Secondary Traumatic Stress Prevention for Service Providers working with Youth Experiencing Homelessness


Staff trained on trauma and its impact
Agency fosters connectedness and support among and between employees
Agency culture that celebrates individual growth

Foundational

Mechanisms to gather staff concerns and a commitment to address them

Staff trained on the ARC framework to understand youth behavior

Recognition and celebration of staff achievements
Regular agency debriefing and strategizing over specific incidents and youth
Individual supervision that supports honest and constructive sharing of strengths and challenges
Opportunities for staff to share time together during work hours
Resources to support personal and professional growth and development

Senior Leadership is visible and approachable
Programs available for staff that engages the whole body such as yoga, exercise, massage, etc.
Staff trained on how to recognize and respond to potentially explosive situations
Agencies are addressing self-care issues through training and supervision
Staff trained not to personalize youth acting-out behavior

Core training on key topics for all staff available through E-Learning Modules
Agency and Network provided training
Interagency supervision groups to promote shared understanding of the work
Developed products to support and sustain training efforts.

Forums to gather staff input into programming
Provide forum for staff to demonstrate new skills and train their peers

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