

# Life After CHLA

## Education Workshops for Parents of Adolescents & Young Adults

Feel free to join one, a couple, or all our virtual workshops to learn how to best prepare yourself and your youth for adulthood and adult care.

**Preparation and practice are key!**

### Perspectives From Experience: Key Lessons Learned From Parents & Patients



Learn tips and strategies from parents and patients who have successfully transferred to adult care

Presented by: Panel of former CHLA patients and parents

**Thursday, April 24, 2025, 6-7:30 pm**

### Navigating Insurance: Understanding the Basics to Get Coverage

Learn the basics to help your youth know what to expect and make informed decisions regarding their health insurance

Presented by: CHAT team members

**Thursday, May 8, 2025, 6-7:30 pm**



### Alternatives to Conservatorship: A Spectrum of Decision-Making

Learn about all the planning options available to continue to support your youth in decision-making as they become an adult



Presented by: Alberta Kaichian, MSW, LCSW, CCTP

**Thursday, May 22, 2025, 6-7:30 pm**

**Workshops will take place via Zoom.**

Register for one or both workshops using one of the methods below:

- Click [here](#) to register
- Enter the link below into your web browser:  
[https://childrensla.sjc1.qualtrics.com/jfe/form/SV\\_8kqmQLMvV1i5bfg](https://childrensla.sjc1.qualtrics.com/jfe/form/SV_8kqmQLMvV1i5bfg)
- Or scan the QR code

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Questions? Contact Jocelyn Saavedra [jsaavedra@chla.usc.edu](mailto:jsaavedra@chla.usc.edu) | 323-361-6636

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