

GROW 2023

Gateway to Reaching Optimal Wellness A virtual experience

8:00 - 8:05 am Welcome and Intro:

Stephanie Abeysundara, MS, RD, CSP Esther Berenhaut, RD, CSP, CNSC, CSR Sarah Simental, MS, RD, CSPCC, CNSC

8:05 - 9:20 am Help! I'm Not an Eating Disorders Clinician: Effective Strategies for

Taking Care of Patients with Eating Disorders in Varied Clinical

Settings.

Celia Framson, MPH, RD, CSP (she/her), Sohyn Han, PHD (she/her)

930 – 1030 am Hypocaloric Enteral Nutrition Support: More than just reduced

calories.

Zsaleh Rahimi, MS, RD

10:30 – 10:45 am Yoga Break

10:45 – 11:45 am Examining Health from Every Angle: Optimizing Patient Care

through Quality NFPE

Jennifer Gsell, MS, RD, Nicole Meadow, MPN, RD, IBCLC

11:55-12:35 pm **Lunch Break**

12:35-1:35 pm Don't Sweat It: The Evolution of Nutrition in CF Care

Erin Hribernik, MS, RD, CNSC

1:35-1:50 pm Yoga Break

2:00 – 3:00 pm Oral aversions in the Tube Fed Child and Indications for

Weaning Tube Feeds

Diana Tran, RD, CNSC

3:00 pm Wrap up

Companies sponsoring today's conference will be presenting during lightning rounds in between talks throughout the day.