

About Children's Hospital Los Angeles

Founded in 1901, Children's Hospital Los Angeles is the largest provider of hospital care for children in California. Renowned pediatric experts work together across disciplines to deliver inclusive and compassionate health care to one of the world's most diverse populations, driving advances that set child health standards across the nation and around the globe. With a mission to create hope and build healthier futures for children, the hospital consistently ranks in the top 10 in the nation, No. 1 in California and No. 1 in the Pacific U.S. region on U.S. News & World Report's Honor Roll of Best Children's Hospitals. The Saban Research Institute of Children's Hospital Los Angeles supports the full continuum of child health research and is among the top 10 pediatric academic medical centers for National Institutes of Health funding, meaning physicians and scientists translate discoveries into treatments and bring answers to families faster. Home to one of the largest pediatric training programs in the United States, Children's Hospital graduates a new class of physicians each year who have learned world-class children's health care at the forefront of medicine. And as an anchor institution, the hospital strengthens the economic health of surrounding communities by fighting food insecurity, enhancing health education and literacy, and introducing early careerists to health care. To learn more, follow CHLA on Facebook, Instagram, LinkedIn, YouTube and Twitter, and visit CHLA.org/blog.

Our Mission:

We create hope and build healthier futures.

As a leader in pediatric academic medicine, we fulfill our mission by:

- Caring for children, teens, young adults and families
- Making discoveries and advances that enhance health and save lives
- Training those who will be the future of child health
- Supporting our communities, especially underserved populations

Beyond Well – Community Impact at Children's Hospital Los Angeles

We believe that stronger communities create healthier, more resilient children. As we endeavor to create hope and build healthier futures, Children's Hospital Los Angeles broadens the scope of our commitment to include the communities surrounding us.

To do this, we are building on the hospital's significant health care knowledge and expertise, and our role in the community as an employer and economic partner, to help build communities where "wellness" goes beyond health care. Team members and leaders are coming together to engage with the community in three intertwining efforts:

Well Families

Goal: Improve infant, child, adolescent and young-adult health outcomes.

Working Well

Goal: Enhance access to employment and training opportunities for underrepresented individuals.

Well Communities

Goal: Spur local economic growth and champion environmental sustainability.

A LETTER FROM THE PRESIDENT AND CHIEF EXECUTIVE OFFICER

Healthier children grow up to build stronger communities. And strong communities raise healthier children. This is why Children's Hospital Los Angeles not only works to create hope and build healthier futures for children, but also promotes the overall health of the communities we serve.

Child and family health are the catalysts that guide CHLA's constant collaboration with community organizations to make health impacts beyond medical care for children. CHLA proudly comes together with neighbors to enhance the communities in which children live and play. These collaborations result in food distributions, neighborhood beautification, workforce training, and initiatives supporting health, wellness and environmental sustainability.

From addressing an intense, national, pediatric mental health crisis to helping provide career exploration and readiness opportunities for local youth, Children's Hospital Los Angeles is proud to advance initiatives that will support young people, their families and communities.

On behalf of Children's Hospital Los Angeles, I want to thank the courageous members of our community who join with us to continue to strengthen communities and advance the health of children and families. Thank you for supporting a safer, stronger and more brilliant tomorrow for children. Thank you for helping CHLA create healthier children and stronger communities.

