## COMMUNITY RESOURCES & REFERRALS GUIDE FOR [HYM AND TRUTH PARTICIPANTS]

### Domestic Violence Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Details</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| **LA LGBT Center (Hollywood)**  | 323-993-7649  
Email: dvlap@lalgbc.org  
[https://lalgbc.org/social-service-and-housing/content/domestic-violence-services](https://lalgbc.org/social-service-and-housing/content/domestic-violence-services) | If this is an emergency, call 911! For non-legal related services, call our STOP Domestic Violence Project at 323-860-5806 or send an email to domesticviolence@lalgbc.org. |
| **Legal Services Domestic Violence Project** | 1625 Schrader Blvd. Los Angeles, CA 90028  
323-993-7649 | Los Angeles LGBT Center’s counseling services for survivors of domestic violence, our LGBT-domestic violence specialists, advocates and attorneys offer services for domestic violence, sexual assault, and stalking survivors. |
| **National domestic violence hotline** | 888-799-7233 | Survivor groups; Crisis counseling and safety planning; Court-approved batterer intervention; Short-term and ongoing individual mental health services; Partner abuse prevention groups and workshops; Referral to LGBT-sensitive shelters; Prevention services for those at risk; LGBT-specific and LGBT-sensitive legal services; Advocacy with law enforcement and criminal justice agencies, service providers and others; LGBT domestic violence training, education, and consultation; Preparing temporary restraining orders; Legal representation in certain cases. |
| **Peace Over Violence (Westlake)** | 1015 Wilshire Boulevard, Suite 200 Los Angeles, CA 90017  
(213)-955-9090 (to request a case manager)  
24-hour hotline: (310)-392-8381  
[https://www.peaceoverviolence.org/one-on-one/](https://www.peaceoverviolence.org/one-on-one/) | Programs offered include one on one intervention in sexual assaults, domestic abuse, youth violence and child abuse in addition to specialized services reaching underserved groups like Latinas, Deaf, Disabled, Elder, LGBTQ, and Youth. |
<table>
<thead>
<tr>
<th><strong>Drop-In &amp; Housing Services</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Spy (Safe Place for Youth) Ages 12-25 (Venice)</strong></td>
</tr>
<tr>
<td>Phone: (310) 902-2283</td>
</tr>
<tr>
<td>469 Lincoln Blvd, Venice, CA 90291</td>
</tr>
<tr>
<td>Tuesdays, Wednesdays, and Thursdays from 1:00pm-5:00pm Mondays and Fridays by appointment. Drop-in center offering a variety of services to youth who are experiencing or at risk of homelessness.</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Common Ground (Venice) (HIV+ individuals only)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>622 Rose Ave., Venice, CA 90291</td>
</tr>
<tr>
<td>Phone: (310) 314-5480</td>
</tr>
<tr>
<td><em>Ask to speak to a case manager <a href="http://commongroundhiv.org/">http://commongroundhiv.org/</a></em></td>
</tr>
<tr>
<td>Connect HIV+ people to appropriate housing, whether it’s residential drug treatment, an emergency transition or permanent housing.</td>
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<table>
<thead>
<tr>
<th><strong>Daniel’s Place Ages 16-25 (Santa Monica)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1619 Santa Monica Blvd Santa Monica, CA 90404</td>
</tr>
<tr>
<td>Phone: (310) 392-5855</td>
</tr>
<tr>
<td>Monday – Friday 10:00 am to 7:00 pm Saturday 9:30 am to 6:00 pm</td>
</tr>
<tr>
<td>A supportive community fostering services to youth experiencing homelessness</td>
</tr>
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<thead>
<tr>
<th><strong>Home At Last (South Los Angeles)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>7913 S. Western Avenue, Los Angeles, CA 90047</td>
</tr>
<tr>
<td>Phone: (310) 750-7177</td>
</tr>
<tr>
<td>Email: <a href="mailto:info@homeatlast.co">info@homeatlast.co</a> <a href="http://www.homeatlast.co/#service">http://www.homeatlast.co/#service</a></td>
</tr>
<tr>
<td>We provide emergency shelter, services, assistance and information to individuals who live and/or work in South Los Angeles.</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Good Seed Shelter (Park Mesa Heights)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>2814 W. Martin Luther King Blvd Los Angeles, CA 90008 Phone: (323) 758-5433</td>
</tr>
<tr>
<td>Email: <a href="mailto:MAIL@GOODSEEDCDC.ORG">MAIL@GOODSEEDCDC.ORG</a> <a href="https://www.goodseedcdc.org/what-we-do.html">https://www.goodseedcdc.org/what-we-do.html</a></td>
</tr>
<tr>
<td>Good Seed creates an environment where youth, ages 18-25, can thrive and grow to achieve their full potential. We provide supportive, nurturing, specialized care for homeless young people in California through supportive housing, job training, comprehensive services, and individual planning.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Homeless Shelter Directory (Multiple Locations)</strong></th>
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</thead>
<tbody>
<tr>
<td><a href="https://www.homelesshelterdirectory.org/cgi-bin/id/city.cgi?city=Los%20Angeles&amp;state=CA">https://www.homelesshelterdirectory.org/cgi-bin/id/city.cgi?city=Los%20Angeles&amp;state=CA</a></td>
</tr>
<tr>
<td>All of the homeless shelters and services that provide help to those in need for Los Angeles, CA and surrounding cities.</td>
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<table>
<thead>
<tr>
<th><strong>My Friend’s Place Ages 12-25 (Hollywood)</strong></th>
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<tbody>
<tr>
<td>5850 Hollywood Blvd. Los Angeles, CA 90028</td>
</tr>
<tr>
<td>(323) 908-0011</td>
</tr>
<tr>
<td>Drop-in center for homeless youth</td>
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<thead>
<tr>
<th><strong>LA LGBT Center: Youth Center on Highland Ages 12-24 (Hollywood)</strong></th>
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<tbody>
<tr>
<td>1220 Highland Ave, Los Angeles, CA 90038</td>
</tr>
<tr>
<td>(323) 860-2280</td>
</tr>
<tr>
<td>Serves homeless LGBTQ individuals with services and transitional housing</td>
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<thead>
<tr>
<th><strong>Covenant House Ages 18-24 (Hollywood)</strong></th>
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</thead>
<tbody>
<tr>
<td>1325 N. Western Ave Hollywood, CA 90027</td>
</tr>
<tr>
<td>Hotline: (800) 999-9999</td>
</tr>
<tr>
<td>Phone: (323) 461-3131 - call then ask to be transferred to an outreach worker to do assessment and then an appointment is given. You can also go to website and online add name to waiting list.</td>
</tr>
<tr>
<td>Transitional shelter for youth. Serves homeless and at-risk youth.</td>
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<thead>
<tr>
<th><strong>PATH: People Assisting the Homeless (Hollywood)</strong></th>
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<tbody>
<tr>
<td>40 N. Madison Ave Los Angeles, CA 90004</td>
</tr>
<tr>
<td>Phone: (323) 644-2200 3</td>
</tr>
<tr>
<td>Email: <a href="mailto:path@epath.org">path@epath.org</a> <a href="http://www.epath.org">www.epath.org</a></td>
</tr>
<tr>
<td>Housing navigation services, interim housing, rapid re-housing, and permanent supportive housing for individuals and families.</td>
</tr>
</tbody>
</table>
### Jovenes Ages 18-24 (Multiple locations)

**Phone:** (323) 260-8035  
1208 Pleasant Ave, Los Angeles, CA 90033  
E-mail [help@jovenesinc.org](mailto:help@jovenesinc.org) (with your name, age, neighborhood, and contact information)  
http://www.jovenesinc.org/

*Provides different types of housing solutions to homeless youth which allow them to recover from trauma*

### The Center: Case Management for Transitional Age Youth Ages 18-25 (Long Beach)

**Phone:** (562) 570-4500  
Email: mfiedler@centerlb.org TAY  
1301 West 12th St. Long Beach, CA 90814  
[http://www.centerlb.org](http://www.centerlb.org)

*Drop-in Hours: Tues 11AM-1PM | Thurs 7PM-9PM | Sat 10AM-12PM*

*Case management services provide TAY clients with linkage to mental health counseling, housing resources, job and career opportunities, affirming physicians, and peer support.*

### The Village Family Services - TVFS TAY Drop In Center

**Address:** 6801 Coldwater Canyon Blvd North Hollywood, CA 91606  
**Phone:** (818)755-8786  
Office hours are: M-F 9am-5pm, Sat-Sun 9am-3pm

*Intakes are done over the phone. After intake, they refer folks to a case manager.*

*Call the center and ask to be transferred to the Drop-in Center. They serve ages 14-24 yrs. Offer housing for folks 18-24 yrs.*

*Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services*

### APLA: Housing Support Services Program (HIV+ Individuals Only)

**Phone:** (213) 201-1637  
Email: bbrown@apla.org  
[https://aplahealth.org/services/housing-supportive-services/](https://aplahealth.org/services/housing-supportive-services/)

*Addresses the needs of people living with HIV/AIDS who face homelessness, the threat of homelessness, or who may need assistance to maintain or retain current housing. To make an appointment or learn more, contact by phone or email.*
**Faith-Based Support**

