

Aloha Update: Pediatrics®

Jointly Provided by the:

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

and the California District IX, Chapter 2 AAP

in association with

Children's Hospital Los Angeles Medical Group

2
0
2
1

October 16 - 22, 2021
Grand Hyatt
Kauai Resort & Spa
Kauai, Hawaii



1-800-3KID-CME / 1-800-354-3263

www.PediatricCME.org / www.chla.org/cme-conferences

ALOHA UPDATE: PEDIATRICS® 2021

October 16 - 22, 2021

The American Academy of Pediatrics and California District IX, Chapter 2, in association with Children's Hospital Los Angeles Medical Group, are pleased to present Aloha Update: Pediatrics® 2021 on the island of Kauai. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend Aloha Update: Pediatrics® 2021 if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

COURSE OBJECTIVES

At the conclusion of this activity participants will be able to identify, assess and manage common clinical issues in the areas of orthopedic surgery & sports medicine, infectious diseases, gastroenterology & nutrition, pulmonology & sleep medicine and developmental-behavioral pediatrics, including:

- Implement the American Academy of Pediatrics' 2020 updated guidelines for identification, evaluation and management of children with autism spectrum disorder.
- Formulate a successful treatment plan for a child with constipation including both medical and behavioral interventions.
- Describe post-COVID symptoms in children and outline diagnostic and therapeutic strategies.
- Evaluate pediatric back pain using a systematic approach that minimizes the number of diagnostic studies.
- Apply the significant updates to mild asthma management included in the 2019 GINA (Global Initiative for Asthma) report.

The overall learning need identified for this conference is for practical, evidence-based medicine that can be applied in the clinical setting.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California District IX, Chapter 2 of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 22.5 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

This Live activity, Aloha Update: Pediatrics® 2021, with a beginning date of 10/16/2021, has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive 22.50 Mainpro+® credits credits for attendance at this meeting due to reciprocal agreement with the American Academy of Family Physicians.

PAs may claim a maximum of 22.5 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

This program is accredited for 22.5 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances) per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

Disclosure of Financial Relationships and Resolution of Conflict of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve an unapproved or "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities. The content of this CME activity does not necessarily reflect the views or policies of the AAP.

Faculty

Kristina A. Bryant, MD

*Professor Pediatrics,
University of Louisville School of Medicine
Director, Kosair Charities Fellowship in Pediatric Infectious Diseases
and Hospital Epidemiologist,
Norton Children's Hospital, Louisville Kentucky*

Daniel L. Coury, MD

*Professor of Clinical Pediatrics and Psychiatry,
The Ohio State University College of Medicine
Past Chief, Developmental and Behavioral Pediatrics,
Nationwide Children's Hospital, Columbus, Ohio*

Carlo Di Lorenzo, MD

*Robert F. and Edgar T. Wolfe Foundation
Endowed Chair in Pediatric Gastroenterology and Professor of Clinical Pediatrics,
The Ohio State University College of Medicine
Chief, Division of Pediatric Gastroenterology, Hepatology and Nutrition,
Nationwide Children's Hospital, Columbus, Ohio*

David L. Skaggs, MD, MMM

*Professor of Orthopaedics, Pediatrics and Neurosurgery,
Co-Director Spine Institute, Executive Vice-Chair of Orthopaedics,
and Director Pediatric Orthopaedics Program
Cedars-Sinai Health System, Los Angeles*

Sally L. Davidson Ward, MD

*Professor of Pediatrics,
Keck School of Medicine of the University of Southern California
Head, Division of Pulmonology and Sleep Medicine,
Children's Hospital Los Angeles*

Special Guest: Lorraine Kelley-Quon, MD, MSHS

*Assistant Professor of Clinical Surgery and Preventive Medicine,
University of Southern California Keck School of Medicine
Division of General Pediatric Surgery
Children's Hospital Los Angeles*

Conference Moderators

Carl M. Grushkin, MD

*Professor of Clinical Pediatrics,
Keck School of Medicine of USC
Head, Division of Nephrology
Children's Hospital Los Angeles*

Lawrence A. Ross, MD

*Professor Emeritus of Clinical Pediatrics,
Keck School of Medicine of USC
Division of Infectious Diseases,
Children's Hospital Los Angeles*

Meeting Schedule for Sunday, October 17th - Thursday, October 21st

Sunday, October 17

- 7:00 am Coffee and Pastries
 7:20 am Greetings and Introductions
 7:30 am Chronic Cough: Every Parent's Nightmare
Sally L. Davidson Ward, MD
 8:00 am Belly Aches in Children: More Pain for the Child or the Provider?
Carlo Di Lorenzo, MD
 8:30 am Back Pain: When to Worry
David L. Skaggs, MD, MMM
 9:00 am Break
 9:20 am Torticollis to Scoliosis: Spine Problems in Children
David L. Skaggs, MD, MMM
 9:50 am Sequelae of COVID-19 in Children
Kristina A. Bryant, MD
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm **Seminars**
1. Common GI Problems
Carlo Di Lorenzo, MD
 2. Obstructive Sleep Apnea
Sally L. Davidson Ward, MD
 3. Addressing Vaccine Hesitancy
Kristina A. Bryant, MD

