

# TAKE THE FRIGHT OUT OF PUMPKIN CARVING

Children's Hospital  
LOS ANGELES®



Many kids and families will be carving pumpkins this October —just like they do every year. But did you know that the traditional carving steps have been unsafe?

Before you start, download our printable butterfly template at [CHLA.org/PUMPKIN](http://CHLA.org/PUMPKIN)

## TOOLS:



Clean, dry surface



Pumpkin carving kit



A template or pattern (butterfly template)



An adult

## STEP 1

Tape the fun template to the pumpkin.



## STEP 2

Use carving tool to poke holes around your design to make a guide.



## STEP 3

Carve by following the guide.



## STEP 4

Have an adult cut the pumpkin's top off.



## STEP 5

Take out the pumpkin's guts. \*Leaving this fun, slimy step towards the end helps ensure a clean, dry surface and minimizes injuries.



## STEP 6

Use glow sticks or flameless candles to light.



## STEP 7

Place in safe, visible area