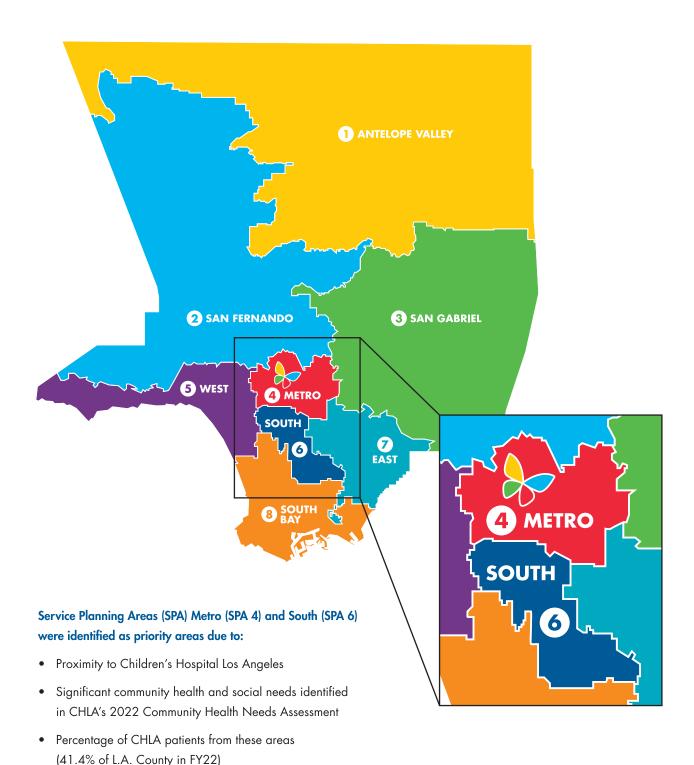
Warmest regards,



Pue & Vinns

Paul S. Viviano
President and Chief Executive Officer

DEFINING OUR COMMUNITY



COMMUNITY HEALTH NEEDS ASSESSMENT

All nonprofit hospitals, such as Children's Hospital Los Angeles, must conduct a Community Health Needs Assessment (CHNA) and develop an implementation strategy every three years as mandated by state and federal law. The CHNA provides us with a deeper understanding of the health and social needs of the community and informs our community benefit program planning.

During the assessment process, Children's Hospital Los Angeles collects and reviews qualitative and quantitative data on community health and social needs, with the understanding that health is influenced by where individuals live, work and play. We look at health conditions and behaviors, socioeconomic factors, physical environment and availability of health services—in all, more than 300 data points.

For the 2022 CHNA, we engaged key leaders of organizations, service providers, community members, parents and youth. Stakeholder convenings with community leaders and health providers increased awareness and invited broad input and sharing. Surveys also helped to identify issues that most affect the health of the community.

Top 8 Community-Identified Needs: CHNA 2022

- Mental Health
- Homelessness/Housing
- Economic Security/Poverty
- Communicable/Infectious Diseases (including COVID-19)
- Patient- and Family-Centered Health Care
- Health Services Communication
- Obesity
- Food Security



CHNA Dashboard

The Community Health Needs Assessment Dashboard is an interactive resource for community leaders, organizations, residents, families and caregivers to learn about the challenges and opportunities in their Los Angeles neighborhoods. By understanding trends across education, employment, housing and other domains, stakeholders are better positioned to advocate for policies and programs that improve their quality of life.

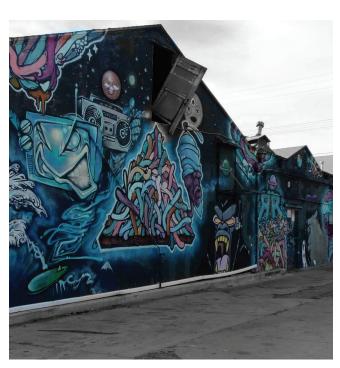
Visit the 2022 Dashboard at CHLA.org/2022CHNAdashboard

Amplifying Perspectives—CHLA Youth Photovoice Project

One of the most remarkable aspects about the community impact work CHLA does is that it often addresses needs directly identified by youth who live in these communities. We believe it is critical that, as we analyze the health and social needs within the community, we include the voice and perspective of the generation that inherits the world we leave behind.

Photovoice 2022 provided cameras to Los Angeles County youth, from fifth-graders to college age, to document their views of the social and environmental factors that affect health. More than 150 photographers representing all eight county Service Planning Areas submitted over 900 photos. The result depicted their perspectives about their communities and incorporated unique insights about the lived experiences of youth and their families into the CHNA.

Learn more and view the virtual gallery at CHLA.org/photovoice2022.









A selection of photos from the 2022 CHNA Youth Photovoice Project











WELL FAMILIES

As one of the nation's leading pediatric institutions, Children's Hospital Los Angeles places a priority on health outcomes, education and research.

Mental Health: Coping With Violent News

In 2022, there was a dramatic increase in school shootings across the United States, which created trauma for the children, families and teachers in those communities and around the nation.

In times of community violence or civil unrest, children and teenagers cope better when they feel they understand what has happened and know how to keep themselves and others safe, according to David J. Schonfeld, MD, FAAP, a developmental-behavioral pediatrician and director of the National Center for School Crisis and Bereavement (NCSCB) at Children's Hospital Los Angeles.