Monday, October 18

- 7:00 am Coffee and Pastries
 7:30 am Screening, Diagnosis and Treatment for Autism Spectrum Disorders
Daniel L. Coury, MD
 8:00 am The Limping Child
David L. Skaggs, MD, MMM
 8:30 am Recent Papers that May Change Your Practice
Kristina A. Bryant, MD
 9:00 am Break
 9:20 am Testing for Functional Disorders: The Indispensable, The Useless, The Dangerous
Carlo Di Lorenzo, MD
 9:50 am Opioid Prescribing Guidelines for Children and Adolescents after Surgery
Lorraine Kelley-Quon, MD, MSHS
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm **Seminars**
1. Interactive Cases in Developmental and Behavioral Pediatrics (ADHD, ODD, ASD, OCD, BPD, MDD, etc.)
Daniel L. Coury, MD
 2. Common GI Problems
Carlo Di Lorenzo, MD
 3. The Office Orthopedic Exam
David L. Skaggs, MD, MMM

Tuesday, October 19

- 7:00 am Coffee and Pastries
 7:30 am Opioid Use in Teens
Lorraine Kelley-Quon, MD, MSHS
 8:00 am Screen Time: Hazardous to your Health
Daniel L. Coury, MD
 8:30 am GINA: Updates from the Global Initiative for Asthma Management
Sally L. Davidson Ward
 9:00 am Break
 9:20 am Sports Medicine: Optimizing Youth Training, General Principles
David L. Skaggs, MD, MMM
 9:50 am Celiac Disease and Gluten Sensitivity: Separating Facts from Fiction
Carlo Di Lorenzo, MD
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm **Seminars**
1. The Office Orthopedic Exam
David L. Skaggs, MD, MMM
 2. Interactive Cases in Developmental and Behavioral Pediatrics (ADHD, ODD, ASD, OCD, BPD, MDD, etc.)
Daniel L. Coury, MD
 3. Common GI Problems
Carlo Di Lorenzo, MD

Wednesday, October 20

- 7:00 am Coffee and Pastries
 7:30 am Fractures and Owies: Orthopedic Trauma for the Office-Based Pediatrician
David L. Skaggs, MD, MMM
 8:00 am Duration, Duration, Duration: How Long is Long Enough for Treatment of Common Infections?
Kristina A. Bryant, MD
 8:30 am ADHD Pharmacologic Management
Daniel L. Coury, MD
 9:00 am Break
 9:20 am Complementary and Alternative Medicine (CAM) for Developmental-Behavioral Conditions
Daniel L. Coury, MD
 9:50 am Behavioral Insomnias of Childhood
Sally L. Davidson Ward, MD
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm **Seminars**
1. Addressing Vaccine Hesitancy
Kristina A. Bryant, MD
 2. The Office Orthopedic Exam
David L. Skaggs, MD, MMM
 3. Obstructive Sleep Apnea
Sally L. Davidson Ward, MD

Thursday, October 21

- 7:00 am Coffee and Pastries
 7:30 am Foodborne Illness in 2021
Kristina A. Bryant, MD
 8:00 am Sleep Deprivation: Something to Avoid for Everyone!
Sally L. Davidson Ward, MD
 8:30 am Constipation and Fecal Incontinence: Common and Fixable
Carlo Di Lorenzo, MD
 9:00 am Break
 9:20 am Regurgitating the Old: Why Is My Child Vomiting
Carlo Di Lorenzo, MD
 9:50 am ACEs (Adverse Childhood Experiences)
Daniel L. Coury, MD
 10:20 am Question & Answer Session
 11:00 am - 12:20 pm **Seminars**
1. Obstructive Sleep Apnea
Sally L. Davidson Ward, MD
 2. Addressing Vaccine Hesitancy
Kristina A. Bryant, MD
 3. Interactive Cases in Developmental and Behavioral Pediatrics (ADHD, ODD, ASD, OCD, BPD, MDD, etc.)
Daniel L. Coury, MD

Future Meetings!

