

Leadership Education in Adolescent Health (LEAH) Fellowship

The Leadership Education in Adolescent Health (LEAH) Program at Children's Hospital Los Angeles provides interdisciplinary training for health professionals caring for the adolescent and young adult population. The program, which is run by the hospital's Division of Adolescent and Young Adult Medicine and funded by the federal Maternal and Child Health Bureau, focuses on leadership training for five core disciplines: adolescent medicine, nursing, nutrition, psychology and social work.

The pre- and postdoctoral training prepares participants for leadership roles in public health practice and clinical care, research, training and advocacy. The overarching goal is to enhance community-based care for adolescents and improve young people's health throughout the country.

The LEAH Program prioritizes recruiting fellows who reflect diversity in ethnicity, culture, race, gender and sexual orientation.

About the Division

Established in 1963, the Division of Adolescent and Young Adult Medicine at CHLA is one of the largest programs of its kind in the country, renowned for its innovative service models, leadership in community collaboration, training programs and community-based research. The Division aims to respond to the needs of young people and their communities through exceptional clinical services, health promotion and prevention, youth development, professional education and advocacy.

How LEAH Works

The nine-month training program uses an integrated model that addresses the core competencies of adolescent medicine, nursing, nutrition, social work and psychology.

Training begins in September and ends in May and:

- Is composed of weekly didactic session and interdisciplinary practice clinics
- Integrates bio-behavioral, bio-psychological and social determinants concepts
- Provides opportunities to demonstrate leadership in improving services through clinical and public health approaches

The LEAH Model



LEAH Tracks

The program is split into two tracks: long-term and medium-term. We are currently recruiting fellows for the following specialty areas: adolescent medicine, nursing, psychology, social work and nutrition. However, graduate and doctoral students from other disciplines are also welcome to apply.

Long-term track

This track is for individuals who are currently enrolled in a relevant graduate, doctoral or post-doctoral program and interested in a dynamic program to build their knowledge and skills around adolescent health. Fellows will have the opportunity to practice these skills through an interdisciplinary clinical experience.

Long-term fellows are expected to:

- Participate in weekly didactic sessions, case conferences and mentored interdisciplinary clinical experience (Mondays, all day)
- Attend four leadership trainings (dates TBA)
- Complete a leadership, scholarly or advocacy project
- Attend LEAH-sponsored conferences, adolescent rounds and other LEAH-related training events
- Complete a minimum of 300 hours

Long-term trainees might be eligible for a stipend. To see if you qualify for one, email leah@chla.usc.edu.

Medium-term track

This track is for individuals currently enrolled in a relevant graduate, doctoral or post-doctoral program who are interested in advanced training through didactic experiences only. It is also for mid-career professionals with advanced degrees who are interested in leadership training in any of the core disciplines or related fields.

Medium-term fellows are expected to:

- Attend weekly didactic sessions
- Complete 40 to 299 hours

Medium-term fellows also have the option to participate in LEAH-sponsored conferences, adolescent rounds and other LEAH-related training activities.

Medium-term fellows are not eligible for stipends.

How to Apply

Fill out the LEAH Program application, which can be found on CHLA.org/Adolescent-and-Young-Adult-Medicine, and submit the completed form along with the following documents:

- Resume
- Statement of interest
- Statement of future goals

Submit the entire packet to leah@chla.usc.edu by the deadline stated on the application.

For More Information

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Maternal and Child Health Bureau

<https://mchb.hrsa.gov/training/projects.asp>

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