As headlines announced each new mass shooting, Dr. Schonfeld counseled families on various media platforms about how to navigate difficult conversations with their children and recognize and respond to their mental health needs.

"Begin by asking what they already know," he wrote on the CHLA Blog. "They have likely heard about it on TV, on the internet or social media, at school or from their friends. Much of their information may not be accurate. ... Listen for misunderstandings or worries."

Most important, Dr. Schonfeld noted, is remembering that children's worries are often different from those of adults.

The NCSCB provides a variety of online, one-toone and on-the-ground resources to help affected schools and students recover as quickly as possible. Its interdisciplinary team of medical, mental health and school professionals offers support in the immediate aftermath of a crisis and through the long-term recovery period. Other services include crisis management tools, school staff training and a 24/7 toll-free advice line.

Dr. Schonfeld was among the mental health experts consulted by The New York Times for an age-by-age guide on helping children cope, following a shooting at Uvalde Elementary School in Texas in May 2022. "The most common reaction is no reaction," he said, adding it's best to simply reassure children that you are available if and when they have questions.

For more on the NCSCB, visit schoolcrisiscenter.org.

Community Health Buzz: Keeping Current

Community Health Buzz—a series of online workshops—was created by Children's Hospital Los Angeles during the COVID-19 pandemic in 2020 to keep its neighbors and families informed even when in-person events weren't possible.

The Office of Community Affairs produced and hosted nearly a dozen webinars on wellness, healthy living, stress, child health and safety, featuring faculty and other experts from the hospital and outside agencies. Many virtual workshops were also offered in Spanish.

July kicked off with a webinar on "Simple Swaps to Minimize Waste," featuring members of CHLA's Sustainability Committee. "Reducing Your Carbon Footprint" was led by representatives of Metrolink and the L.A. County Metropolitan Transportation Authority. Another collaboration featured experts from



ProjectHEAL Trauma Psychology presenting impactful webinars entitled "Signs of Child Abuse and How to Avoid It" and "How to Relieve Stress: Strategies for Mom's Self-Care."

COVID-19 was the major topic of conversation, with three webinars on myths and facts about boosters, new variants, treatments, and guidelines for the return to "normalcy." Other webinars took on talking to children about traumatic events.

The offerings drew an enthusiastic audience that comfortably incorporated learning into their everyday

lives. "Many times, we could see moms and dads on screen, listening to our webinar while preparing dinner," says Ana Maria Castro, Project Manager in Community Affairs. "Many have told us they want the online programs to continue because they are so convenient."

To learn more, visit CHLA.org/CommunityHealthBuzz.
For information about future sessions, email
communitybenefit@chla.usc.edu.

Fast Facts: 2022 CHNA

Over a quarter of teens (27.5%) in L.A. County reported needing help with their mental and emotional health.

22% of L.A. County's population over 5 years old speaks English "less than very well."

WORKING WELL

Children's Hospital Los Angeles promotes positive futures with programs that provide training, mentorship and a glimpse at new careers.

Angeleno Corps: Making a Meaningful Contribution

Imagine being able to gain valuable work experience, serve your community, pursue your educational goals and learn job readiness skills—all at one time. That opportunity opened doors for interns in Angeleno Corps, a program from the Office of the Mayor of Los Angeles that debuted in 2021. Children's Hospital Los Angeles was one of 38 organizations citywide that hosted interns in the 10-month program, which reached out to youth living in areas heavily impacted by COVID-19.

In addition to the chance to build their resumes for the future, the Angeleno Corps Program provided the interns with a scholarship and stipend.

Angeleno Corps aligned with the hospital's long-standing initiative to increase access to career and work opportunities for community members in traditionally underserved areas. The program brought another benefit. "We're also introducing CHLA to talented young people who then may come back to work for the hospital later on. It benefits everyone," says Natalie Jorgensen Romero, Program Manager for Community Affairs.





L-R: Dalila Carrillo, Daniela Castillo and Casandra Rodriguez

Children's Hospital hosted three Angeleno Corps interns in 2022—Dalila Carrillo, Daniela Castillo and Casandra Rodriguez—who worked part-time in the Office of Community Affairs, assisting with events that included food giveaways and programs such as the 2022 Community Health Needs Assessment Youth Photovoice Project.

