Group

Contact Chai at chai.benson@gmail.com Every 3rd Saturday 2:00-4:00pm

The group welcomes a wide range of people who are in open relationships or identify as polyamorous. We are a queer-centered group that prioritizes relationship accountability, emotional responsibility, and providing fair access. If you're curious about this lifestyle or have questions about your current relationship, this is a great opportunity to meet likeminded folks. Many are available for advice, support and just plain fun. The group is, first and foremost, inclusive of communities of color, disabled, and LGBTQ persons. We welcome you, solo or with your loved ones, and look forward to seeing the familiar faces that build this loving community.



Sober Gender Non-Conformists

Contact Brody at (845) 709-3202 Every Thursday 6:30-7:30pm An open AA meeting, focusing on the trans and gender nonconforming community.

<u>Men's Rap</u>

Contact Ish at (562) 434-4455 ext. 230 Every Thursday 7:30-8:30pm

An informal discussion group where ideas are exchanged on a variety of issues pertinent to gay men and the LGBT community at large. Men's Rap exists as a space for men to share and discuss personal experiences and provide an alternative place for gay men to meet and make friends. Men's rap is open to gay, bisexual, and transgender men of all ages.

Coming Out Support

Contact Denise at (626) 221-6686 Every Friday (Except the 4th Friday of the month) 7:00-9:00pm Join Coming Out Support on Fridays for a safe, welcoming, and supportive environment. This group is open to anyone in any stage of the coming out process. Topics include emotional support, building self-esteem, recognizing internalized homophobia, escaping the "double life," coming out to loved ones, exploring cultural taboos, morality, and religion, forming meaningful relationships, developing your "gaydar," celebrating intimacy, and understanding community diversity.

Haweya

Contact Hannah at 949-771-6321 for more information. Every 1st Saturday 12:00-2:00pm

Haweya is a social group that welcomes Middle Easterns and other ethnicities and races who share similar cultural background including East Africans, South Asians, Armenians,

and others. We welcome friends and allies from all backgrounds ages 18+ who are lesbian, gay, bisexual, trans, queer, as well as those questioning their sexual orientation or gender identity/expression and straight allies. Haweya focuses on providing support to LGBTQ+ Middle Eastern+ people and fostering a sense of community amongst them and their allies. Our discussion topics will range from spirituality to sex, relationships to health and more.

Trans Support Group Via Zoom

Time: 7:00 pm - 9:00 pm

Location: Online / The DC Center Due to COVID-19, we are all meeting remotely via Zoom. Join Zoom Meeting <u>https://zoom.us/i/905643697</u> For security reasons we now require a password to enter the online meeting. Send us a quick email and we will provide you with the password : supportdesk@thedccenter.org



🧉 🔮 Substance Use / Needle Exchange

APLA Health & Wellness (Baldwin Hills)

Phone: (323) 552-9076 (call for more info or to register for the next group) 3743 South La Brea Ave, Los Angeles, CA 90016 https://aplahealth.org/services/d-i-c-e-lives/ Drug Intervention Creating Exceptional (D.I.C.E) Lives

2-day program that deals with the real issues young Latino and black men face day to day. Participants discuss their personal feelings and how they play a part in the decisions and choices they make. Participants will also discuss substance use, abuse, and STI prevention, among other topics. *Incentives available*

Homeboy Industries (Chinatown)

_Phone: (323) 526-1254 130 W. Bruno St. Los Angeles CA 90012 Hours: Mon - Fri: 9 am - 5 pm https://www.homeboyindustries.org/what-we-do/mental-health/

Trainees receive free mental health, substance abuse and psychiatric counseling, Trainees and community members attend support groups, One-on-one substance abuse counseling and random drug testing is conducted on-site.

Division of Adolescent and Young Adult Medicine at CHLA (East Hollywood)

Phone: 323-361-2463 5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027, 7th floor Email: jjulian@chla.usc.edu <u>http://www.chla.org/adolescent-and-young-adult-medicine</u> https://www.chla.org/the-center-transyouth-health-and-development

Developmentally appropriate, compassionate and holistic approaches to health for gender nonconforming children

and trans youth (up to 25 years old).

Homeless Healthcare LA Center for Harm Reduction (Downtown LA) Phone: (213) 617-8408

512 East 4th St. Los Angeles, CA 90013

Hours: Monday - Friday: 8:30 am - 10:30 am, 12:00 pm - 2:00 pm; Saturday - Sunday: 8:30 am - 12:00 pm Needle exchange and naloxone distribution, Integrated treatment and prevention plans, disease management for injection drug users.