<table>
<thead>
<tr>
<th>MCC United Church Of Christ (San Fernando Valley)</th>
<th>Inspire LA (Hollywood)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone: (213) 388-9733 5730 Cahuenga Blvd, North Hollywood, CA 91601</td>
<td>N. Formosa Ave., Los Angeles, CA 90046</td>
</tr>
<tr>
<td><strong>Agape International Spiritual Center (Culver City)</strong></td>
<td><a href="https://www.inspirespiritualcommunity.org/">https://www.inspirespiritualcommunity.org/</a></td>
</tr>
<tr>
<td>Phone: (310) 348-1250 5700 Buckingham Parkway, Culver City, CA 90230</td>
<td><a href="http://www.meetup.com/Los-Angeles-LGBT-Spirituality-Project-Service-L-A/">http://www.meetup.com/Los-Angeles-LGBT-Spirituality-Project-Service-L-A/</a></td>
</tr>
<tr>
<td>Phone: (323) 344-8064 126 South Avenue 64 Los Angeles, CA 90042</td>
<td>E. 7th St. Long Beach, CA 98103</td>
</tr>
<tr>
<td><a href="http://www.dignitylosangeles.org/">http://www.dignitylosangeles.org/</a></td>
<td>Phone: (562) 436-4047 525</td>
</tr>
<tr>
<td><strong>Dignity Center (Highland Park)</strong></td>
<td><a href="http://www.stlukeslb.org">www.stlukeslb.org</a></td>
</tr>
<tr>
<td>Phone: (323) 344-8064 126 South Avenue 64 Los Angeles, CA 90042</td>
<td><strong>The Renewed Church of Los Angeles (Ladera Heights)</strong></td>
</tr>
<tr>
<td><strong>Metropolitan Community Church (Los Feliz)</strong></td>
<td>Phone: (310) 926-2198</td>
</tr>
<tr>
<td>Phone: (323) 669-3434 4607 Prospect Ave, Los Angeles, CA 90027</td>
<td>Email: <a href="mailto:Info@renewedla.org">Info@renewedla.org</a></td>
</tr>
<tr>
<td><strong>ADORE LA (Loz Feliz)</strong></td>
<td><strong>All Saints (Pasadena)</strong></td>
</tr>
<tr>
<td>1733 N. New Hampshire Ave., Los Angeles CA 90027</td>
<td>132 N Euclid Ave. Pasadena, CA 91101</td>
</tr>
<tr>
<td>Phone: (747) 228-2662</td>
<td>Phone: (626) 796-1172</td>
</tr>
<tr>
<td>Email: <a href="mailto:adorelaorg@gmail.com">adorelaorg@gmail.com</a></td>
<td>Email: <a href="mailto:info@allsaints-pas.org">info@allsaints-pas.org</a></td>
</tr>
<tr>
<td><strong>Self Realization Center (East Hollywood)</strong></td>
<td><strong>First Congressional Church of Christ (Riverside)</strong></td>
</tr>
<tr>
<td>Phone: (323) 661-8006 4860 Sunset Blvd, Los Angeles, CA 90027</td>
<td>3504 Mission Inn Avenue, Riverside, CA 92501</td>
</tr>
<tr>
<td><a href="http://www.hollywoodtemple.org/">http://www.hollywoodtemple.org/</a></td>
<td>Phone: (951) 684-2494</td>
</tr>
<tr>
<td>Phone: (323) 874-6646 7350 Sunset Blvd., Los Angeles CA 90046</td>
<td><strong>MOSAIC (Multiple Locations)</strong></td>
</tr>
</tbody>
</table>

*Dignity envisions and works for a time when LGBT Catholics are affirmed and experience dignity through the integration of their spirituality with their identities and participate fully in all aspects of life within the Church and Society.*

**ADORE LA is a queer community of faith experiencing God in unconventional ways.**

*We are intentionally inclusive of gender, race, ability, age, sexual orientation, economic condition and theological background.*
# FOOD SUPPORT SERVICES

For the closest food bank/pantry to you please visit:
https://www.lafoodbank.org/find-food/pantry-locator/

## LAUSD
Opening 60+ sites providing two grab-and-go meals for students and families from 7am to 10am.
https://achieve.lausd.net/site/default.aspx?PageType=3&ModuleInstanceID=57922&ViewID=ed695a1c-ef13-4546-b4eb-4f6cdd4f389&RenderLoc=0&FlexDataID=92547&PageID=16904&Comments=true

## St. Francis Center
1835 S. HOPE STREET, LOS ANGELES, CA 90015
Phone: (213) 747-5347
More information please click here: https://www.stfranciscenterla.org/campaigns/family-well-being/
Community breakfast is served: Monday from 7:30-8 a.m., Tuesday-Friday from 7:30-9 a.m., or Saturday from 8:30-10:00 a.m. All Pantry Service program recipients must first register on Tuesdays between 10 a.m.-12 p.m., provide a photo ID; proof of address and fill out an application.

## Project Angel Food (Hollywood)
922 N. Vine St, Los Angeles, CA 90038
Phone: (323) 845-1800
www.angelfood.org
Serves individuals with life-threatening illnesses only

## Los Angeles LGBT Center PRIDE Pantry (Hollywood)
If you are a client of the center, please email pridepantry@lalgbtcenter.org
Serves Los Angeles LGBT clients only

## My Friend’s Place Safe Haven Program (Hollywood)
5850 Hollywood Blvd, Los Angeles, CA 90028
Phone: (323) 908-0011
http://myfriendsplace.org/safe-haven-program/
The Safe Haven Program provides daytime shelter and basic needs services to youth living on the streets. Covid-19 hours: M-F 9AM - 2PM

## Project NATEEN Children’s Hospital Los Angeles (East Hollywood)
5000 Sunset Blvd, Los Angeles, CA 90027
Phone: (323) 361-5981
https://www.chla.org/nateen
(Please call ahead to ensure items will be available)
Community hours: Wednesdays 10am-11am. HYM/Truth Participants: Please contact your researcher for more info.

## Hollywood Food Coalition (West Hollywood)
Hollywood Blvd., Los Angeles, California 90028
Way In Center at the Salvation Army Hollywood Campus (between Gower and Bronson on the north side of Hollywood Blvd)
Phone: (323) 462-2032 5939
http://www.hofoco.org/
HYPERLINK http://gwhfc.org/
Serves at 6:30pm - 8pm daily

## Bienestar East Los Angeles (East Los Angeles)
Phone: (323) 727-7896 ext 105
Email: rtejeda@bienestar.org (Romina Tejeda)
Director of Care Services Schedule: Tuesday 11:00 am to 2:45 pm and Thursday 12:00 pm to 1:45 pm and 3:00 pm to 4:45 pm.
Food bank is closed on the 5th Tuesday and 5th Thursday of the month and Holidays.
Serves individuals living with HIV or AIDS only

## AIDS Food Store (Long Beach)
590 E. Willow St, Long Beach, CA 90806
Phone: (562) 676-4554
http://www.aidsfoodstore.org/
Serves individuals living with HIV or AIDS only

## Feed LA (Partnering with YMCA)
View participating YMCA’s: https://www.ymcala.org/feedla
Providing grab & go meals and groceries. Must register in advance to participate
<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consultation &amp; Referral (including immigration-related issues)</td>
<td>Phone: (213) 993-7670</td>
</tr>
<tr>
<td>Hate Crime Assistance</td>
<td>Los Angeles LGBT Center (Hollywood) Phone: 323-993-7673</td>
</tr>
<tr>
<td>24-hour Crisis Intervention Hotline</td>
<td>Hate Crime Assistance Phone: 212-714-1141</td>
</tr>
<tr>
<td>Asylum Assistance</td>
<td>Los Angeles LGBT Center (Hollywood) Phone: 323-993-7670</td>
</tr>
<tr>
<td>Intimate Partner/Domestic Violence</td>
<td>Asylum Assistance Phone: 323-993-7670</td>
</tr>
<tr>
<td>Services for domestic violence, sexual assault, and stalking survivors.</td>
<td>Los Angeles LGBT Center (Hollywood) Phone: 323-993-7649</td>
</tr>
<tr>
<td>Transgender Services</td>
<td>Intimate Partner/Domestic Violence Services for domestic violence, sexual assault, and stalking survivors.</td>
</tr>
<tr>
<td>Trans Lifeline</td>
<td>Transgender Services Phone: 323-993-7410</td>
</tr>
<tr>
<td>$10 processing fee is requested, though no one will be turned away for lack of funds.</td>
<td>Los Angeles LGBT Center (Hollywood) Phone: 323-993-7670</td>
</tr>
</tbody>
</table>

The Los Angeles LGBT Center’s Immigration Law Project helps stabilize the lives of lesbian, gay, bisexual, and transgender people who have survived persecution in their home countries because of their LGBT identity.

Helps transgender people file the legal documents to change their name and gender. Legal support for those who have experienced discrimination in employment and housing.

Hate Crime Assistance

24-hour Crisis Intervention Hotline

Asylum Assistance

Intimate Partner/Domestic Violence

Services for domestic violence, sexual assault, and stalking survivors.

Transgender Services

Trans Lifeline

Visit a LAFLA Office (Locations): [https://lafla.org/who-we-are/locations/](https://lafla.org/who-we-are/locations/)

Frontline law firm offering services for low-income people in Los Angeles

Initial Consultations (appointments only, no walk ins due to COVID)

