

Life After CHLA

Education Workshops for Parents of Adolescents & Young Adults

Join our virtual workshops to learn how to best get you and your adolescent/young adult ready for adulthood and adult care. Preparation and practice are key!

Are You Ready? Preparing Yourself for Your Youth's Transition to Adult Care

Learn how to build your skills and get the support you need to help navigate this process

Presented by: Laura Bava, PsyD, ABPP, Pediatric Psychologist, CHLA

Thursday, September 1, 6-8pm



Is Your Youth Ready? Preparing Your Youth for Their Transition to Adult Care

This process requires partnership for success! Learn how to work with your youth to make sure they have the knowledge and skills needed to succeed

Presented by: Laura Bava, PsyD, ABPP, Pediatric Psychologist, CHLA

Thursday, September 15, 6-8pm



A Whole New World: The Difference Between Pediatric and Adult Care

Learn how adult care is different and what you need to know to prepare for a successful transfer

Presented by: Mohamad Raad, MD, Medical Director,
Adolescent Care & Transition (ACT) Clinic, LAC-USC

Thursday, September 29, 6-8pm



Is Your Youth Covered? Navigating Insurance Through Transition

Learn insurance basics, coverage for your adult child, rights and responsibilities, how to get help when needed, and more

Presented by: Maternal and Child Health Access (MCHA)

Thursday, October 13, 6-8pm



Perspectives From Experience: Key Lessons Learned From Parents & Patients

Learn tips and strategies from parents and patients who have successfully transferred to adult care

Presented by: Panel of former CHLA patients and parents

Thursday, October 27, 6-8pm



**Workshops will take place via Zoom.
Click [here](#) to register or scan QR code.**



Questions? Contact Shawna Dyer at sdyer@chla.usc.edu | 323-361-5796