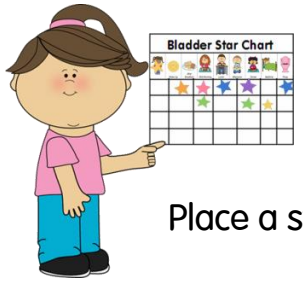
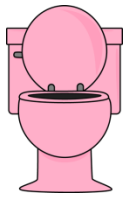
Name: _____



Bladder Star Chart

Place a star, sticker, or checkmark for each time you go

For the week of:

	Wake Up	After Breakfast	Mid-Morning	Lunch	Afternoon	Dinner	Bedtime	 Poop
Sunday								
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								
Saturday								