Monday through Friday, 9 am to 4 pm (please do not arrive before this time)
<table>
<thead>
<tr>
<th><strong>Asian Pacific American Legal Center of Southern California (Westlake)</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Phone:</strong> (888) 349-9695</td>
</tr>
<tr>
<td><strong>1145 Wilshire Blvd, Ste 2nd Fl, Los Angeles, CA 90015</strong></td>
</tr>
<tr>
<td><strong>Consumer, Domestic Violence, Employment, Health, Housing, Immigration, Public Benefits</strong></td>
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<tr>
<th><strong>El Rescate Legal Services (Westlake)</strong></th>
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<tr>
<td><strong>Phone:</strong> (213) 387-3284</td>
</tr>
<tr>
<td><strong>1605 West Olympic Blvd., Suite 516, Los Angeles, CA 90015</strong></td>
</tr>
<tr>
<td><strong>Immigration</strong></td>
</tr>
<tr>
<td><strong>Initial Consultations (appointments only, no walk ins)</strong></td>
</tr>
<tr>
<td><strong>Monday through Friday 9am-5pm</strong></td>
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<tr>
<th><strong>Immigration Center for Women and Children (Downtown LA)</strong></th>
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<tbody>
<tr>
<td><strong>Phone:</strong> (213) 614-1165</td>
</tr>
<tr>
<td><strong>634 Spring Street Suite 727, Los Angeles, CA 90014</strong></td>
</tr>
<tr>
<td><strong>Initial Consultations (appointments only, no walk ins)</strong></td>
</tr>
<tr>
<td><strong>Monday through Friday 9am – 5pm</strong></td>
</tr>
<tr>
<td><strong>Criminal, Domestic Violence, Family, Immigration, Juvenile</strong></td>
</tr>
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<table>
<thead>
<tr>
<th><strong>Los Angeles Free Clinic (Beverly Grove)</strong></th>
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<tbody>
<tr>
<td><strong>Phone:</strong> (323) 653-8622</td>
</tr>
<tr>
<td><strong>8405 Beverly Blvd., Los Angeles, CA 90048</strong></td>
</tr>
<tr>
<td><strong>No longer a free clinic, insurance required</strong></td>
</tr>
<tr>
<td><strong>Bankruptcy, Dissolution of Marriage, Immigration, Juvenile, Response to Summons</strong></td>
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<tr>
<th><strong>AIDS Project Los Angeles, HIV &amp; AIDS Legal Services Project (Wilshire Center)</strong></th>
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<tbody>
<tr>
<td><strong>Phone:</strong> (213) 201-1600</td>
</tr>
<tr>
<td><strong>611 S. Kingsley Dr., Los Angeles, CA 90005</strong></td>
</tr>
<tr>
<td><strong>Clients must be HIV+</strong></td>
</tr>
<tr>
<td><strong>AIDS/HIV, Bankruptcy, Employment, Health, Housing, Immigration, Individual Rights, Public Benefits, Real Estate, Torts, Wills and Estates</strong></td>
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<thead>
<tr>
<th><strong>California Lawyers for the Arts (West LA)</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Phone:</strong> (310) 207-0001</td>
</tr>
<tr>
<td><strong>12304 Santa Monica Blvd., Ste. 304, Los Angeles, CA 90025</strong></td>
</tr>
<tr>
<td><strong>Bankruptcy, Consumer, Employment, Health, Housing, Immigration, Individual Rights, Real Estate, Torts, Wills and Estates, Arts/Entertainment Issues</strong></td>
</tr>
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<thead>
<tr>
<th><strong>San Fernando Valley Bar Association LRIS (Woodland Hills/Ventura)</strong></th>
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<tbody>
<tr>
<td><strong>Phone:</strong> (818) 227-0490</td>
</tr>
<tr>
<td><strong>213000 Oxnard St, Ste 205, Woodland Hills, CA 91367</strong></td>
</tr>
<tr>
<td><strong>AIDS/HIV, Adoption, Bankruptcy, CED, Consumer, Custody, Domestic Violence, Education, Elder Law, Employment, Health, Housing, Immigration, Individual Rights, Juvenile, Public Benefits, Real Estate, Termination of Parental Rights, Torts, Wills and Estates.</strong></td>
</tr>
</tbody>
</table>
### Medical Care & Testing Services

**Division of Adolescent and Young Adult Medicine (East Hollywood)**  
Children’s Hospital Los Angeles  
Phone: (323) 361-2112  
5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027  

**LA LGBT Center (Hollywood)**  
Phone: (323) 993-7500  
McDonald/Wright Building, 1625 Schrader Blvd, Los Angeles, CA 90028  
HIV/STI Testing: walk-ins Monday-Friday 11am-6pm  
Transgender Health Program: Monday-Friday: 8am-8pm  
Primary Care: Men: Monday-Friday: 8am-8pm  
Primary Care: Women: Monday-Friday: 8am-8pm  
HIV Care - Jeffrey Goodman Special Care Clinic: Monday-Friday: 8am-8pm

**LA LGBT Center (West Hollywood)**  
Phone: (323) 957-5280  
8745 California State Route 2, West Hollywood, CA 90069  
APPOINTMENT ONLY!!!!!! 11am-2pm & 4pm 7pm Mon-Friday

**Martin Luther King, Jr. Center for Public Health (Willowbrook)**  
Phone: (323) 568-8100 (Service/Intake)  
11833 Wilmington Ave, Los Angeles, CA 90059  
[http://publichealth.lacounty.gov/chs/phcenters.htm](http://publichealth.lacounty.gov/chs/phcenters.htm)  
STD Clinic Service/Intake: (323) 563-4112  
TB Clinic Service/Intake: (323) 563-4114  
Walk-in Monday-Friday 8:00am-5:00pm

**OASIS Clinic at Charles R. Drew University (Willowbrook)**  
Phone: 424-338-2929  
1807 E. 120th Street Los Angeles, CA 90059  
[https://www.cdrewu.edu/community/clinicalcare/oasis-clinic](https://www.cdrewu.edu/community/clinicalcare/oasis-clinic)  
Contact: John Forbes at ext. 5812, or johnforbes@cdrewu.edu  
Hours: Monday, Wednesday and Thursday 8:00am-4:30pm; Tuesday: 8:00am-8:00pm; Friday 8:00am-1:00pm for adults; 1:00pm-4:30pm for Young Adults ages 18-24  
Free rapid HIV testing and referrals to follow-up care and community resource programs

**Bienestar HIV Testing (Multiple Locations)**  
Phone: (323) 660-9680  
**East Hollywood location**  
5326 E. Beverly Blvd., Los Angeles, CA 90022  
**Hollywood location**  
4955 W. Sunset Blvd., Los Angeles, CA 90027  
**Pomona location**  
180 E. Mission Blvd., Pomona, CA 91766  
**South Los Angeles location**  
130 W. Manchester Ave., Los Angeles, CA 90003  
**El Monte/AHF Clinic location**  
3131 Santa Anita Ave., Ste. 109, El Monte, CA 91733  
**Long Beach location**  
1464 Cherry Ave., Long Beach, CA 90813  
**San Fernando Valley location**  
8134 Van Nuys Blvd., Ste. 200, Panorama City, CA 91402  
Walk-ins 10am-6:30pm Walk in, call (866) 590-6411

**Planned Parenthood (Multiple Locations)**  
Find a health center online or call 1-800-230-7526 [https://www.plannedparenthood.org/](https://www.plannedparenthood.org/)  
Offers high-quality, affordable health care (including LGBT services) to youth and young adults

**UCLA Gender Health Program (Westwood)**  
Phone: (310) 267-4334  
E-mail: genderhealth@mednet.ucla.edu  
[https://www.uclahealth.org/gender-health/programs-services](https://www.uclahealth.org/gender-health/programs-services)  
Gender Health Appointment Request Form: [https://myforms.uclahealth.org/s3/Gender-Health-Appointment-Request](https://myforms.uclahealth.org/s3/Gender-Health-Appointment-Request)  
The UCLA Gender Health Program provides healthcare for children, adolescents, and adults who are transgender or gender diverse that is sensitive to everyone’s individual needs.
<table>
<thead>
<tr>
<th>Location</th>
<th>Phone/Address/Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serves youth and young LGBT people of color ages 16-29 For info regarding the HIV services, please email, call or text: <a href="mailto:hotline@reachla.org">hotline@reachla.org</a>/(323) 835-1876</td>
<td></td>
</tr>
<tr>
<td><strong>St. John’s Clinic - Transgender Health Program (Downtown LA)</strong></td>
<td>To make an appointment, please contact: (323) 541-1411 <a href="http://www.wellchild.org/transgender-health-program/">http://www.wellchild.org/transgender-health-program/</a></td>
</tr>
<tr>
<td>For more information about the program, please contact: Rizi Timane, ACSW, MSW, PhD. Transgender Health Program Manager (323) 541-1600 ext. 1068</td>
<td>Please note: in order to receive services from St. John’s you will need to make them your primary care provider. If you do not have insurance, St. John’s will sign you up for health insurance</td>
</tr>
<tr>
<td><strong>St. John’s Clinic - Warnor Traynham Clinic</strong></td>
<td>326 W. 23rd Street Los Angeles CA 90007 <a href="http://www.wellchild.org/transgender-health-program/">http://www.wellchild.org/transgender-health-program/</a></td>
</tr>
<tr>
<td><strong>AIDS Project Los Angeles (APLA) (Multiple Locations)</strong></td>
<td>The main APLA Health phone number is 213.201.1600. If you are making an appointment for health care services, please locate and contact the appropriate location below. If you have general questions, please email <a href="mailto:info@apla.org">info@apla.org</a> or call the appropriate location below. <a href="https://aplahealth.org/locations-hours/">https://aplahealth.org/locations-hours/</a></td>
</tr>
<tr>
<td><strong>AIDS Project Los Angeles (APLA) -The David Geffen Center (Wilshire Center)</strong></td>
<td>Phone: (213) 201-1600 611 S. Kingsley Dr., Los Angeles, CA 90005</td>
</tr>
<tr>
<td><strong>AIDS Project Los Angeles (APLA) -Gleicher/Chen Health Center (Baldwin Hills/Crenshaw)</strong></td>
<td>Phone: (323) 329-9900 After hours: (323) 329-9900 3743 S. La Brea Ave., Los Angeles, CA 90016</td>
</tr>
<tr>
<td><strong>AIDS Project Los Angeles (APLA) -Long Beach Health Center (Long Beach)</strong></td>
<td>Phone: (562) 247-7740 After hours: (562) 432-7300 1043 Elm Ave., Suite 302, Long Beach, CA 90813</td>
</tr>
<tr>
<td><strong>UCLA Women’s Health Center - The Iris Cantor (Westwood)</strong></td>
<td>Phone: (310) 794-9830 Medical Plaza 100, Suite 250, Los Angeles, CA 90024 <a href="http://womenshealth.ucla.edu/patients">http://womenshealth.ucla.edu/patients</a></td>
</tr>
<tr>
<td>Comprehensive care to women who identify as lesbian, bisexual, and transgender. We provide primary care for transgender women in partnership with UCLA experts in transgender care, and preventive health services for gender-nonconforming people.</td>
<td></td>
</tr>
<tr>
<td><strong>Common Ground - Venice Family Clinic (Venice)</strong></td>
<td>Phone: (310) 314-5480 622 Rose Ave., Venice, CA 90291 <a href="http://commongroundhiv.org/our-services/">http://commongroundhiv.org/our-services/</a></td>
</tr>
<tr>
<td>Comprehensive services for testing, prevention, treatment, and support for people living with HIV/AIDS</td>
<td></td>
</tr>
<tr>
<td><strong>The Center (Long Beach)</strong></td>
<td>Phone: (562) 434-4455 2017 E 4th St, Long Beach, CA 90814</td>
</tr>
<tr>
<td>Free Rapid HIV Testing and Counseling: Monday-Friday 10am-8:30pm; Saturday 10am-3:30pm STI Screening and Treatment: Tuesday &amp; Thursday 12:00pm-2:00pm and 4:00pm-7:00pm <a href="https://www.centerlb.org/testing/">https://www.centerlb.org/testing/</a></td>
<td></td>
</tr>
<tr>
<td><strong>The Wall Las Memorias Project (Highland Park)</strong></td>
<td>Phone: (323) 257-1056 5619 Monte Vista St., Los Angeles, CA 90042 <a href="http://www.thewalllasmemorias.org/programs">http://www.thewalllasmemorias.org/programs</a></td>
</tr>
<tr>
<td>HIV Testing Days and Hours Monday – Friday: 10:00 AM to 5:00 PM Appointments available upon request. Closed on federal holidays. All HIV Tests are free and confidential. Programs and services at our agency are provided free of cost and are opened to all member of the community.</td>
<td></td>
</tr>
</tbody>
</table>
Health care equity and promote well-being for the LGBT and other underserved communities and people living with and affected by HIV.

