

Aloha Update: Pediatrics[®]

Jointly Provided by the:

American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

and the California District IX, Chapter 2 AAP

in association with

Children's Hospital Los Angeles Medical Group

2
0
1
8

October 20 - 26, 2018
Grand Hyatt
Kauai Resort & Spa
Kauai, Hawaii



1-800-3KID-CME / 1-800-354-3263

www.chla.org/cme-conferences

ALOHA UPDATE: PEDIATRICS® 2018

October 20 - 26, 2018

The American Academy of Pediatrics and California District IX, Chapter 2, in association with Children's Hospital Los Angeles Medical Group, are pleased to present Aloha Update: Pediatrics® 2018 on the island of Kauai. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend Aloha Update: Pediatrics® 2018 if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

COURSE OBJECTIVES

At the conclusion of this activity participants will be able to identify, assess and manage common clinical issues in the areas of dermatology, infectious diseases, cardiology, gastroenterology & nutrition and adolescent medicine & sports medicine, including:

- Safely and effectively utilize topical anti-inflammatory agents for atopic dermatitis therapy.
- Describe the effectiveness of antiviral agents for influenza as well as new vaccine approaches for influenza.
- Distinguish life-threatening syncope from benign syncope utilizing history and physical exam along with common diagnostic tools.
- Recognize the various GI and extra-intestinal presentations of celiac disease, gluten intolerance and wheat allergy.
- Discuss the prevalence of eating disorders in adolescents and recognize important clinical findings to help with early diagnosis.

The overall learning need identified for this conference is for practical, evidence-based medicine that can be applied in the clinical setting.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California District IX, Chapter 2. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.50 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 22 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

This Live activity, Aloha Update: Pediatrics® 2018, with a beginning date of 10/20/2018, has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive 22.50 Mainpro+® credits for attendance at this meeting due to reciprocal agreement with the American Academy of Family Physicians.

The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*™ from organizations accredited by ACCME. Physician assistants may receive a maximum of 22.50 hours of Category 1 credit for completing this program.

This program is accredited for 22.5 NAPNAP CE contact hours of which 0 contain pharmacology (Rx), (0 related to psychopharmacology) (0 related to controlled substances), content per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

Disclosure of Financial Relationships and Resolution of Conflict of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve an unapproved or "off-label" use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities. *The content of this CME activity does not necessarily reflect the views or policies of the AAP.*

Faculty

Cora Collete Breuner, MD, MPH

*Professor of Pediatrics and Adjunct Professor of Orthopedics and Sports Medicine
University of Washington School of Medicine
Division of Adolescent Medicine and Department of Orthopedics
and Sports Medicine
Seattle Children's Hospital*

Kathryn M. Edwards, MD

*Sarah H. Sell and Cornelius Vanderbilt Chair in Pediatrics and Director
Vanderbilt Vaccine Research Program
Vanderbilt University School of Medicine
Division of Infectious Diseases
Monroe Carell, Jr. Children's Hospital of Vanderbilt*

Anthony J. Mancini, MD

*Professor of Pediatrics and Dermatology
Northwestern University Feinberg School of Medicine
Head, Division of Dermatology
Ann & Robert H. Lurie Children's Hospital of Chicago*

Michelle M. Pietzak, MD

*Assistant Professor of Clinical Pediatrics
USC Keck School of Medicine
Division of Gastroenterology & Nutrition
Los Angeles County + USC Medical Center
Children's Hospital Los Angeles*

Arash Sabati, MD

*Assistant Professor of Clinical Pediatrics
USC Keck School of Medicine
Division of Cardiology
Children's Hospital Los Angeles*

Conference Moderators

Eyal Ben-Isaac, MD

*Associate Professor of Pediatrics
USC Keck School of Medicine
Director, Pediatric Residency Program
Children's Hospital Los Angeles*

Carl M. Grushkin, MD

*Professor of Clinical Pediatrics
USC Keck School of Medicine
Head, Division of Nephrology
Children's Hospital Los Angeles
AAP Education Program Representative*

Sunday, October 21, 2018

- 7:00 am Coffee and Pastries
7:20 am Greetings and Introductions
7:30 am What's New in Flu?
An Update on Influenza
Kathryn M. Edwards, MD
- 8:00 am STI Updates
Cora Collette Breuner, MD, MPH
- 8:30 am Acne Through the Ages:
Treatment Guidelines for
Primary Care
Anthony J. Mancini, MD
- 9:00 am Break
9:20 am Tricks of the Trade: A Pediatric
Dermatologist Shares (Some)
Personal Pearls
Anthony J. Mancini, MD
- 9:50 am When to Worry About Chest Pain
Arash Sabati, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm **Seminars**
1. Eating Disorders in Adolescents:
Updates on Diagnosis and Treatment
Cora Collette Breuner, MD, MPH
 2. Countering Vaccine Hesitancy and
Addressing Vaccine Questions
Kathryn M. Edwards, MD
 3. A Picture is Worth a Thousand Words:
Graphic Guide to Common Congenital
Heart Lesions
Arash Sabati, MD

