



Building Resourceful And Inclusive Networks

TRUST

Children's Hospital Los Angeles – Arcadia Concussion Peer Support Group (BRAIN Trust)

Are you a teen, age 12-18? Are you currently recovering from a concussion?

Come join the Children's Hospital Los Angeles

Concussion Peer Support Group at our Arcadia location.

Share your experiences and receive peer support and encouragement. Physicians, psychologists and guest speakers will lead discussions.

Meetings are held twice a month.

New members welcome.

There is NO COST to participate.

FOOD PROVIDED!

When:

Twice monthly 5-6:30 p.m.

Upcoming dates:

Nov. 30, Dec. 14, Jan. 11, Jan. 25, Feb. 8, Feb. 22, March 7, March 21, April 4, April 18

Where:

Children's Hospital los Angeles – Arcadia 468 East Santa Clara St. Arcadia, CA 91006

Phone: 626-795-7177

RSVP to **Angela Hsu** at **ahsu@chla.usc.edu** or **323-361-5139**. For more information and updates, please visit **CHLA.org/CONCUSSION**

We hope to see you there!

This support group is part of a research study. Participation is voluntary. IRB#(CHLA-14-00305)