Q-Care Clinic at the UCI Family Health Center (Santa Ana)
Phone: (714) 480-3501 – By appointment only
800 N Main Street Santa Ana, CA 92701
Quality Health Care for LGBTQ Youth & Families up to age 21

A Division of Special Service For Groups (APAIT) [Multiple Locations]
http://apaitonline.org/
Serves Asian/Pacific Islander and communities of color, ages 16 and up
Los Angeles Location: Phone: (213) 375-3830
3055 Wilshire Blvd. Suite #300 (3rd Floor), Los Angeles, CA 90010
Business hours: Monday-Friday, 9:30am-5:30pm
Orange County Location: Phone: (714) 636-1349
12900 Garden Grove Blvd., Suite 225B, Garden Grove, CA 92843
General inquiries: e-mail info@apaitonline.org

AltaMed (Multiple Locations)
www.altamed.org
Commerce location: 5427 Whittier Blvd; Phone: (323) 869-5450
Pico Rivera location: 9414 E. Slauson Ave; Phone: (562) 949-6069
El Monte location: 10454 E. Valley Blvd; Phone: (562) 949-8717
Serves families, teens, and young adults

Desert AIDS Project - The DOCK Sexual Health Clinic (Palm Springs)
Phone: (760) 992-0492
1695 N. Sunrise Way, Palm Springs, CA 92262
http://thedockclinic.org/
https://www.desertaidsproject.org/
Hours for All Services: Monday – Friday 10AM – 6:30PM Walk-in, No Appointment Necessary or Call (760) 992-0492 for Appointment
Types of services includes STD Testing & Treatment, Pre-Exposure Prophylaxis (PrEP), Post-Exposure Prophylaxis (PEP), Free HIV Oral Rapid Testing, Hepatitis C Testing

The Center (Orange County)
Phone: (714) 953-5428 x330
1605 N. Spurgeon Street Santa Ana, CA 92701
http://www.lgbtcenteroc.org/ https://www.lgbtcenteroc.org/services/
E-mail: frontdesk@thecenteroc.org
Serves youth and young adults Free HIV Testing Walk-In Hours: Tuesday 10:00am – 4:30pm, 6pm – 9pm, Wednesdays 2:00pm – 6pm, Thursday 10:00am – 4:30pm, Friday 10:00am – 5:30pm

AIDS Healthcare Foundation (AHF) (Multiple Locations)
https://locations.aidshealth.org/
Free screening and treatment for STIs & HIV.

Hollywood Location:
Phone: (323) 662-0492 (Call before 5:00pm)
1300 N. Vermont Ave., Suite 407 Los Angeles, CA 90027
Hours: Mon, Wed, Thur, Fri 5:30pm-9:00pm; Sat 9:30am-5:00pm

Long Beach Location:
Phone: (562) 494-4983
3500 E. Pacific Coast Hwy Long Beach, CA 90804
Hours: Mon 5:30pm-9:00pm

West Adams Location:
Phone: (323) 766-2170
2146 W. Adams Blvd., Los Angeles, CA 90018
Hours: Tues, Thu 5:30pm-9:00pm

Van Nuys Location:
Phone: (818) 380-2626
4940 Van Nuys Blvd., Suite 200, Sherman Oaks, CA 91403
Hours: Wed 5:30pm-9:00pm
## Mental Health Services

**The National Queer and Trans Therapists of Color Network (NQTTCN)**

[https://www.nqttcn.com/directory](https://www.nqttcn.com/directory)

A healing justice organization that works to transform mental health for queer and trans people of color.

**Los Angeles LGBT Center (Hollywood)**

Phone: (323) 993-7669 1625 N. Schrader Blvd. Los Angeles, CA 90028

[https://lalgbtcenter.org/health-services/individual-therapy](https://lalgbtcenter.org/health-services/individual-therapy)

Monday through Friday: 8 a.m. to 8 p.m.; Saturday 9 a.m. to 5 p.m.

Provides mental health services and support groups for LGBT and undocumented individuals.

**Division of Adolescent and Young Adult Medicine at CHLA (East Hollywood)**

Phone: 323-361-3189 and 323-361-7512

5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027, Suite 540

Email: jjulian@chla.usc.edu


Developmentally appropriate, compassionate and holistic approaches to health for gender nonconforming children and trans youth (up to 25 years old).

**LGBTQIA Teen Drop-in Group (Every Monday, 7-8:30pm) (Mid-Wilshire)**

Phone: (323) 937-1344 5615 West Pico Boulevard Los Angeles, CA 90019

Email: [counseling@thecenterlb.org](mailto:counseling@thecenterlb.org)

[https://www.centerlb.org/counseling/#hours](https://www.centerlb.org/counseling/#hours)

Developmentally important, compassionate and holistic approaches to health for gender nonconforming children and trans youth (up to 25 years old).

**Transgender Health Program at St. John’s Well Child and Family Center Clinic**

*(Downtown LA/University Park)*

Phone: (323) 541-1411

326 W. 23rd Street Los Angeles CA 90007


In order to receive care, St. John’s must be designated as your primary care provider.

**The Center, Long Beach**

Phone Intake: 562-434-4455 ext. 228

Email: counseling@thecenterlb.org

[https://www.centerlb.org/counseling/#hours](https://www.centerlb.org/counseling/#hours)

2017 E. 4th Street, Long Beach, CA 90814

Our counseling program is based on a sliding scale determined by the client’s monthly income and ability to pay. The Center is unable to accept insurance for services.

**AIDS Project Los Angeles (APLA) (Multiple Locations)**

The main APLA Health phone number is 213.201.1600.

If you are making an appointment for health care services, please locate and contact the appropriate location below. If you have general questions, please email info@apla.org or call the appropriate location below.

[https://aplahealth.org/services/counseling/](https://aplahealth.org/services/counseling/)

[https://aplahealth.org/locations-hours/](https://aplahealth.org/locations-hours/)

**The David Geffen Center (Wilshire Center)**

Phone: (213) 201-1621

611 S. Kingsley Dr., Los Angeles, CA 90005

**Gleicher/Chen Health Center (Baldwin Hills/Crenshaw)**

Phone: (323) 329-9900; After hours: (323) 329-9900

3743 S. La Brea Ave., Los Angeles, CA 90016

**Long Beach Health Center (Long Beach)**

Phone: (562) 432-7300

1043 Elm Ave., Suite 302, Long Beach, CA 90813

**West Hollywood**

Phone: (213) 201-1621

1151 N. La Brea Ave., West Hollywood, CA 90046

Appointments for West Hollywood residents, hours vary on client need.
**LGBTQIA Center at Airport Marina Counseling Center (Westchester)**
Phone: (310) 670-1410
7891 La Tijera Boulevard, Los Angeles, CA 90045
https://www.amcshelps.com/what-we-do/
Providing free therapy for March 2021 via video. Work on a sliding scale
Specializing in psychotherapy specifically geared toward the lesbian, gay, bisexual, transgender, queer, questioning, intersex and asexual population.

**Gender Wellness of Los Angeles (West LA)**
Phone: (310) 478-0411
Email: caseymft@genwell.org
11340 W. Olympic Blvd. Suite 265, Los Angeles, CA 90064
http://genwell.org/counseling-transgender-community/
Provides counseling and one-on-one, adult therapy for transgender and gender-nonconforming individuals; couples therapy; children & adolescent therapy; medical referrals; group therapy.

**Los Angeles Gender Center (West LA)**
Phone: (310) 475-8880 1923
Westwood Blvd Los Angeles, CA 90025
http://lagendercenter.org/offer.html
Provides an environment of support, understanding, and safety while helping people explore facets of gender and sexuality.

**A Division of Special Services for Groups (APAIT) (Multiple Locations)**
Los Angeles location
Phone: (213) 375-3830
3055 Wilshire Blvd. Suite #300 (3rd Floor), Los Angeles, CA 90010
Mind Body Spirit Wellness: A short-term, one-on-one mental health counseling program for people identifying as lesbian, gay, bisexual, transgender, and questioning/queer (LGBTQ) experiencing acute and/or on-going mental health disorders.

Orange County location
Phone: (714) 636-1349
12900 Garden Grove Blvd, Suite 225B, Garden Grove, CA 92843
Mind Body Spirit Wellness: A one-on-one cognitive-behavioral therapy (CBT)-based, short-term or sustained therapy for HIV-positive individuals experiencing acute and/or ongoing co-occurring mental health disorders.
PrEP & PEP

IF YOU BELIEVE THAT YOU HAVE BEEN EXPOSED TO HIV, GO TO YOUR NEAREST EMERGENCY ROOM WITHIN 72 HOURS (3 DAYS) OF BEING POSSIBLY EXPOSED. ASK THEM FOR POST EXPOSURE PROPHYLAXIS (PEP).