Monday, October 22, 2018

- 7:00 am Coffee and Pastries
7:30 am Workup of GI Bleeding in the
Pediatric Population: Dr. My Stool
is Black!
Michelle M. Pietzak, MD
- 8:00 am Hyperlipidemia Update
Arash Sabati, MD
- 8:30 am Heavy Petal: Top Ten Herbs Used
by Teens
Cora Collette Breuner, MD, MPH
- 9:00 am Break
9:20 am Update on Biofeedback and
Hypnosis: Fact or Fantasy?
Cora Collette Breuner, MD, MPH
- 9:50 am Atopic Dermatitis 2018: "Just the
Facts" for the Pediatrician
Anthony J. Mancini, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm **Seminars**
1. Dermatology Clinical Conundrums:
Can You Make the Diagnosis?
Anthony J. Mancini, MD
 2. A Picture is Worth a Thousand Words:
Graphic Guide to Common Congenital
Heart Lesions
Arash Sabati, MD
 3. Probiotics: Flushing Out the Truth
Michelle M. Pietzak, MD

Tuesday, October 23, 2018

- 7:00 am Coffee and Pastries
7:30 am A Systemic Perspective: Important
Skin Signs of Internal Disease
Anthony J. Mancini, MD
- 8:00 am Allergic or Eosinophilic
Gastroenteropathy or Eosinophilic
Esophagitis
Michelle M. Pietzak, MD
- 8:30 am What's New in Vaccines?
Kathryn M. Edwards, MD
- 9:00 am Break
9:20 am Rapid Diagnostic Methods:
Promise and Pitfalls
Kathryn M. Edwards, MD
- 9:50 am Life Liberty and the Pursuit of
Buffness: Nutritional Supplements
in the Adolescent
Cora Collette Breuner, MD, MPH
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm **Seminars**
1. Probiotics: Flushing Out the Truth
Michelle M. Pietzak, MD
 2. Dermatology Clinical Conundrums:
Can You Make the Diagnosis
Anthony J. Mancini, MD
 3. Eating Disorders in Adolescents:
Updates on Diagnosis and Treatment
Cora Collette Breuner, MD, MPH

Wednesday, October 24, 2018

- 7:00 am Coffee and Pastries
7:30 am Pneumonia: Etiology and
Management
Kathryn M. Edwards, MD
- 8:00 am Don't Let the Bedbugs Bite:
Infestations, Bites & Repellents
Anthony J. Mancini, MD
- 8:30 am Syncope in Children and
Teenagers
Arash Sabati, MD
- 9:00 am Break
9:20 am Exercise Restrictions
Recommendations in Cardiac
Patients
Arash Sabati, MD
- 9:50 am Prolonged Jaundice in Infancy:
When to Worry About a
Yellow Baby
Michelle M. Pietzak, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm **Seminars**
1. Countering Vaccine Hesitancy and
Addressing Vaccine Questions
Kathryn M. Edwards, MD
 2. Probiotics: Flushing Out the Truth
Michelle M. Pietzak, MD
 3. Dermatology Clinical Conundrums:
Can You Make the Diagnosis?
Anthony J. Mancini, MD

Thursday, October 25, 2018

- 7:00 am Coffee and Pastries
7:30 am Chronic Pelvic Pain in the
Adolescent
Cora Collette Breuner, MD, MPH
- 8:00 am Commonly Missed Cardiac
Diagnoses and How to Not
Miss Them
Arash Sabati, MD
- 8:30 am Celiac Disease, Wheat Allergy
and Gluten Sensitivity: When
Gluten Free is Not a Fad
Michelle M. Pietzak, MD
- 9:00 am Break
9:20 am IBD or IBS? Why One Letter
Makes a Big Difference!
Michelle M. Pietzak, MD
- 9:50 am Periodic Fevers: Evaluation and
Management
Kathryn M. Edwards, MD
- 10:20 am Question & Answer Session
11:00 am - 12:20 pm **Seminars**
1. A Picture is Worth a Thousand Words:
Graphic Guide to Common Congenital
Heart Lesions
Arash Sabati, MD
 2. Eating Disorders in Adolescents:
Updates on Diagnosis and Treatment
Cora Collette Breuner, MD, MPH
 3. Countering Vaccine Hesitancy and
Addressing Vaccine Questions
Kathryn M. Edwards, MD

Future Meetings!

