



We Treat Kids Better



USC University of  
Southern California

Division of Urology

Date of UDS study: \_\_\_\_\_ by Dr: \_\_\_\_\_

**How to care for you/your child after a Urodynamic (UDS) Study:**

1. Drink 8 to 10 glasses of fluid over the next 2 days. Water is the best. This will help to prevent a urinary tract infection and soothe any irritation.
2. You may have a little irritation when you empty your bladder over the next 24 hours. This is normal. If the pain lasts longer than 24 hours, call your Doctor.
3. You may want to take a warm bath today with circulating water. This helps with the irritation.
4. If you get a fever of 100 degrees or more, please contact your Doctor.
5. You may pass a few drops of blood when you empty your bladder. If you pass clots or the blood increases, please contact your Doctor.
6. You should have an appointment to review the results with your physician. If not, please call our office right away at 323-361-2247 to schedule it.

If you have any questions about your discharge instructions call the clinic nurse at 323-361-7559, Monday through Friday during normal business hours.

If you have an emergency after hours, in the evening or on the weekend and you need to talk to a physician, call 323-660-2450 and ask to speak to the Urology Resident on call.

Thank you,

The Urology Clinic at Children's Hospital Los Angeles