PEP

**Los Angeles LGBT Center PEP**
Phone: (323)-860-5855
Monday through Friday from 11 a.m. - 6 p.m.
The Los Angeles LGBT Center offers PEP. Based on your income, you may even qualify for free treatment.
Note: If you believe you were exposed on Friday night or on Saturday, you should consider going to the emergency room of a hospital to access PEP.

**Cedars-Sinai Medical Center Emergency Room PEP**
8700 Beverly Blvd, Los Angeles, CA 90048
After normal business hours, if you think you were exposed to HIV, go immediately to the emergency room at Cedars-Sinai Medical Center to get a PEP starter pack. You do not need to call ahead before going to the emergency room. When you arrive, be sure to let the staff know that you think you might have been exposed to HIV in the last 72 hours.

**Children’s Hospital Los Angeles Emergency Room PEP**
Phone: 323-660-2450
4650 Sunset Blvd, Los Angeles, CA 90027

**Kaiser Permanente (Multiple Locations) PEP**
Phone: 866-454-8855
For more information, call their Appointment and Advice line at 866-454-8855 as soon as possible after an exposure. They will help you to pick up PEP and begin taking it as prescribed.
For more information on PEP locations please click here: [http://getprepla.com/pep/get-pep-now/](http://getprepla.com/pep/get-pep-now/)

PrEP

Find Facilities Offering PrEP Near You: [https://preplocator.org/](https://preplocator.org/)

Get PrEP Los Angeles
Phone: 1 (844) YEA-PrEP
[www.getprepla.com/](http://www.getprepla.com/)
[www.getprepla.com/espanol/](http://www.getprepla.com/espanol/) (Spanish)
Email: prepinfo@ph.lacounty.gov
Provider directory, links & resources, insurance options, answers questions about PrEP and PEP.

Please PrEP Me
Phone: (415) 476-3443 [https://www.pleaseprepme.org/](https://www.pleaseprepme.org/)
Email: contact@pleaseprepme.org
Find a PrEP provider near you.

Division of Adolescent and Young Adult Medicine at CHLA (East Hollywood)
Phone: 323-361-7231
5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027, 4th floor
Email: michsmith@chla.usc.edu
Developmentally appropriate, compassionate and holistic approaches to health for gender nonconforming children and trans youth (up to 25 years old).

Tarzana Treatment Center PrEP4Life Team (Multiple Locations)
Phone: (818) 996-1051 x2112 or 1135
Email: prep4life@tarzanatc.org
Find a location here! [https://www.tarzanatc.org/locations/](https://www.tarzanatc.org/locations/)

Los Angeles LGBT Center PrEP (Multiple Locations)
Los Angeles LGBT Center, McDonald/Wright Building
Phone: (323) 993-7500
1625 N. Schrader Blvd., Los Angeles, CA 90028
Los Angeles LGBT Center, WeHo
Phone: (323) 993-7440
8745 Santa Monica Blvd., West Hollywood, CA 90069
Book a FREE PrEP Consultation with the LA LGBT Center HERE. [https://appt.prephere.org/](https://appt.prephere.org/)
[https://prephere.org/#tabs-wrap](https://prephere.org/#tabs-wrap)
"Safer At Home" Community Resources

COVID-19

COVID-19 Free Testing Centers in Los Angeles
https://corona-virus.la/covid-19-testing

COVID-19 Vaccine information Hub
https://corona-virus.la/Vaccine

Showers & Hand-Washing Stations
Hand washing is important prevention and here's a link to hand washing and shower & refresh spots that you can access
https://lahsa.maps.arcgis.com/apps/View/index.html?appid=20da4ef768994b469bf0cc073047a014

Food Assistance

For the closest food bank/pantry to you please visit:
https://www.lafoodbank.org/find-food/pantry-locator/

LAUSD is opening 60+ sites providing two grab-and-go meals for students and families from 7am to 10am.
Map of all LAUSD Campuses serving food for K12:
https://achieve.lausd.net/site/default.aspx?PageType=3&ModuleInstanceId=57922&ViewID=ed695a1c-ef13-4546-b4eb-4fefcdd4f389&RenderLoc=O&FlexDataId=92547&PageId=16904&Comments=true

St. Francis Center
The center provides meal services, clothing closets, showers/bathroom services, and rental and utility assistance programs (over the phone) for homeless and low-income individuals in Los Angeles:

Housing

• If you are or know of a foster youth that is staying at a college dorm room that is going to be closed due to the coronavirus, please email info@togetherweserve.org and they will provide or help you find housing during this transition. The Los Angeles Tenants Union is providing support around evictions. Find your local union at:
https://latenantsunion.org/en/locals/

Solidarity Network
Hotline: (213) 986-8266 For general inquiries, please contact: info@lateantsunion.org For press inquiries please contact: press@latenantsunion.org

Los Angeles Service Planning Areas (SPA) for Unhoused Individuals

Service Area 1: Antelope Valley
Desert MACC/High Desert Multi Service Ambulatory Care Center
Phone: (661) 471-4000
(661) 471-4420 (medical legal community partnership- works with houseless individuals)
335 E. Avenue I, Lancaster CA 93535
Volunteers of America LA at High Desert MACC (Coed)
Phone: (661) 723-4873
45150 60th St., W. Lancaster CA 93535

Volunteers of America LA at AV Youth Build (Coed)
Phone: (661) 723-4873
38636 9th St., E. Palmdale CA 93550

Service Area 2: San Fernando Valley
Hope of the Valley at Pacoima Church (Coed)***
Phone: (818) 257-8521
Confidential (please call for location)

The Village Family Services- TVFS TAY Drop In Center
Phone: (818)755-8786
6801 Coldwater Canyon Blvd North Hollywood, CA 91606
Call center and ask to be transferred to the Drop-in Center.
They serve ages 14-24 yrs. Offer housing for folks 18-24 yrs.
Office hours are: M-F 9am-5pm, Sat-Sun 9am-3pm
Intakes are done over the phone. After intake, they refer folks to a case manager.
* Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

Service Planning Area 3: San Gabriel Valley
Volunteers of America LA, Pamela Park (Coed)
Address: 2236 Goodall Ave., Duarte CA 91010

Volunteers of America LA at Steinmetz Community Center (Coed)
Phone: (626) 442-4357
1545 S. Stimson Ave., Hacienda Heights, 91745

Volunteers of America LA at Basset Park (Women)
(626) 442-4357
510 Vineland Ave. La Puente, 91746
Pacific Clinics- HOPE Youth Center
Phone: (626) 337-3828
12001 Ramona Blvd Suite 1 Irwindale, CA 91706
* Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

Service Area 4: Metro
Weingart Association at Weingart Center (Coed)
Phone: (213) 689-2152
566. S. San Pedro St., Los Angeles, 90013

Los Angeles LGBT Center
1118 N McCadden Pl, Los Angeles, CA 90038
Phone: 888.255.2429 or 323.860.2280
LGBTQ YOUTH: Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services
Service Area 5: West
Home at Last at Oakwood Recreational Center (Coed)
Phone: (323) 861-4831
Address: 767 California Ave. Venice, 90291
Step-Up on Second
Phone: (310) 394-6889
1328 2nd Street, Santa Monica, CA 90401
DANIELS serves ages 16-28
(310) 392-5855
Step-Up serves ages 25-59
You can come in to be referred to a case manager.
Showers, Meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

Service Area 6: South
Home at Last at Athens Park (Coed)
Phone: (323) 787-7241
12603 S. Broadway Los Angeles, 90047
Bryant Temple CDC at Bryant Temple Women's Shelter (Women)
Phone: (323) 792-4162
2514 W. Vernon Ave., Los Angeles, 90047
Home at Last at HAL Facility (Males)
Phone: (323) 305-6999
5171 S. Vermont Ave. Los Angeles, 90037
Home at Last at HAL Facility (Women)
Phone: (323) 909-5913
8311 S. Western Ave., Los Angeles, 90047
Home at Last at 2nd AME Church (TAY)
Phone: (323) 305-69999
5500 S. Hoover Los Angeles, 90037

Service Area 7: East
Penny Lane Centers- With a Little Help From My Friends
Phone: 323.353.6118- call # to set up appointment.
5628 E. Slauson Ave Commerce CA 90040
16-25 years Provide linkage to employmet/housing. They have a case manager.
Showers, Wash Clothes, Hot meals, Clothing, Computer/Internet Access, Mental Health Services, Substance abuse services

Service Area 8: South Bay
Volunteers of America LA at Former Library (Coed)***
Phone: (213) 328-9928
5571 Orange Ave. Long Beach, 90805
***Indicates the site is not a walk up and has transportation services
Undocumented Community
- Resource guide created by California Immigrant Youth Justice Alliance available at https://ciyja.org/covid19/
- CHIRLA (Coalition for Humane Immigrant Rights Los Angeles) has a free hotline you can call if you think you have the Coronavirus at 888-624-4752. In California, immigrants have access to emergency care regardless of immigration status. More information here: https://www.chirla.org/avada_portfolio/community-education/
- Tangible Support for Undocumented Communities during COVID-19 by the organization Immigrants Rising, you can also contact them by emailing nancy@immigrantsrising.org. There are resources on addressing fear and coping with stress, health access and guidance, connecting to free/low-cost resources, legal rights as employees, and more.

Trans and Queer Relief
- Trans/ queer relief assistance form: https://docs.google.com/forms/d/e/1FAIpQLSF01Wsx5YgfXMKKu9CSh_WUVCznsSw6bnjpm5JsP2XwCLQ/viewform
- The Coronavirus: What Trans People Need to Know: Creating a Plan of action for trans folk: https://transequality.org/covid19
- Queer Anxiety Virtual Support: Queer Healing Oasis is offering an anxiety virtual support non-clinical space to share & cope. For more info email marcos.emdr@gmail.com or call 818-233-1079, more info here: https://www.queerhealingoasis.com/ QTBPOC are prioritized.
- The Trevor Project: Support network specializing in crisis intervention and suicide prevention. Text START to 678678 for the 24-hour text line or call 1-866-488-7386. Connect with a Crisis Worker online through TrevorChat.

