Care of Your Child After Orchiopexy Surgery





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Orchiopexy surgery is done to move an undescended testicle into the scrotum. An undescended testicle is a testicle that has not dropped down into the sack (scrotum). During the procedure, the undescended testicle is moved to its normal position in the scrotum.

What to expect

It is normal to have some discomfort at home especially at the wound sites. This typically lasts for a few days. You may see swelling/bruising of the groin and/or scrotum.

Activity

- No rough play or contact sports for 4 to 6 weeks after surgery.
 This includes bike riding, straddling toys and other activities
 where the genitals may be hurt. Babies may have tummy time and may use car seats/strollers.
- Protective cups should always be worn during sports activities for the rest of your child's life. If you have any questions about this, please talk to your child's doctor during the post-op visit.

Bathing

- Give your child a sponge bath for the first 2-7 days after the surgery. Your doctor will tell you how many days.
- For a sponge bath, do not have him sit in the bathtub. Instead, use a clean washcloth and warm water to clean him.
- Do not use very warm or hot water for the first 7 days after the surgery.

- The bandage (if any) can be removed when the child starts normal bathing or when your doctor tells you it can be removed.
- Your child can bathe or shower as normal 7 days after surgery.

Pain/Medications

- Give your child acetaminophen (such as Tylenol®) as needed for pain.
- For pain that does not go away with plain acetaminophen, give your child acetaminophen (Tylenol®) with codeine or Lortab instead of regular acetaminophen at the next dose (if ordered by your doctor). Your doctor may order Oxycodone or other prescription pain medication. Use as ordered by the doctor.
- Do not give acetaminophen more times than recommended on the bottle or as ordered by the physician.
- Many over-the-counter medications also contain acetaminophen (Tylenol®).
 Tell your doctor if your child is taking other prescription or over-thecounter medications.
- Your doctor may also order ibuprofen for pain.
- If your doctor ordered antibiotics, please make sure to give your child all of the medicine unless your doctor tells you to stop.
- Give all medications as ordered by your doctor.



Make this call the first week

Your child will need to see his doctor about 4 to 6 weeks after surgery. Please call 323-361-2247 to make an appointment.

When to Call the Doctor:

- For fever over 101.5° F
- For any bleeding, increased redness or swelling of the surgery site
- If you have any questions or concerns

Office Hours

Monday through Friday, from 8 a.m. to 4:30 p.m., call 323-361-7559.

Weekends or evenings, call 323-660-2450 and ask for the urology resident on call.

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