



The Margie and Robert
E. Petersen Foundation
Rehabilitation Center

4650 W Sunset Blvd
Los Angeles CA 90027
323-361-4155

CY 2020 Overview and Outcomes

Background Information and Amenities

The Margie and Robert E. Petersen Rehabilitation Center is located within Children's Hospital Los Angeles (CHLA), a nonprofit healthcare organization.

CHLA in-patient rehabilitation unit features:

- 22,000-square-foot, safari themed unit
- Is equipped with 22 beds
 - 16 private rooms
 - 3 semi-private rooms
 - 2 isolation rooms
- Discipline specific treatment spaces
- A dedicated school room, operated by a Los Angeles Unified School District teacher
- GetWellNetwork, an interactive patient care system
- The Likorall 243 lift system, is located in two patient rooms and one in the physical therapy gym
- Free wireless internet

Services Offered

- Nursing
- Occupational therapy
- Physical therapy
- Speech and language pathology
- Social work
- Child Life services
- Music, art, dance and movement therapy
- School
- Animal-assisted therapy
- Clinical nutrition
- Spiritual care services

In FY 2020, patients received an average of 3.38 hours of physical, occupational and/or speech therapy each therapy day.

FY 2021-2023 Strategic Goals

- Grow into a powerhouse - a destination for local, national and international patients seek top ranked evidenced-based care.
- Optimize care for key populations.
- Impress patient and families with person-centered experiences that humanizes their care

Population Served

While most of our patients come from Los Angeles County, others originate from the seven-county areas near Los Angeles which includes Kern, Orange, Riverside, San Bernardino, San Luis Obispo, Santa Barbara and Ventura counties.

Age Group	Number of patients discharged
0-3	20
3-6	19
6-9	12
9-12	24
12-15	33
15-18	33
18+	16
Total	157

Top 4 Diagnostic Groups	Number of patients discharged	Percentage of patients discharged
Nervous System	56	36%
Hematology / Oncology	30	20%
External Injury / Trauma	25	16%
Circulatory System	22	14%

*The top four diagnostic categories accounted for 86% of all discharges. Source: CHLA data

Commonly Treated Conditions

- Acute disseminated encephalomyelitis (ADEM)
- Brain injury (traumatic and/or acquired)
- Brain and spinal cord tumors
- Chronic inflammatory demyelinating polyneuropathy (CIDP)
- Encephalopathy
- Feeding and swallowing disorders
- Guillain-Barré syndrome
- Hypertonicity/spasticity
- Leukemia
- Lymphoma
- Movement disorders
- Multiple traumas
- Musculoskeletal disorders
- Neuromuscular disease
- Orthopedic
- Rheumatologic disorders
- Spina bifida
- Spinal cord injury
- Stroke and neurologic disorders

Length of Stay

Location	CHLA Rehab	Nation
Length of Stay	26.4 days	24.6

In calendar year 2020, the average length of stay that a patient spends in the CHLA inpatient rehabilitation unit was comparable to the national average and on target with established goals (+/- 2 days of the national average). Source: WeeFIM Annual Report

Discharge Location

Location	CY 2020
Home	139 patients; (89%)
Acute care	16 patients; (10%)
Long term care (SNF, sub-acute)	2 patients; (1%)
Expired	0 patients; (0%)

The percentage of patients that were discharged home from CHLA inpatient rehabilitation remained stable when compared to CY 2019 (88%). Source: CHLA data

Patient Satisfaction

According to Medtel Outcomes, a third-party company that completes surveys three months after patients discharge from the rehabilitation program:

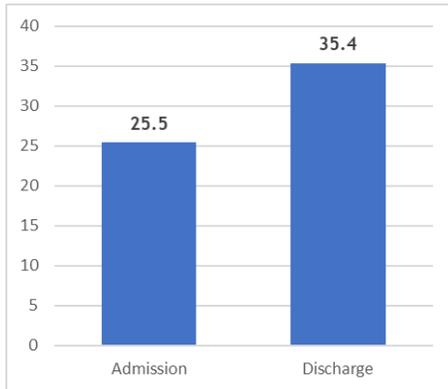
- 94% of patients and families report they were somewhat and/or very satisfied with the program.
- 93% of patients/caregivers report they know how to use the equipment and/or strategies provided by the rehab team.
- 70% started and/or had scheduled outpatient therapy appointments.
- 58% of patients had returned to school (20% reported return to school was not applicable).
- 36% had seen and/or have an appointment with the PCP after discharging from rehab.
- 36% of patients were participating in community activities.

In CY 2020, there was a decrease in the number of patients who had returned to school, had a PCP follow-up appointment and/or had returned to community activities compared to CY 2019. This decrease is attributed largely to the 2020 COVID-19 pandemic.

Functional Improvement

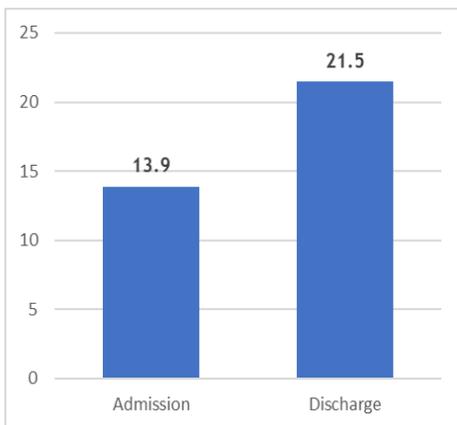
This information was obtained from the 2020 WeeFIM report. WeeFIM is a functional impairment assessment used by nurses, physical therapists, occupational therapists and speech therapists. Scores are compiled to determine the levels of assistance a person requires in three domains: self care, mobility and cognition.

Self Care



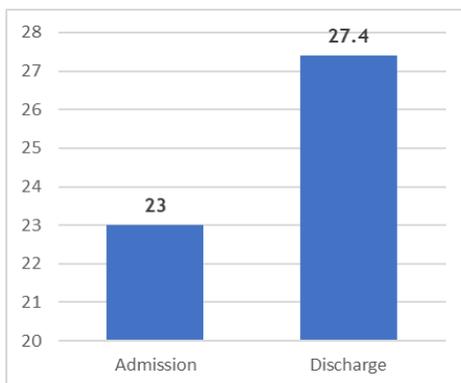
Total rate of improvement was 9.9 points, comparable to similar facilities (10.6). This includes improvements in eating, grooming, dressing, toileting, bathing and bowel/bladder management.

Mobility



Total rate of improvement was 7.6 points, comparable to similar facilities (8.6). This includes wheelchair mobility, ability to complete transfers, walking and stair climbing.

Cognition



Total rate of improvement was 4.4 points, comparable to similar facilities (3.4). Cognitive scores include problem solving, memory, comprehension, expression and social interaction.

For more information regarding the inpatient rehabilitation program, please call 323-361-4155.