Employment Assistance
- JOB PORTAL Resource (https://jobs.lajobsportal.org/): For those whose jobs have been impacted by COVID-19, this website enables unemployed or underemployed Angelenos to find and apply to job opportunities across all industries, so they can start working right NOW.
- For a rundown of labor laws in California, please visit: https://www.latimes.com/business/story/2020-03-12/coronavirus-labor-law-know-your-rights-california-worker
- Paid Family Leave: Paid family leave is available for those who stay home because they need to take care of someone who has contracted the virus (Covid-19) or who has been quarantined (must be certified by a medical professional). Learn how to file a Paid Family Leave Claim using this link below (https://edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm)
- Disability Benefits/Paid Sick Leave: Disability benefits /paid sick leave are available for those who have actually contracted the virus themselves or who have been exposed to it and are quarantined (must be certified by a medical professional in the case of Disability Benefits). Learn how to file a Disability Insurance Claim using the link below https://edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm
- Unemployment Benefits: Unemployment benefits are available to those whose hours have been reduced or who have lost their job due to coronavirus measures (and it also applies to those who choose to stay home due to underlying health issues making them more vulnerable). The Governor has waived the 1 week wait time and the person may not be required to be actively looking for work (as is usually required). Learn how to file an Unemployment Insurance CLAIM using this link https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
- SCHOOL CLOSURES: If your child’s school is closed and you have to miss work to care for them. You might qualify for Unemployment Insurance benefits. Learn how to file an Unemployment Insurance Claim using the link below https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
- Worker’s Compensation: Worker’s comp is available for those who are unable to do their usual job because they were exposed to and contracted Covid-19 while in the regular course of their job (i.e. healthcare workers).
**Tax Assistance**

- Directly from the Employment Development Department: “Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension of time from the EDD to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for extension must be received within 60 days from the original delinquent date of the payment or return. For questions, employers may call the EDD Taxpayer Assistance Center. Toll-free from the U.S. or Canada: 1-888-745-3886 Hearing impaired (TTY): 1-800-547-9565. Outside the U.S. or Canada: 1-916-464-3502. (For more information, [https://edd.ca.gov/about_edd/coronavirus-2019.htm?fbclid=IwAR3vS9NqAlxizJtkT21dSoMSvV-kIMISKzvPGzA2v8FHeq1kS4YKrLh78](https://edd.ca.gov/about_edd/coronavirus-2019.htm?fbclid=IwAR3vS9NqAlxizJtkT21dSoMSvV-kIMISKzvPGzA2v8FHeq1kS4YKrLh78))

**Resources Based on Type of Employment**

- For resources for freelance artists, USE THIS LINK: [https://www.freelanceartistresource.com/?fbclid=IwAR2h6cN5HPapOjYzOLocJ7ydEEzEx34_0Hy_Bp2K_jblFmSKUQ1uNMM3j1X35s%2F](https://www.freelanceartistresource.com/?fbclid=IwAR2h6cN5HPapOjYzOLocJ7ydEEzEx34_0Hy_Bp2K_jblFmSKUQ1uNMM3j1X35s%2F)
- For resources for bartenders, USE THIS LINK: [https://www.usbgfoundation.org/beap?fbclid=IwAR3dQLMeJsntGhpWvUi3rWUnkHWQCl97pG9yaQdG9degTQ_Yxr6YkCql7I](https://www.usbgfoundation.org/beap?fbclid=IwAR3dQLMeJsntGhpWvUi3rWUnkHWQCl97pG9yaQdG9degTQ_Yxr6YkCql7I)
- For resources for tipped workers/service workers, USE THIS LINK: [https://ofwemergencyfund.org/help](https://ofwemergencyfund.org/help)
- For resources for street vendors, USE THIS LINK: [https://www.inclusiveaction.org/covid19response](https://www.inclusiveaction.org/covid19response)
- For resources for artists, USE THIS LINK: [https://www.sidestreet.org/artist-resources](https://www.sidestreet.org/artist-resources)

Also, see below:

- The Soze Foundation is giving $250 grants to artists and activists whose work has been impacted by COVID19. Fill out the app here: [https://www.wearesoze.com/relief-fund](https://www.wearesoze.com/relief-fund)
- artEquity is giving $200 per person, for BIPOC (Black, Indigenous, People of Color) pursuing careers as artists or arts administrators whose income has been directly impacted by the COVID-19 pandemic. [https://docs.google.com/forms/d/e/1FAIpQLSfV4AaxzLVUNAGXoxg8qfZf7jVkrMroa-CETo6VT6XYgR-CaQ/viewform?fbzx=3551299570220847832](https://docs.google.com/forms/d/e/1FAIpQLSfV4AaxzLVUNAGXoxg8qfZf7jVkrMroa-CETo6VT6XYgR-CaQ/viewform?fbzx=3551299570220847832)

**Student Relief**

- [https://www.studentrelieffund.org/for-students](https://www.studentrelieffund.org/for-students)

**Meditation**

- [https://www.headspace.com/covid-19](https://www.headspace.com/covid-19)
### Social Support & Meet Up Groups

<table>
<thead>
<tr>
<th>Group</th>
<th>Phone</th>
<th>Contact Information</th>
<th>Meet Days/Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>APAIT - TOOLBOX</strong></td>
<td>Jaden Fields</td>
<td>(231) 375-3830 x1848</td>
<td>3055 Wilshire Bl #300 Los Angeles, CA, 90010</td>
<td>Email: <a href="mailto:jadenf@apaitonline.org">jadenf@apaitonline.org</a></td>
</tr>
<tr>
<td><strong>APAIT - VIBE</strong></td>
<td>Jeffrey Liang</td>
<td>(231) 375-3830 x1819</td>
<td>3055 Wilshire Bl #300 Los Angeles, CA, 90010</td>
<td>Email: <a href="mailto:jeffreyl@apaitonline.org">jeffreyl@apaitonline.org</a></td>
</tr>
<tr>
<td><strong>APAIT - VIBE+</strong></td>
<td>Daniel Nguyen</td>
<td>(231) 375-3830 x1810</td>
<td>3055 Wilshire Bl #300 Los Angeles, CA, 90010</td>
<td>Email: <a href="mailto:danieln@apaitonline.org">danieln@apaitonline.org</a></td>
</tr>
<tr>
<td><strong>APAIT - G-SPOT</strong></td>
<td></td>
<td></td>
<td>3055 Wilshire Bl #300 Los Angeles, CA, 90010</td>
<td>Reserve your “ticket” on eventbrite here: <a href="https://www.eventbrite.com/o/apait-17630070626">https://www.eventbrite.com/o/apait-17630070626</a></td>
</tr>
<tr>
<td><strong>APLA Health &amp; Wellness - R3VNG Program</strong></td>
<td>Dontá Morrison</td>
<td>(323) 329-9900</td>
<td>3743 S. La Brea Ave. Los Angeles, CA 90017</td>
<td>Facebook: /R3VNG Instagram: @R3VNG; Twitter: @R3VNG</td>
</tr>
<tr>
<td><strong>The LA LGBT Center - Men's Speakeasy</strong></td>
<td>(323) 860-2280</td>
<td>1220 N. Highland Ave. Los Angeles, CA 90038</td>
<td><a href="https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social">https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social</a></td>
<td>Meets: Tuesdays, 8 p.m. to 9:30 p.m.</td>
</tr>
<tr>
<td><strong>The LA LGBT Center - Bi-Osphere</strong></td>
<td>(323) 993-7400</td>
<td>1125 N. McCadden Place, Los Angeles, CA 90038</td>
<td><a href="https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social">https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social</a></td>
<td>Meets: Every Monday, 8 p.m. to 9:30 p.m.</td>
</tr>
<tr>
<td><strong>The LA LGBT Center - Hablemos!</strong></td>
<td>(323) 993-7400</td>
<td>1125 N. McCadden Place, Los Angeles, CA 90038</td>
<td><a href="https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social">https://lalgbtcenter.org/social-service-and-housing/discussion-support-groups/social</a></td>
<td>Meets: Every 2nd and 4th Tuesday, 7 to 8:30 p.m.</td>
</tr>
<tr>
<td><strong>The Center, Long Beach - Mentoring Youth Through Empowerment (MYTE)</strong></td>
<td>(562) 434-4455 ext.227</td>
<td>553 S. Clarence St., Los Angeles, CA 90033</td>
<td><a href="https://www.centerlb.org/youth-services/">https://www.centerlb.org/youth-services/</a></td>
<td>Mentoring Youth Through Empowerment provides LGBTQ youth and allies with a safe and affirming space in which they can build community, learn essential life skills, and engage in cultural activities with peers and adult mentors.</td>
</tr>
<tr>
<td><strong>The Center, Long Beach - Mentoring Youth Through Empowerment (MYTE)</strong></td>
<td>Joel Gemino</td>
<td><a href="mailto:jgemino@centerlb.org">jgemino@centerlb.org</a></td>
<td>562-434-4455 ext.227</td>
<td>Drop in hours: Monday-Friday, 3:00p.m.-7:00p.m.</td>
</tr>
</tbody>
</table>
APLA Health & Wellness - Red Circle Program
Phone: (323) 361-2112
5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027
http://www.chla.org/adolescent-and-young-adult-medicine
Serves children, youth, and families.
- Q-Tips: New Drop-in Group for Gay, Bisexual, Queer/Transgender Male Identified Youth (Ages 14-17). Participants connect with their community, share goals and values with their peers and have fun along the way.
- Snacks and a light meal are provided to all participants.
- The group meets every second and fourth Friday of the month, from 3 to 6 p.m. at 5000 Sunset Blvd. (4th Floor).
- To join contact Jesse Medina at (323) 361-3283 or jesmedina@chla.usc.edu
- G-Spot: A Sex and Pleasure-Based Workshop for Young Gay, Bisexual, Queer Male-Identified POC Refreshments and snacks provided. Receive a $20 incentive for participating. The group meets every second Wednesday of the month, from 4 to 6 p.m. at 5000 Sunset Blvd. (4th Floor). For more information, contact Adrian Gonzales at (323) 361-3966 or admgonzales@chla.usc.edu

Trans-verse
Contact our youth services department at youth@centerlb.org
Every Tuesday 7:00-8:30pm
Transverse is a weekly, peer-led group for people ages 16-24 who identify as trans, non-binary, two-spirit, and/or another identity under the trans umbrella. Week-to-week meetings include discussions, socializing, and planned programming.