Pediatric Potpourri®:
State of the Art 2019
February 2 - 8, 2019
Westin Maui Resort & Spa

Pediatrics in the Islands ...
Clinical Pearls 2019
June 29 - July 5, 2019
Sheraton Maui Resort & Spa

Aloha Update: Pediatrics® 2019
October 12 - 18, 2019
Grand Hyatt Kauai Resort & Spa

Travel & Accommodations

To make your reservations at our special, discounted rates, please visit our travel website at www.PediatricsHawaii.com

The Grand Hyatt Kauai Resort & Spa

A tropical paradise of serene rainforests, thousand foot waterfalls and vast stretches of beach, the natural beauty of Kauai rivals that of any place on Earth. Our headquarters is the acclaimed **Grand Hyatt Kauai Resort & Spa** located on Poipu Beach, the Garden Isle's leading resort destination. With a spectacular oceanfront setting spanning 50 acres of paradise, the Hyatt features terraced swimming pools, waterfalls, a salt water swimming lagoon and white sand beach. The spirit of 'Aloha' is elegantly captured throughout the resort with a rich blend of lovely Hawaiian art, decor, and furnishings. Guests may choose from a variety of resort activities including the luxurious, full-service, ANARA spa. For the adventurous, learn of Kauai's unique environment by naturalist guided hikes and marine awareness dives. The resort also features four restaurants serving a variety of international cuisine.

Grand Hyatt Kauai Reservations

The special group rates for Aloha Update: Pediatrics® participants are:

Resort View: \$295/night
Deluxe Ocean View: \$345/night
Regency Club (Concierge) Garden View: \$445/night
Ocean Suite: \$604/night

These special rates include the Hyatt's daily resort fee, currently a \$35 per day mandatory fee including:

- Free internet
- Free parking
- Free fitness center admission
- Other guest amenities

The Grand Hyatt Kauai Resort Fee is complimentary only if you book at our special group rates. Most other quoted rates do not include the resort fee. If you book outside our group, you can expect to see this fee added to your bill at check-out.

Occupancy: Rates are valid for one or two adults per room. Maximum occupancy is 4 per room. Children 18 and under are free. Additional adults over 18 are charged at \$75 per night. Please refer to the travel website for details.

The above rates do not include applicable Hawaii tax (currently 14.42% per room night occupied). This tax will be added to your final bill at check-out.

Typical arrival and departure dates are:

Check-In: Saturday, October 20, 2018

Check-Out: Friday, October 26, 2018

Rooms may be reserved at our special group rates up to 3 days before and after the above dates subject to availability.

Deposits and Cancellations: A two (2) night deposit is required at the time of booking. Cancellations from 30 days to 72 hours before arrival will be assessed a one (1) night room and tax charge. Cancellations within 72 hours of arrival will be charged two (2) nights room and tax.

Visit our travel website to make your Hyatt reservations at our special group rates.

For additional assistance or to make your reservations over the phone, please call Hyatt at (888) 421-1442 or (402) 592-6464 and ask for the "Aloha Update" conference rate at the Grand Hyatt Kauai.

Rental Car Reservations

To make the most of your visit to Kauai, we highly recommend a rental car.

Please visit our travel website for online reservations and specially discounted rental rates with Hertz, Avis, and Alamo.

Typical weekly rates with unlimited mileage (excluding gas, taxes, and optional insurance):

Sedans, from \$195 compact to \$242 full Size
SUV's from \$294
Minivan, convertible, or Jeep from \$300

If you prefer to call for rates/reservations, contact:

Hertz: (800) 654-2240 and give convention number 044F0011

Avis: (800) 230-4898 and give discount code H055246

Alamo: (877) 222-9075 and give discount code T00383E

Flights

The main airport in Kauai is the Lihue Airport, code LIH. This airport is 15 miles from the Grand Hyatt Kauai, about 30 minutes by car.

For additional flight information, please visit our travel website, www.PediatricsHawaii.com

Travel Assistance

For assistance or additional information, please contact our travel service provider: **University Travel** (800) 821-5094 or (818) 563-9808 Fax: (818) -563-9842
Email: pediatrics@unitrav.com

(CST registration #1015591-40)

Conference Registration Cancellation Fees for 2018:

Prior to August 15 \$50.00 • August 15 - September 15 \$125.00 • After September 15 \$200.00

No Post-conference Refunds / No Activities Refund(s)



Aloha Update: Pediatrics® 2018

REGISTRATION

Saturday, October 20, 2018 3 pm - 6 pm
Daily thereafter 7 am - 11 am

Group Activities

Sign up for these activities on the conference registration form. **Space is limited: reserve early.**