Other assignments helped broaden the interns' view and experience with their city, as they took part in neighborhood cleanups and built planter beds for a community garden. "It was so interesting to see people at CHLA working together to create these projects that benefit the community," says Rodriguez.

In July 2022, the three Children's Hospital interns "graduated" with the Angeleno Corps' first group of 300 young people. Along the way, the interns gained new skills and built confidence for future work experiences.

"I gained a better, more social me," says Carrillo.
"I was so fortunate to get this opportunity."

Read more at CHLA.org/AngelenoCorps2022.



2022 CHAMP interns, left to right: Vanessa Sanchez, Shawn Swanier, Alexandra Garcia, Namrata, Esther Kim, Erika Aguilar, Sara De Leon, Sahar Kazem, Riley Yen and Nina Nguyen.

CHAMP Fuels Career Exploration

In 2022, the Children's Hospital Los Angeles Careers in Health and Mentorship Program (CHAMP) gave 11 students from L.A.-area colleges and universities an inside view of careers in health care administration while they gained real-life experience at a major pediatric medical center.

The interns were all either nearing completion of their bachelor's degrees or earning advanced degrees in global health, health innovation, public health policy, biology, health administration and related majors.

Among the schools they represented were California State Polytechnic University, Pomona; California State University, Dominguez Hills; University of La Verne and University of Southern California.

Every CHAMP applicant had the opportunity to practice their interviewing skills with hospital leaders,

participate in a group case study exercise and receive valuable feedback on their resumes and interview experience.

The CHAMP interns worked in various hospital departments, building their on-the-job skills. They also attended career readiness workshops to learn about hospital finance, health law, enterprise strategy and innovation, and met with CHLA department heads and mentors.

Since CHAMP launched in 2013, it has engaged with 754 applicants, and more than 280 interns and counting have participated in the program.

Read more at CHLA.org/CHAMP2022.

Fast Facts: 2022 CHNA

18.3% of L.A. County residents have not received a high school diploma; **21.4**% earned a high school diploma only.

38.3% of L.A. County adults have incomes less than 200% of the federal poverty level.

WELL COMMUNITIES

Children's Hospital Los Angeles uses its resources to promote economic and environmental well-being for the community.

Food Access Hub: **Addressing Food Security**

For Children's Hospital Los Angeles, the commitment to healthy communities is year-round, constant and multifaceted, ranging from neighborhood beautification projects to environmental health and food-access initiatives.

In 2022, CHLA continued its efforts to serve as a food access hub, deepening partnerships with the East Hollywood Neighborhood Council, Manos Que Sobreviven, Rick's Produce Market, LA Regional Food Bank and Project Angel Food. These impactful collaborations—which supported fresh produce box giveaways, hot ready-made meals and community gardens-produced the following results:

- 4,008 food boxes distributed to community residents
- 71,300 meals served
- 32 garden beds growing produce for local distribution and reseeded 3 times a year to maximize harvest
- 1,800 pounds of food reclaimed

"We are proud to be advancing innovations to ensure food security for more children, individuals and families," says David Valdez, Project Manager of CHLA's food access hub. "Together with our partners, we are increasing access to healthy local food and fresh produce."

Employee team members from CHLA's Community Impact Champions Network joined 300 other volunteers to assist community partner Project Angel Food in delivering healthy meals to residents impacted by serious illness.

In December 2021, network volunteers brought more seasonal cheer through Holidays with Hope at Irving S.T.E.A.M. Magnet School in Glassell Park. The free

food distribution—plus the arrival of Santa and his toys—drew more than 300 families and individuals.

About Community Impact Champions Network

The Community Impact Champions Network continues to enlist employee volunteers in support of Children's Hospital Los Angeles' commitment to community. Since 2021, hospital team members have been volunteering in local programs such as neighborhood cleanups with the Los Feliz Neighborhood Council and the Friends of the LA River. They've also helped with projects that promote food access, sustainability, neighborhood safety and environmental issues, such as seeding and nurturing The City's Garden at Los Angeles Community College, and spending their Sunday mornings supporting the East Hollywood Neighborhood Council's fresh produce distribution.

