

# Care of your Child After a Pyeloplasty

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Children's  
Hospital  
LOS ANGELES®

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## Care of your child after a Pyeloplasty

Pyeloplasty is an operation to fix a blockage between the kidney and the ureter. The ureter is a tube that drains urine from the kidney into the bladder. Removing the blockage lets the urine drain easily.

### What to expect

- It is normal to have some blood in the urine for the first 1-2 weeks after surgery.
- Your child may have a white glue material on their incision after surgery. This will slowly peel off on its own.
- Your child may have a soft rubber drain in their side after surgery. Your discharge instructions will tell you how to care for the drain and when to come back to the clinic so it can be removed.
- It is important for your child to drink lots of fluids after surgery so please encourage them to do this. For the first few days after surgery, your child might not be very hungry and will not eat as much as they usually do. This is normal.
- It is normal to have some discomfort, especially where the incisions are. Your doctor will prescribe medications to help control this.

### Activity

No rough play or contact sports for a few weeks after surgery. Your discharge instructions will say when your child can resume normal activities.

## Bathing

Your child may have a brief shower or a sponge bath for the first 7 days after surgery. You may resume normal bathing after this time.

## Pain/Medications

At the time of discharge, your child will be given prescriptions for pain medicine and constipation. Please give all medications as ordered by your doctor.

## Make this call the first week

Your child will need to see the doctor about 4-6 weeks after surgery. The Urology office will call you to schedule this appointment. If you do not receive a call, please contact us at 323-361-2247.

If your child has a drain on their side, please contact the clinic to make an appointment so it can be removed in the clinic approximately 1 week after discharge.

## When to call the doctor

- For fever over 101.5 F
- If your child is unable to drink fluids or has nausea/vomiting
- If your child cannot urinate
- If your child has redness, swelling, or increased drainage from the incision.
- If you have any questions or concerns

## Office Hours

Monday through Friday, from 8 a.m. to 4:30 p.m.,  
call 323-361-7559

Weekends or evenings, call 323-660-2450 and ask for the  
urology resident on call.

4650 Sunset Blvd. | Los Angeles, CA 90027 | [CHLA.org](http://CHLA.org)

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