Pediatric Potpourri®:
 State of the Art 2022
 Hyatt Regency Maui Resort & Spa
 February 26 - March 4, 2022

Pediatrics in the Islands ...
 Clinical Pearls 2022
 Hyatt Regency Maui Resort & Spa
 June 25 - July 1, 2022

Aloha Update:
 Pediatrics® 2022
 Grand Hyatt Kauai Resort & Spa
 October 15 - 21, 2022

Registration

Saturday, October 16, 2021 3 pm - 6 pm
Daily thereafter 7 am - 11 am
Meeting dates: Sunday, October 17 - Thursday, October 21

Smith Family Luau

"Best Luau on the Island" - The Ultimate Kauai Guidebook

Gather in this tropical paradise near the sacred Wailua River - a place once reserved for Hawaiian royalty - while awaiting the traditional Imu ceremony that opens the Luau. Enjoy cocktails and a bountiful buffet followed by "The Rhythm of Aloha" show in the open-air, torch-lit "Pele Amphitheater" (complete with erupting volcano). Ancient Hawaiians preserved their history by passing down songs and dances. Celebrate these traditions as well as songs and dances from around the Pacific - the lyrical sway of the Hawaiian hula, the colorful precision of the Tahitian drum dances, the fiery emotion of the Samoan fire knife dance and more.

Date: Wednesday, October 20, 2021

Time: 5:00pm-9:00pm

Price: \$114 Adults & Teens (14 and over),

\$33 Juniors (7-13), \$23 Children (3-6),

Free - Infants/Toddlers (2 and under)

Transportation to Luau on your own. Sign up for this activity on the conference registration form. **Space is limited: reserve early.**

Attractions & Activities

Kauai offers a wide variety of other attractions and activities including:

- **Waimea Canyon** -
the "Grand Canyon of the Pacific"
- **Waimea Bay** -
where Captain Cook first set foot in Hawaii
- **Na Pali Coast**
- **Hanalei Valley & Hanalei Bay**
- **Lamahai Beach** -
"Nurses Beach" in South Pacific
- **Princeville**
- **Wet and Dry Caves of Hæna**
- **Spouting Horn**
- **Snorkeling and kayaking**
- **Horseback riding**
- **Hiking and biking**
- **Golf**
- **Helicopter adventures**
- **Surfing**
- **Sailing**
- **Movie/TV Locations Tour**

Travel & Accommodations

To make your reservations at our special, discounted rates, please visit our travel website at www.PediatricsHawaii.com

The Grand Hyatt Kauai Resort & Spa

A tropical paradise of serene rainforests, thousand foot waterfalls and vast stretches of beach, the natural beauty of Kauai rivals that of any place on Earth. Our headquarters is the acclaimed **Grand Hyatt Kauai Resort & Spa** located on Poipu Beach, the Garden Isle's leading resort destination. With a spectacular oceanfront setting spanning 50 acres of paradise, the Hyatt features terraced swimming pools, waterfalls, a salt water swimming lagoon and white sand beach. The spirit of 'Aloha' is elegantly captured through-out the resort with a rich blend of lovely Hawaiian art, decor, and furnishings. Guests may choose from a variety of resort activities including the luxurious, full-service, ANARA spa. For the adventurous, learn of Kauai's unique environment by naturalist guided hikes and marine awareness dives. The resort also features four restaurants serving a variety of international cuisine.

Grand Hyatt Kauai Reservations

The special group rates for Aloha Update: Pediatrics® participants are:

Resort View: \$315/night
Partial Ocean View: \$355/night
Deluxe Ocean View: \$365/night
Grand Club (Concierge) Garden View: \$465/night
Ocean Suite: \$625/night

These special rates include the Hyatt's daily resort fee, currently a \$40 per day mandatory fee including:

- Free internet
- Free parking
- Free fitness center admission
- Other guest amenities

The Grand Hyatt Kauai Resort Fee is complimentary only if you book at our special group rates. Most other quoted rates do not include the resort fee. If you book outside our group, you can expect to see this fee added to your bill at check-out.

Occupancy: Rates are valid for one or two adults per room. Maximum occupancy is 4 per room. Children 18 and under are free. Additional adults over 18 are charged at \$75 per night. Please refer to the travel website for details.

The above rates do not include applicable Hawaii tax (currently 14.72% per room night occupied). This tax will be added to your final bill at check-out.

Typical arrival and departure dates are:

Check-In: Saturday, October 16, 2021

Check-Out: Friday, October 22, 2021

Rooms may be reserved at our special group rates up to 3 days before and after the above dates subject to availability.

Deposits and Cancellations: *A two (2) night deposit is required at the time of booking. Cancellations from 30 days to 72 hours before arrival will be assessed a one (1) night room and tax charge. Cancellations within 72 hours of arrival will be charged two (2) nights room and tax.*

Visit our travel website to make your Hyatt reservations at our special group rates.

For additional assistance or to make your reservations over the phone, please call Hyatt at (888) 421-1442 or (402) 592-6464 and ask for the "Aloha Update" conference rate at the Grand Hyatt Kauai.