Los Angeles LGBT Center Addiction Recovery Services (Hollywood)

https://lalgbtcenter.org/health-services/addiction-recovery-services In addition to one-on-one therapy and therapy groups—all facilitated by professional substance abuse counselors in confidential sessions—the Los Angeles LGBT Center is home to a wide variety of 12-step group meetings. We also host a number of drug and alcohol-free events and groups throughout the year. *All groups are held at The Village 1123 N. McCadden Place Alcoholics Anonymous It's Come to This: Mondays, 6:15pm-7:15pm Happy Hour: Tuesday-Friday, 6:15pm-7:15pm Women: Wednesdays, 8:45pm-9:45pm Al-Anon (Friends and Families of Problem Drinkers) Thursdays, 7:30pm-8:30pm (Canceled November 22, 2018) Crystal Meth Anonymous (CMA) Let Go and Let God: Saturdays, 9:15am-10:15am **Co-Dependents Anonymous (CODA)** Tuesdays, 8:00pm-9:00pm LFK (Leather, Fetish, and Kink) in Sobriety CMA Meeting Fridays, 8:00pm-9:00pm (Canceled November 23, 2018) Marijuana Anonymous Wednesdays, 7:30pm-8:30pm Narcotics Anonymous (NA) Heartbeat of Recovery Mondays, 7:30pm-8:30pm **Overeater's Anonymous for Women (OA)** Thursdays, 7:30pm-8:30pm Sex & Love Addicts Anonymous Thursdays, 6:15pm-7:15pm (Canceled November 22, 2018) Sexual Compulsives Anonymous Mondays, 8:45pm-9:45pm Wednesdays, 7:30pm-8:30pm Saturdays, 10:30am-11:30am Underearners Anonymous (UA) Artist in Prosperity Tuesdays, 6:15pm-7:15pm



His Sheltering Arms (South LA)

Phone: (323) 755-6646 11101 S. Main St. Los Angeles CA 90061 Hours: 10 am - 3 pm every weekday http://www.hisarmsinc.com/

Inpatient treatment for women: substance abuse, mental health counseling, trauma classes, parenting classes and anger management. Domestic violence counseling and individual counseling w/ sliding scale pricing.

House of Uhuru (South LA)

Phone: (323) 568-5400 8005 S. Figueroa St. Los Angeles CA 90003 Hours: Mon - Fri: 8 am - 5 pm Substance abuse treatment program counseling, psychotherapy, medical care and parenting classes (English).

Southern California Alcohol & Drug Programs, Inc. (SCADP) (Downey)

Phone: (562) 923-4545 11500 Paramount Blvd. Downey, CA 90241 http://www.scadpinc.org

Prevention and treatment of substance abuse and related problems among underserved and disadvantaged populations. *Free for those with Medi-Cal*

Safe Refuge (Formerly Known as Substance Abuse Foundation of Long Beach)

Phone: (562) 987-5722 3125 E.7th. St. Long Beach CA 90804 Hours: Monday-Friday 7am-5pm asaferefuge.org/

The Integrated Services to Avert Risk (iSTAR) Project provides 16 weeks of Page 66 cultural and gender-responsive, family centered and trauma-informed substance abuse treatment, HIV risk-reduction interventions and services, trauma-informed mental health services and HIV/STI/viral hepatitis counseling, testing and case management services with linkages to care and treatment.

Bienestar Substance Use Programs & Needle Exchange (Multiple Locations)

Phone: (866) 590-6411 (Call to schedule an appointment for the substance use programs) http://www.bienestar.org/substance-use/

East Los Angeles (5326 E. Beverly Blvd. Los Angeles, CA 90022) Needle Exchange Program Hours: Monday - Friday 10:00 am - 2:00 pm; 4:00 pm - 7:00 pm Walk in or call for more info (866) 590-6411 ext. 139 <u>http://www.bienestar.org/syringe-exchange/</u> South Los Angeles (130 W. Manchester Ave.Los Angeles, CA 90003) San Fernando Valley (8134 Van Nuys Blvd., Ste. 200 Panorama City, CA 91402)

(Multiple Locations) Phone: (323) 541-1600 ext. 1104/3306 (Mario Moreno, Case Manager)

http://www.wellchild.org/

St. John's Well Child and Family Center (SJWCFC) Substance Abuse Counseling

South Los Angeles location South Los Angeles 808 W. 58th Street Los Angeles, CA 90037 Tuesday - Friday: 8:30 am - 5:00 pm

Compton location

2115 North Wilmington Avenue Compton, CA 90222 Wednesdays from 10 am - 11 am Outpatient program, individual counseling sessions, crisis intervention treatment planning, assessments, non-mandatory UA testing, support groups, smoking cessation services, referrals to outside treatment facilities.

