



Blood Donor Qualifications

DONOR REQUIREMENTS ARE ESTABLISHED BY THE FOOD AND DRUG ADMINISTRATION AND THE AMERICAN ASSOCIATION OF BLOOD BANKS

- Donor must be over 18 years old or 17 years old with completed parental consent packet
- Donor must weigh at least 110 pounds. (17 year olds must weigh over 120 pounds)
- Donors are encouraged to have a healthy meal before donating and to drink plenty of fluids
- Donors are required to bring a valid photo ID

Please do not donate if You:

- Are sick or not feeling well
- Have donated blood in the past 8 weeks
- Are pregnant
- Have a bleeding disorder or blood disease
- Have had hepatitis or lived with someone who has hepatitis
- Have had Babesiosis or Chagas disease
- Have ever received growth hormone made from human pituitary glands
- Have ever received a brain covering graft
- Have any blood relatives with Creutzfeldt-Jakob disease
- Have been injected with bovine (beef) insulin since 1980
- Have ever used a needle to inject nonprescription drugs (including steroids)
- Have taken clotting factor concentrates for a bleeding problem
- Have HIV/AIDS or have had a positive test for the HIV/AIDS virus
- Have taken money or drugs for sex since 1977
- Are a man and have had sex with another man in the past 12 months
- Have been treated for syphilis or gonorrhea in the past 12 months
- Have taken Tegison for psoriasis

Please call us at (323) 361-2441 for an evaluation if you have had any of the following:

- Cancer
- Chest pain, stroke, heart disease, lung disease, or malaria
- Major illness, surgery, or are under a doctor's care
- Blood transfusions or tissue grafts/transplants
- Tattoos, ear/skin piercing, or acupuncture
- Accidental needle stick or come into contact with someone else's blood
- Rabies shot or any other shots or vaccinations
- Been held in a prison/jail for more than 72 consecutive hours
- Take Avodart, Proscar, Propecia, Accutane, Soriatane, or any other medications
- Traveled outside of the United States
- Lived in Europe
- Recently moved to the United States
- If you have the sickle trait, you may not donate whole blood but it is possible you may qualify to donate platelets.

CHILDREN'S HOSPITAL LOS ANGELES
BLOOD DONOR CENTER- 1st Floor Anderson Building
4650 Sunset Blvd MS 131 Los Angeles, CA 90027
Schedule an appointment today at www.chladonateblood.org