Smith Family Luau

Gather in this tropical paradise near the sacred Wailua River – a place once reserved for Hawaiian royalty – while awaiting the traditional Imu ceremony that opens the Luau. Enjoy cocktails and a bountiful buffet followed by “The Rhythm of Aloha” show of dances and songs from Hawaii and all over the Pacific in the open-air, torch-lit “Pele Amphitheatre” (complete with erupting volcano). *Transportation: on your own.*

Date: Wednesday, October 24, 2018

Time: 5:00pm-9:00pm

Price: \$86 Adults & Teens (14 and over),

\$28 Juniors (7-13), \$17 Children (3-6),

Free - Infants/Toddlers (2 and under)

Attractions & Activities

Kauai offers a wide variety of other attractions and activities including:

- **Waimea Canyon** - the “Grand Canyon of the Pacific”
- **Waimea Bay** - where Captain Cook first set foot in Hawaii
- **Na Pali Coast**
- **Hanalei Valley & Hanalei Bay**
- **Lamahai Beach - “Nurses Beach” in South Pacific**
- **Princeville**
- **Wet and Dry Caves of Hæna**
- **Spouting Horn**
- **Snorkeling and kayaking**
- **Horseback riding**
- **Hiking and biking**
- **Golf**
- **Helicopter adventures**
- **Surfing**
- **Sailing**
- **Movie/TV Locations Tour**

Visit www.chla.org/cme-conferences
for on-line conference registration or to add your name to our mailing list.
Visit www.PediatricsHawaii.com for on-line hotel, rental car and/or airline reservations.

Conference Registration

Aloha Update: Pediatrics® 2018

October 20 - 26, 2018 - Grand Hyatt Kauai Resort & Spa

Name _____ MD _____ Other _____

Please check Specialty: ___ Pediatrics AAP# _____

___ Family Medicine AAFP# _____

___ Other: _____

Address _____

City/State/Zip _____

Primary Phone _____ Office _____ Home _____ Cell _____ Other _____

Secondary Phone _____ Office _____ Home _____ Cell _____ Other _____

Fax _____ Email* _____

* Note: Please include an email address. Receipt and correspondence will be sent via email.

Tuition:

Early Registration by July 1, 2018

Physician	\$955	\$905	\$ _____
Past Physician Registrants	\$905	\$855	_____
CHLA Staff/Alumni	\$895	\$845	_____
AAP CA Dist. IX, Chap. 2	\$895	\$845	_____
*Residents / Interns	\$695	\$645	_____
Retired Physicians	\$695	\$645	_____
Non-Physicians (PAs, NPs, etc.)	\$695	\$645	_____

*A letter from the Chief of Staff must accompany registration for reduced Resident/Intern tuition. Full tuition will be charged if not pre-registered.

Smith Family Luau - Wednesday, October 24, 2018 - 5:00-9:00 pm

_____ @ \$86 per adult/teen, 14 & over = \$ _____ + # _____ @ \$28 per junior, 7-13 = \$ _____

+ # _____ @ \$17 per child, 3-6 = \$ _____ + # _____ Infants/Toddlers, 2 & under (free)

= **Smith Family Luau Subtotal:** \$ _____

Guest Pass(es) for the conference continental breakfast:

If you would like your guest(s) to join you for the conference continental breakfast on Sunday, October 21 through Thursday, October 25, please indicate here

_____ @ \$170 per per adult/teen 13 or older + # _____ @ \$85 per child, 12 & under = \$ _____

Total Amount Due:

Tuition Total: \$ _____ + Smith Family Luau Total: \$ _____ + Guest Passes Total: \$ _____

= **Total Amount Due:** \$ _____

Payment:

Check enclosed (payable to Children's Hospital Los Angeles Medical Group or CHLAMG)

Credit Card: Visa MasterCard Amer. Exp. Discover

Card No. _____ Security Code _____ Exp. Date _____

Name on Card _____ Signature _____

Billing Address _____

Billing City/State/Zip _____

Hotel, Rental Car and Flight Information:

The above conference registration does not include hotel, rental car or airline reservations. Visit our travel website, www.PediatricsHawaii.com, for information and reservations.

For assistance or additional information, please contact our travel services provider: **University Travel**
(800) 821-5094 or (818) 563-9808; Email: pediatrics@unitrav.com

University Travel, CST Registration #1015591-40.

Please return your completed registration form to: CHLAMG / Attn: Aloha Update: Pediatrics® 2018
3701 Wilshire Blvd, Suite 600, Los Angeles, CA 90010 • 1-800-3-KID-CME (800-354-3263) or (323) 361-2752
Fax (323) 925-7490 • CME email: pediatricCME@gmail.com • www.ChildrensHospitalLAMedicalGroup.org