Trauma is the leading cause of death among children in the United States. According to the Centers for Disease Control and Prevention, more children die from injuries than from nine other leading causes of death combined. The most common causes of unintentional trauma or injuries are falls, vehicle crashes, pedestrian/vehicle accidents, bicycle injuries and sports injuries. The Trauma Program at Children’s Hospital Los Angeles strives to both prevent and treat this most critical health risk.

Children’s Hospital Los Angeles is the only freestanding Level 1 pediatric trauma center in Los Angeles County. We are also the only center in Los Angeles County verified by the American College of Surgeons as a Level 1 Pediatric Trauma Center—a level of distinction awarded.

The Trauma Program focuses on three areas of trauma care: injury prevention, disaster preparedness and acute care. Underlying these programs are strong efforts in research, policy and advocacy.

Injury Prevention
Prevention is the key to breaking the cycle of unintentional injury. The Injury Prevention Program at Children’s Hospital is nationally recognized. Through collaboration with community partners, evidence-based strategies and innovative technologies, the Injury Prevention team is reaching more families with injury prevention education than ever before. Nationally recognized programs include LA Street Smarts, an interactive neighborhood-scenario environment that helps children learn pedestrian safety; car seat education classes; home safety education; and sports safety/concussion awareness campaigns.

Disaster Preparedness
The Pediatric Disaster Resource and Training Center (PDRTC) at Children’s Hospital Los Angeles is a national resource for disaster preparedness. The PDRTC leads the way in preparing hospitals to care for children during a disaster and ensuring that Los Angeles County emergency medical services and hospitals work collaboratively before, during and after a disaster.

Acute Care
When injuries do occur, the Trauma Program provides timely care and is ready 24/7 to treat injured children in Southern California and beyond. Our pediatric experts span all areas of trauma care, including transport, emergency medicine, surgery and rehabilitation, and are dedicated to helping children recover with the best outcomes.

Research
Children’s Hospital Los Angeles focuses on providing the highest level of care, now and in the future. To achieve that goal, the Trauma Program conducts research in innovative trauma care and evaluates current practices. Areas of trauma research include disaster preparedness and response, emergency and transport medicine, traumatic injuries, car seat safety education and pedestrian safety.
‘Stop the Bleed’ Program and Training

Stop the Bleed is a national initiative designed to provide bystanders with the tools and knowledge to stop life-threatening bleeding. Uncontrolled bleeding can result from man-made and natural disasters (e.g., active shooters, bombings, train derailments, earthquakes) and from emergencies that occur each day (e.g., vehicle crashes, glass-window accidents, power-tool accidents).

Severe bleeding can kill within minutes before emergency medical services or other public-safety providers arrive. The person closest to you may be the only one who can “stop the bleed.”

After the training, participants will be able to:

- Explain the rationale for early use of a tourniquet for life-threatening extremity bleeding
- Demonstrate appropriate application of a tourniquet to an extremity
- Demonstrate applying direct pressure to a bleeding wound
- Demonstrate appropriate technique for wound packing

For additional information on scheduling classes and training, please contact:

Melissa Anderson  
Email: meanderson@chla.usc.edu  
Phone: 323-361-4526

Classes and training are free to the community.

For additional resources and educational classes, please visit CHLA.org/TRAUMA.