The Center, Long Beach - 20 Somethings
Contact: Mariel Fiedler – mfiedler@centerlb.org / 562-434-4455 ext.225
Weekly Meeting Time: Wednesdays, 7:00p.m.-9:00p.m.
https://www.centerlb.org/youth-services/
For individuals ages 18-30
The group discusses weekly topics; hosts open conversation; and organizes regular team-building activities. The Wall Las Memorias Project - Men's Connection (Multiple Locations) Services offered under the Men's Connection program include HIV/AIDS prevention, substance abuse counseling, and safe sex practice counseling. Connecting culture, faith, health, and wellness, the Men's Connection program offers MSM men of all ages the resources needed to live healthy balanced lives.
Men's Connection Services Include: Free Raid & Confidential HIV Testing; Men's Group (Highland Park); Men's Talk (Downtown LA); POZ Power Group (Highland Park); Linkage to Care; Health Resources (PrEP/PEP); Community Engagement; Peer Counseling
To GET CONNECTED to the services listed above, contact The Wall-Las Memorias Project staff at (323) 257-1056 ext. 30 or via email at david.solorio@twlmp.org

SoCal Club LA - Safe Space Mondays
Phone: 323-905-5675
8601 S. Broadway, Los Angeles, CA 90035
Every Monday is Free Space to hang out and enjoy free snacks, beverages, games and music! https://socalclubla.org/ Mondays 12:30pm-7:30pm

Pasadena Pride Center - Rainbow Connections Youth Group
Phone: (626) 578-5772
http://www.pridepasadena.org/ 1443 E Washington Blvd. Pasadena, CA 91104
Youth and allies ages 12-18 who live in the San Gabriel Valley

OC ACCEPT - Orange County Acceptance through Compassionate Care, Empowerment, and Positive Transformation
Phone: (714) 517-6100
https://media.ocgov.com/gov/health/bhs/about/pi/oc_accept/default.asp
2035 E. Ball Rd., Suite 100-C. Anaheim, CA 92806
Parental consent required if under 18.
The Center OC - Rainbow Youth Groups
Phone: (714) 953-5428 x330
http://www.lgbtcenteroc.org/
1605 N. Spurgeon Street Santa Ana, CA 92701
**The Los Angeles LGBT Center**

Phone: 323-860-7373  
The Village at Ed Gould Plaza 1125 N. McCadden Pl. Los Angeles, CA 90038  
lifeworks@lalgbtcenter.org

- NEW MEMBER ORIENTATION: Monday–Friday 3 p.m.- 5 p.m.

Before you engage in programming, please drop by the space to meet a staff member to learn more.

Scheduled New Member Orientations also available; please contact LifeWorks directly.

LifeWorks Members DROP-IN SPACE  
Monday–Friday 3–4 p.m.

Free access to computers and on-site staff is available to any questions regarding LifeWorks programs and contact

**LifeWorks Youth Development and Mentoring Program**  
LifeWorks offers programs and activities for lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ+) youth ages 24 and under at the Los Angeles LGBT Center.

After hours: (323) 329-9900

3743 S. La Brea Ave., Los Angeles, CA 90016

**Latino+ Support Group – APAIT**

3055 Wilshire Blvd, STE 300, Los Angeles, CA 90010

Please call Gabriel Reyes at (213) 553-1845 or email her for more information.

gabriel@apaitonline.org

A social support group for Spanish-speaking HIV-positive individuals.

This group meets every second Saturday at 12PM.

**Pinoy Plus Support Group - APAIT**

3055 Wilshire Blvd, STE 300, Los Angeles, CA 90010

Please call Jury Candelario at (213)375-3830 or email icandelario@apaitonline.org for more information.

A social support group for Tagalog-speaking HIV-positive individuals.

This group meets monthly on Saturday afternoon. A light lunch is provided.

**PROJECT RECLAIM – APAIT**

please contact: Riley Vo, Service Navigator, at rileyv@apaitonline.org or call (714) 636-1349 ext. 209 Fax 714-823-4527

RECLAIM is an evidence-based group/individual intervention program for 18 and older clients. Through this intervention, the participants are provided with a safe space to learn and openly discuss their traumatic experiences and past or current experience with substance use. The intended result is that those participants will graduate the program with increased awareness about their life experiences and the relation to their substance use. In summary:

- For adults 18 years old and older • Participants self-identified as MSM/Gay or Transgender • This service is offered at APAIT and can be offered at your site & other locations convenient for participants.

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**Youth and allies ages 13-18.**

**Healing Arts at Spy (Safe Plays for Youth)**

SPY works with youth ages 12-25 who are experiencing or at risk of homelessness.  
Drop-In Center at 2469 Lincoln Blvd, Venice, CA 90291  
Tuesdays, Wednesdays and Thursdays between 1:00 - 5:00 pm, or Monday and Friday by appointment

http://www.safeplaceforyouth.org/healing_arts

The Healing Arts Program at SPY gives youth a safe environment for creative expression. Homeless youth come from a wide variety of traumatic backgrounds, and when given the chance to create art and express themselves in a safe, supported and judgment-free space, they have the opportunity to heal from trauma they may be carrying with them.

**Mindfulness Meditation & Support Group – Center for Sexuality & Gender Diversity**

Contact us at 661-843-7995, 661-404-5209 or info@thecenterbak.org  
Facebook group page: www.facebook.com/groups/1854932178115415

Who: LGBTQ+ individuals and allies, Aged 18+.

Where: The Center

When: Sundays at noon  
Cost: Free (Donations Welcome)

Description: This free class includes spiritual readings, guided meditation, silence, followed by Metta. Improve your mental and physical well-being, slow down, and relax: your life depends on it.

**20 Somethings**

Contact Antonio at (562) 434-4455 ext. 225  
Every Wednesday 7:00-9:00pm

20 Somethings is The LGBTQ Center of Long Beach’s weekly social and support group for LGBTQ+ identified folks and their allies who are in and around their 20s. The group discusses weekly topics; hosts open conversation; and organizes regular team-building activities. Outside of the meeting space, the Center organizes seasonal event calendars for the 20 Somethings group, which includes outings and local activities.

**PolyGathering Long Beach Monthly Discussion Group**

Contact Chai at chaitli.benson@gmail.com  
Every 3rd Saturday 2:00-4:00pm

The group welcomes a wide range of people who are in open relationships or identify as polyamorous. We are a queer-centered group that prioritizes relationship accountability, emotional responsibility, and providing fair access. If you’re curious about this lifestyle or have questions about your current relationship, this is a great opportunity to meet like-minded folks. Many are available for advice, support and just plain fun. The group is, first and foremost, inclusive of communities of color, disabled, and LGBTQ persons. We welcome you, solo or with your loved ones, and look forward to seeing the familiar faces that build this loving community.
Sober Gender Non-Conformists
Contact Brody at (845) 709-3202
Every Thursday 6:30-7:30pm
An open AA meeting, focusing on the trans and gender nonconforming community.

Men’s Rap
Contact Ish at (562) 434-4455 ext. 230
Every Thursday 7:30-8:30pm
An informal discussion group where ideas are exchanged on a variety of issues pertinent to gay men and the LGBT community at large. Men’s Rap exists as a space for men to share and discuss personal experiences and provide an alternative place for gay men to meet and make friends. Men’s rap is open to gay, bisexual, and transgender men of all ages.

Coming Out Support
Contact Denise at (626) 221-6686
Every Friday (Except the 4th Friday of the month) 7:00-9:00pm
Join Coming Out Support on Fridays for a safe, welcoming, and supportive environment. This group is open to anyone in any stage of the coming out process. Topics include emotional support, building self-esteem, recognizing internalized homophobia, escaping the “double life,” coming out to loved ones, exploring cultural taboos, morality, and religion, forming meaningful relationships, developing your “gaydar,” celebrating intimacy, and understanding community diversity.

Haweya
Contact Hannah at 949-771-6321 for more information.
Every 1st Saturday 12:00-2:00pm
Haweya is a social group that welcomes Middle Easterners and other ethnicities and races who share similar cultural background including East Africans, South Asians, Armenians, and others. We welcome friends and allies from all backgrounds ages 18+ who are lesbian, gay, bisexual, trans, queer, as well as those questioning their sexual orientation or gender identity/expression and straight allies. Haweya focuses on providing support to LGBTQ+ Middle Eastern+ people and fostering a sense of community amongst them and their allies. Our discussion topics will range from spirituality to sex, relationships to health and more.

Trans Support Group Via Zoom
Time: 7:00 pm - 9:00 pm
Location: Online / The DC Center Due to COVID-19, we are all meeting remotely via Zoom. Join Zoom Meeting [https://zoom.us/j/905643697](https://zoom.us/j/905643697) For security reasons we now require a password to enter the online meeting. Send us a quick email and we will provide you with the password: supportdesk@thedccenter.org
Substance Use / Needle Exchange

APLA Health & Wellness (Baldwin Hills)
Phone: (323) 552-9076 (call for more info or to register for the next group)
3743 South La Brea Ave, Los Angeles, CA 90016
https://aplahealth.org/services/d-i-c-e-lives/
Drug Intervention Creating Exceptional (D.I.C.E) Lives
2-day program that deals with the real issues young Latino and black men face day to day. Participants discuss their personal feelings and how they play a part in the decisions and choices they make. Participants will also discuss substance use, abuse, and STI prevention, among other topics. *Incentives available*

Homeboy Industries (Chinatown)
Phone: (323) 526-1254
130 W. Bruno St. Los Angeles CA 90012
Hours: Mon - Fri: 9 am - 5 pm
https://www.homeboyindustries.org/what-we-do/mental-health/
Trainees receive free mental health, substance abuse and psychiatric counseling. Trainees and community members attend support groups, One-on-one substance abuse counseling and random drug testing is conducted on-site.

