



# Blood Donor Qualifications

Thank you for your interest in blood donation with Children's Hospital Los Angeles!

*DONOR REQUIREMENTS ARE ESTABLISHED BY THE FOOD AND DRUG ADMINISTRATION AND THE AABB*

- Donors must be 17 years or older
- Donors are encouraged to have a healthy meal before donating and to drink plenty of fluids
- Donors are required to bring a valid photo ID
- Donor must weigh at least 110 pounds

**Please do NOT donate if you:**

- Are sick or not feeling well
- Are currently taking antibiotics or other medications for an infection
- Have donated whole blood in the past 8 weeks
- Are pregnant or have been pregnant in past 6 weeks
- Have a bleeding disorder or blood disease, or take anticoagulants
- Have had hepatitis or close contact with someone who has hepatitis
- Have had Babesiosis or Chagas disease
- Have ever received a brain covering graft or xenotransplantation
- Have taken clotting factor concentrates for a bleeding problem
- Have ever had HIV/AIDS or have ever had a positive test for the HIV/AIDS virus
- Have taken Tegison for psoriasis
- PLATELET DONORS: Take Feldene, Effient, Brilinta, Plavix, Ticlid, Zontivity, or any aspirin containing medications (acetaminophen/Tylenol is OK)

**Please ask for an evaluation if in the PAST 3 months, you:**

- Received a blood transfusion
- Received an organ, tissue, or bone marrow transplant
- Had a bone or skin graft
- Had an accidental needle stick or have come into contact with someone else's blood
- Have used a needle to inject nonprescription drugs (including steroids)
- Are a man and have sex with another man
- Are a female who has had sexual contact with a man who had sexual contact with another man
- Had sexual contact with a prostitute, anyone who has ever used needles not prescribed by a doctor, or anyone who has ever had HIV/AIDS
- Had a tattoo or piercing
- Have been treated for syphilis or gonorrhea
- Received money or other payment for sex

**Please ask for an evaluation if you have had any of the following:**

- Cancer, including leukemia
- Chest pain, stroke, heart disease, diabetes, lung disease, or malaria
- Major illness, surgery, or are under a doctor's care
- Recent vaccinations or injections
- Traveled or lived outside of the United States in the past 3 years
- Been held in a prison/jail for 72 or more consecutive hours
- Take Avodart, Proscar, Propecia, Accutane, Soriatane, or any other medications
- Have ever taken medicine to prevent or treat HIV
- EVER lived in UK, France, or Ireland

Please call 323-361-2441 or email [BloodDonorCenter@chla.usc.edu](mailto:BloodDonorCenter@chla.usc.edu) for any questions.

Call us or visit [www.chladonateblood.org](http://www.chladonateblood.org) to schedule an appointment.