Tarzana Treatment Centers (Multiple Locations)

Phone: (888) 777-8565

http://www.tarzanatc.org/contact-us

Email: treatment@tarzanatc.org Long Beach Locations:

5190 Atlantic Ave. Long Beach, CA 90805 2101 Magnolia Ave. Long Beach, CA 90805

Other Locations in Lancaster, Northridge, Palmdale, Reseda, and Tarzana Alcohol & drug treatment team available 24 hours/day, 7 days/week for clinical assessment or immediate admission.

Greater Los Angeles Area of Narcotics Anonymous (Multiple Locations)

Local 24-Hour Helpline: (323) 933-5395 http://greaterlosangelesna.org/

Find a meeting near you: <u>http://greaterlosangelesna.org/meetings/</u> NA members learn from one another how to live drug free and recover from the effects of addiction in their lives.

Los Angeles Alcoholics Anonymous (Multiple Locations)

Phone: English (323) 936-4343, Spanish (323) 750-2039; Hearing Impaired/TDD (800) 735-2922

www.aa.org or www.lacoaa.org

Find a meeting near you: <u>https://lacoaa.org/find-a-meeting /</u>

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.



Schedule of Street-Based Syringe Exchange Sites:

Coastal Recovery Center Monday 10:00am – 12:00pm 117 E Harry Bridges Blvd., Wilmington, CA 90744 Highland Park Monday 3:30pm – 5:00pm 6740 N. Marmion Way, Los Angeles, CA 90042 El Pueblo de Los Angeles Wednesday 4:00pm – 6:00pm 527 N. Spring Street, Los Angeles, CA 90012 Lincoln Heights Thursday 3:30pm – 5:00pm 2762 Alhambra Ave, Los Angeles, CA 90031

Los Angeles District of Crystal Meth Anonymous (Multiple Locations)

Phone: (855) 638-4373, District Helpline 1 (877) CMA-NOW1 https://www.cmainla.com/ Find a meeting near you: https://www.cmainla.com/meetings/la-district-cma-meeting-

directory/search.html/?sparam=in

A fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth.

Los Angeles Community Health Project Needle Exchange (Multiple Locations)

Phone: (213) 568-3542 <u>http://chpla.org/schedule/</u> Email: <u>info@chpla.org</u>

Needle exchange, outreach, overdose prevention education & Naloxone distribution, assistance getting healthcare, Hepatitis C testing, training and education materials.



⁸ Suicide Prevention & Support

National Suicide Prevention Lifeline

Call 800-273-TALK (8255). TTY: 1-800-799-4889. Spanish: 1-888-628-9454 Online chat and other information: Go to <u>www.suicidepreventionlifeline.org</u>

Trevor Project Provides suicide prevention and crisis intervention services to lesbian, gay, bisexual,

transgender, and questioning (LGBTQ) young people Trevor Lifeline: Call 1-866-488-7386 TrevorText: Text START to 678678 TrevorChat and other information: Go to <u>www.thetrevorproject.org/Help</u> TrevorSpace: a safe space social networking site at <u>www.TrevorSpace.org</u>

Trans Lifeline

Trans Lifeline is a national trans-led 501(c)(3) organization dedicated to improving the quality of trans lives by responding to the critical needs of our community with direct service, material support, advocacy, and education. Fighting the epidemic of trans suicide and improving overall life-outcomes of trans people the Trans Lifeline facilitates justice-oriented, collective community aid. Their peer support hotline is run by and for trans people. The line is available daily from 7 a.m.–1 a.m. PST / 9 a.m.–3 a.m. CST / 10 a.m.–4 a.m. EST. Volunteers may be available during off hours. Call 877-565-8860 to speak to someone now. Other information: http://www.translifeline.org

#Chatsafe: A Young Person's Guide for Communicating Safely Online About Suicide

https://www.orygen.org.au/Training/Resources/Self-harm-and-suicide-prevention/Guidelines/chatsafe-A-youngperson-s-guide-for-communicatin/ChatsafeUS_guidelines_Orygen

The #chatsafe guidelines have been developed in partnership with young people to provide support to those who might be responding to suicide-related content posted by others or for those who might want to share their own feelings and experiences with suicidal thoughts, feelings, or behaviors

Reducing Loneliness and Social Isolation among Older Adults -

https://www.sprc.org/resources-programs/reducing-loneliness-social-isolation-among-older-adults This sheet by the Suicide Prevention Resource Center (SPRC) provides information on the risk factors for and impact of loneliness and social isolation on older adults, tools to identify loneliness in older adults, and interventions and resources to reduce loneliness and isolation.