Utilize creative therapeutic youth

Honor youth attachments to peers, staff, and family

Recognize and celebrate youth milestones and successes as a community

trauma informed consequences strategies to connect with

> Create structure and rituals throughout the day

Implement

Maintain care team across programs and services

Set aside

space for youth that need quiet

Teach youth to identify healthy self-soothing strategies

Implement programs that engage the whole body

Incorporate programs that encourage creative self-expression, such as writing, acting, music

Teach youth language to help describe how they feel

Staff model effective problem-solving and coping skills

Incorporate mindfulness practice into individual and group sessions

Establish Youth Councils to provide input on programs and services

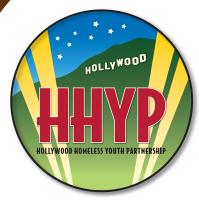
Create opportunities for youth to demonstrate leadership

Link youth to educational/vocational programs that matches their interests and abilities

> Provide a forum for youth to demonstrate new skills

Trauma Transformation Framework for Agencies Serving Youth Experiencing Homelessness

The ARC framework has been adapted from Kinniburgh & Blaustein (2005). Attachment, Self-Regulation & Competency (ARC): A Comprehensive Framework for Intervention with Complexly Traumatized Youth. Boston.



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Evidence-based and promising practices regarding trauma treatment

Foundational

Mechanisms to gather youth concerns and a commitment to address them

Trauma informed service delivery

Use the ARC framework to promote a healing environment

Agency culture that celebrates individual growth, both small and large

> Commitment to ongoing reflection and learning