Division of Adolescent and Young Adult Medicine at CHLA (East Hollywood)
Phone: 323-361-2463
5000 W. Sunset Blvd (Citibank Building) Los Angeles, CA 90027, 7th floor
Email: jjulian@chla.usc.edu
https://www.chla.org/adolescent-and-young-adult-medicine
https://www.chla.org/the-center-transyouth-health-and-development
Developmentally appropriate, compassionate and holistic approaches to health for gender nonconforming children and trans youth (up to 25 years old).

Homeless Healthcare LA Center for Harm Reduction (Downtown LA)
Phone: (213) 617-8408
512 East 4th St. Los Angeles, CA 90013
Hours: Monday - Friday: 8:30 am - 10:30 am, 12:00 pm - 2:00 pm; Saturday - Sunday: 8:30 am - 12:00 pm
Needle exchange and naloxone distribution, Integrated treatment and prevention plans, disease management for injection drug users.

Los Angeles LGBT Center Addiction Recovery Services (Hollywood)
https://lalgbtcenter.org/health-services/addiction-recovery-services
In addition to one-on-one therapy and therapy groups—all facilitated by professional substance abuse counselors in confidential sessions—the Los Angeles LGBT Center is home to a wide variety of 12-step group meetings. We also host a number of drug and alcohol-free events and groups throughout the year.
*All groups are held at The Village 1123 N. McCadden Place
Alcoholics Anonymous
It’s Come to This: Mondays, 6:15pm-7:15pm
Happy Hour: Tuesday-Friday, 6:15pm-7:15pm
Women: Wednesdays, 8:45pm-9:45pm
Al-Anon (Friends and Families of Problem Drinkers)
Thursdays, 7:30pm-8:30pm (Canceled November 22, 2018)
Crystal Meth Anonymous (CMA)
Let Go and Let God: Saturdays, 9:15am-10:15am
Co-Dependents Anonymous (CODA)
Tuesdays, 8:00pm-9:00pm
LFK (Leather, Fetish, and Kink) in Sobriety CMA Meeting
Fridays, 8:00pm-9:00pm (Canceled November 23, 2018)
Marijuana Anonymous
Wednesdays, 7:30pm-8:30pm
Narcotics Anonymous (NA) Heartbeat of Recovery
Mondays, 7:30pm-8:30pm
Overeater’s Anonymous for Women (OA)
Thursdays, 7:30pm-8:30pm
Sex & Love Addicts Anonymous
Mondays, 8:45pm-9:45pm
Wednesdays, 7:30pm-8:30pm
Saturdays, 10:30am-11:30am
Underearners Anonymous (UA) Artist in Prosperity
Tuesdays, 6:15pm-7:15pm
**His Sheltering Arms (South LA)**  
Phone: (323) 755-6646  
11101 S. Main St. Los Angeles CA 90061  
Hours: 10 am - 3 pm every weekday  
http://www.hisarmsinc.com/  
*Inpatient treatment for women: substance abuse, mental health counseling, trauma classes, parenting classes and anger management. Domestic violence counseling and individual counseling w/ sliding scale pricing.*

**House of Uhuru (South LA)**  
Phone: (323) 568-5400  
8005 S. Figueroa St. Los Angeles CA 90003  
Hours: Mon - Fri: 8 am - 5 pm  
Substance abuse treatment program counseling, psychotherapy, medical care and parenting classes (English).

**Southern California Alcohol & Drug Programs, Inc. (SCADP) (Downey)**  
Phone: (562) 923-4545  
11500 Paramount Blvd. Downey, CA 90241  
http://www.scadpinc.org  
*Prevention and treatment of substance abuse and related problems among underserved and disadvantaged populations.  
*Free for those with Medi-Cal**

**Safe Refuge (Formerly Known as Substance Abuse Foundation of Long Beach)**  
Phone: (562) 987-5722  
3125 E.7th. St. Long Beach CA 90804  
Hours: Monday-Friday 7am-5pm asafe refuge.org/  
The Integrated Services to Avert Risk (iSTAR) Project provides 16 weeks of Page 66 cultural and gender-responsive, family centered and trauma-informed substance abuse treatment, HIV risk-reduction interventions and services, trauma-informed mental health services and HIV/STI/viral hepatitis counseling, testing and case management services with linkages to care and treatment.

**Bienestar Substance Use Programs & Needle Exchange (Multiple Locations)**  
Phone: (866) 590-6411 (Call to schedule an appointment for the substance use programs)  
http://www.bienestar.org/substance-use/  
**East Los Angeles** (5326 E. Beverly Blvd. Los Angeles, CA 90022)  
Needle Exchange Program Hours: Monday - Friday 10:00 am - 2:00 pm; 4:00 pm - 7:00 pm  
Walk in or call for more info (866) 590-6411 ext. 139  
http://www.bienestar.org/syringe-exchange/  
**South Los Angeles** (130 W. Manchester Ave.Los Angeles, CA 90003)  
San Fernando Valley (8134 Van Nuys Blvd., Ste. 200 Panorama City, CA 91402)

**St. John’s Well Child and Family Center (SJWFC) Substance Abuse Counseling (Multiple Locations)**  
Phone: (323) 541-1600 ext. 1104/3306 (Mario Moreno, Case Manager)  
http://www.wellchild.org/  
**South Los Angeles location**  
South Los Angeles 808 W. 58th Street Los Angeles, CA 90037  
Tuesday - Friday: 8:30 am - 5:00 pm  
**Compton location**  
2115 North Wilmington Avenue Compton, CA 90222  
Wednesdays from 10 am - 11 am  
*Outpatient program, individual counseling sessions, crisis intervention treatment planning, assessments, non-mandatory UA testing, support groups, smoking cessation services, referrals to outside treatment facilities.*

**Tarzana Treatment Centers (Multiple Locations)**  
Phone: (888) 777-8565  
http://www.tarzanatc.org/contact-us  
Email: treatment@tarzanatc.org  
**Long Beach Locations:**  
5190 Atlantic Ave. Long Beach, CA 90805  
2101 Magnolia Ave. Long Beach, CA 90805  
Other Locations in Lancaster, Northridge, Palmdale, Reseda, and Tarzana  
*Alcohol & drug treatment team available 24 hours/day, 7 days/week for clinical assessment or immediate admission.*

**Greater Los Angeles Area of Narcotics Anonymous (Multiple Locations)**  
Local 24-Hour Helpline: (323) 933-5395  
http://greaterlosangelesna.org/  
Find a meeting near you: http://greaterlosangelesna.org/meetings/  
NA members learn from one another how to live drug free and recover from the effects of addiction in their lives.

**Los Angeles Alcoholics Anonymous (Multiple Locations)**  
Phone: English (323) 936-4343, Spanish (323) 750-2039; Hearing Impaired/TDD (800) 735-2922  
www.aa.org or www.lacoaa.org  
Find a meeting near you: https://lacoaa.org/find-a-meeting/  
*A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.*
### Schedule of Street-Based Syringe Exchange Sites:

<table>
<thead>
<tr>
<th>Site</th>
<th>Days</th>
<th>Time</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coastal Recovery Center</td>
<td>Monday</td>
<td>10:00am – 12:00pm</td>
<td>117 E Harry Bridges Blvd., Wilmington, CA 90744</td>
</tr>
<tr>
<td>Highland Park</td>
<td>Monday</td>
<td>3:30pm – 5:00pm</td>
<td>6740 N. Marmion Way, Los Angeles, CA 90042</td>
</tr>
<tr>
<td>El Pueblo de Los Angeles</td>
<td>Wednesday</td>
<td>4:00pm – 6:00pm</td>
<td>527 N. Spring Street, Los Angeles, CA 90012</td>
</tr>
<tr>
<td>Lincoln Heights</td>
<td>Thursday</td>
<td>3:30pm – 5:00pm</td>
<td>2762 Alhambra Ave, Los Angeles, CA 90031</td>
</tr>
</tbody>
</table>

### Los Angeles District of Crystal Meth Anonymous (Multiple Locations)

Phone: (855) 638-4373, District Helpline 1 (877) CMA-NOW1  
https://www.cmainla.com/ Find a meeting near you:  
https://www.cmainla.com/meetings/la-district-cma-meeting-directory/search.html/?sparam=in  
A fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth.

### Los Angeles Community Health Project Needle Exchange (Multiple Locations)

Phone: (213) 568-3542  
http://chpla.org/schedule/  
Email: info@chpla.org  
Needle exchange, outreach, overdose prevention education & Naloxone distribution, assistance getting healthcare, Hepatitis C testing, training and education materials.
Suicide Prevention & Support

### National Suicide Prevention Lifeline
Online chat and other information: Go to [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### Trevor Project Provides suicide prevention and crisis intervention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people

- **Trevor Lifeline**: Call 1-866-488-7386  
- **TrevorText**: Text START to 678678  
- **TrevorChat** and other information: Go to [www.thetrevorproject.org/Help](http://www.thetrevorproject.org/Help)  
- **TrevorSpace**: a safe space social networking site at [www.TrevorSpace.org](http://www.TrevorSpace.org)

### Trans Lifeline
Trans Lifeline is a national trans-led 501(c)(3) organization dedicated to improving the quality of trans lives by responding to the critical needs of our community with direct service, material support, advocacy, and education. Fighting the epidemic of trans suicide and improving overall life-outcomes of trans people the Trans Lifeline facilitates justice-oriented, collective community aid. Their peer support hotline is run by and for trans people.  
The line is available daily from 7 a.m.–1 a.m. PST / 9 a.m.–3 a.m. CST / 10 a.m.–4 a.m. EST. Volunteers may be available during off hours. Call 877-565-8860 to speak to someone now. Other information: [http://www.translifeline.org](http://www.translifeline.org)

### #Chatsafe: A Young Person’s Guide for Communicating Safely Online About Suicide

The #chatsafe guidelines have been developed in partnership with young people to provide support to those who might be responding to suicide-related content posted by others or for those who might want to share their own feelings and experiences with suicidal thoughts, feelings, or behaviors.

### Reducing Loneliness and Social Isolation among Older Adults –

This sheet by the Suicide Prevention Resource Center (SPRC) provides information on the risk factors for and impact of loneliness and social isolation on older adults, tools to identify loneliness in older adults, and interventions and resources to reduce loneliness and isolation.