Rental Car Reservations

To make the most of your visit to Kauai, we highly recommend a rental car. Because of nationwide rental car shortages due to COVID-19 shutdowns, we have not been able to secure group rates for rental cars. We recommend reserving early through a travel website such as Expedia or checking rental car programs offered by some car insurance companies or Costco. Rental car availability and pricing is expected to improve over time and we suggest checking back for possible improved rates.

Flights

The main airport in Kauai is the Lihue Airport, code LIH. This airport is 15 miles from the Grand Hyatt Kauai, about 30 minutes by car.

For additional flight information, please visit our travel website, www.PediatricsHawaii.com

Travel Assistance

For assistance or additional information, please contact our travel service provider: **University Travel** (800) 821-5094 or (818) 563-9808 Fax: (818) -563-9842
Email: pediatrics@unitrav.com

(CST registration #1015591-40)

Conference Registration Cancellation Policy:

Up to September 15, 2021: Full refund of all fees paid.

After September 15, 2021: \$200 cancellation fee and no refunds for luau or guest pass(es).

Send cancellation requests to pediatricCME@gmail.com.

No Post-Conference refunds. Note: Travel registration may also be subject to cancellation fees.

Visit www.PediatricCME.org or www.chla.org/cme-conferences
for on-line conference registration or to add your name to our mailing list.
Visit www.PediatricsHawaii.com for on-line hotel, rental car and/or airline reservations.

Conference Registration

Aloha Update: Pediatrics® 2021 - October 16 - 22, 2021 - Grand Hyatt Kauai Resort & Spa

Name _____ MD ___ Other _____
Please check Specialty: ___ Pediatrics AAP# _____
___ Family Medicine AAFP# _____
___ Other: _____
Address _____
City/State/Zip _____
Primary Phone _____ Office ___ Home ___ Cell ___ Other
Secondary Phone _____ Office ___ Home ___ Cell ___ Other
Fax _____ Email* _____

* Note: Please include an email address. Receipt and correspondence will be sent via email.

**Worry Free Registration: You will receive a full refund if you cancel your registration by September 15, 2021.
If the meeting itself is cancelled, you will receive a full refund.**

Tuition:	Early Registration by July 15, 2021		
Physician	\$1015	\$965	\$ _____
Past Physician Registrants	\$965	\$915	_____
CHLA Staff/Alumni	\$955	\$905	_____
AAP CA Dist. IX, Chap. 2	\$955	\$905	_____
*Residents / Interns	\$755	\$705	_____
Retired Physicians	\$755	\$705	_____
Non-Physicians (PAs, NPs, etc.)	\$755	\$705	_____

*A letter from the Chief of Staff must accompany registration for reduced Resident/Intern tuition. Full tuition will be charged if not pre-registered.

Smith Family Luau - Wednesday, October 20, 2021 - 5:00-9:00 pm

___ @ \$114 per adult/teen, 14 & over = \$ _____ + # ___ @ \$33 per junior, 7-13 = \$ _____
+ # ___ @ \$23 per child, 3-6 = \$ _____ + # ___ Infants/Toddlers, 2 & under (free)
= **Smith Family Luau Subtotal: \$ _____**

Guest Pass(es) for the conference continental breakfast:

If you would like your guest(s) to join you for the conference continental breakfast on Sunday, October 17 through Thursday, October 21, please indicate here

___ @ \$170 per per adult/teen 13 or older + # ___ @ \$85 per child, 12 & under = \$ _____

Total Amount Due:

**Tuition Total: \$ _____ + Smith Family Luau Total: \$ _____ + Guest Passes Total: \$ _____
= Total Amount Due: \$ _____**

Payment:

Check enclosed (payable to Children's Hospital Los Angeles Medical Group or CHLAMG)

Credit Card: Visa MasterCard Amer. Exp. Discover

Card No. _____ Security Code _____ Exp. Date _____

Name on Card _____ Signature _____

Billing Address _____

Billing City/State/Zip _____

Hotel, Rental Car and Flight Information:

The above conference registration does not include hotel, rental car or airline reservations. Visit our travel website, www.PediatricsHawaii.com, for information and reservations.

For assistance or additional information, please contact our travel services provider: **University Travel**
(800) 821-5094 or (818) 563-9808; Email: pediatrics@unitrav.com
University Travel, CST Registration #1015591-40.

Please return your completed registration form to: CHLAMG / Attn: Aloha Update: Pediatrics® 2021
3701 Wilshire Blvd, Suite 600, Los Angeles, CA 90010 • 800-354-3263 or (323) 361-2752 • Fax (323) 925-7490
CME email: pediatricCME@gmail.com • www.pediatricCME.org • www.chla.org/cme-conferences