The Community Impact Champion's Network has grown to include more than 750 team members across the hospital who are inspired by the knowledge that CHLA is more than a hospital; it's a collection of compassionate individuals who want to help improve the lives of children and families.

Fast Facts: 2022 CHNA

21.8% of adults with children 17 and younger say their community's access to fresh fruits and vegetables is not good.

1 in 6 youths in L.A. County (16.7%) live in poverty.

Community/Hospital Partnership Spotlight: Macedonia Baptist Church

Drawn by a shared commitment to tackling health inequities, Children's Hospital Los Angeles and Macedonia Baptist Church have forged a strong partnership.

The community leaders joined forces during the height of the COVID-19 pandemic in spring 2021 to offer four pop-up vaccination clinics at the church in South L.A. Founded in 1908, Macedonia Baptist Church was the first Black Baptist church in Greater Watts and now is the oldest-making it an invaluable partner in promoting wellness.

At one of the COVID-19 clinics, Jennifer Baird, PhD, RN, Director of Clinical Services Education and Research at CHLA, and Rev. Dr. Shane B. Scott shared ideas about how the two organizations could expand their collaboration.

"I was inspired by the strong role the church plays," says Baird, "and how it can be a mechanism for promoting health equity as an anchor institution in the community."

On a sunny summer day in August 2021, the parking lot at Macedonia Baptist Church transformed into the bustling site for the inaugural "Back to School, Back to Wellness" family health fair.

The event featured stations where kids and families could receive books from CHLA's Literally Healing program; pick up school supplies sponsored by CHLA's Office of Community Affairs; get their vital signs checked at health screenings; dive into art and music therapy; and learn about first-aid, injury prevention and Camp CHLA's weeklong internship for high school students. Also available: COVID-19 vaccinations. CHLA clinicians and team members helped staff the booths.

Children's Hospital also collaborated with Macedonia Community Development Corporation and Charles R. Drew University of Medicine and Science, with other local organizations participating.

"Places like Watts are often underserved and overlooked," says Rev. Scott, noting that usually it's the families who go to Children's Hospital Los Angeles. "This time CHLA came to them, and that was huge." More than 200 people of all ages attended. The following year, in October 2022, the festivities grew into the Fall Into Wellness Fair, adding flu shots, COVID boosters and visits from CHLA therapy dogs to the event's offerings.

Read more at CHLA.org/MBC2022.







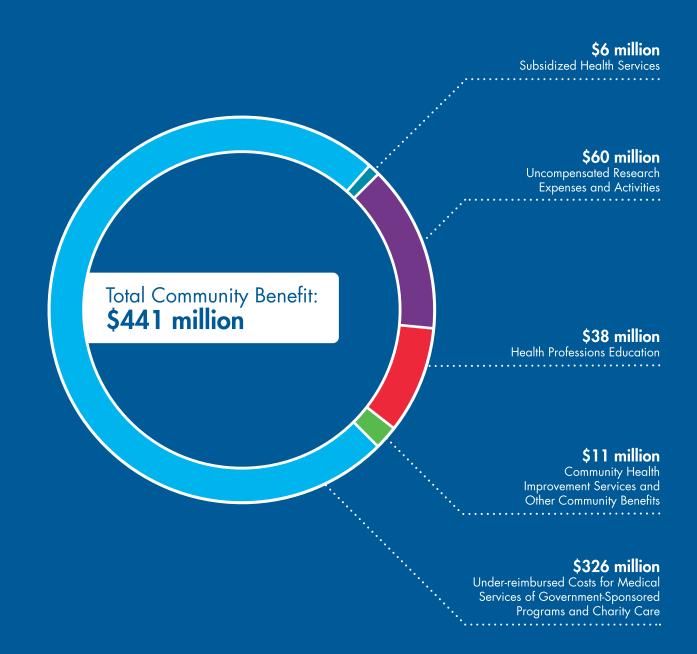




A selection of photos highlighting CHLA's Community Impact initiatives

COMMUNITY IMPACT

Fiscal Year 2022





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WE VALUE YOUR INPUT.

Share your ideas and stories related to our community's health—or request our Community Health Needs Assessment—by emailing us at communitybenefit@chla.usc.edu.

You can also access the report at CHLA.org/community or open your camera and scan the code.

